



# Building a better health system with the voice of our community

#### Where we are

The Prairie Mountain Health Advisory Council area stretches from Didsbury in the north to Lake Louise in the west and continues eastward to towns such as Lomond and Hussar, and southward to Claresholm. Members reside in communities including Calgary, Nanton, Canmore, Airdrie, Strathmore, and High River. Our Council area is within the traditional meeting place of the Blackfoot people and the people of the Treaty 7 region in Southern Alberta, which includes the Siksika, the Tsuut'ina and the Stoney Nakoda First Nations. The City of Calgary is also home to Inuit and Métis Nation of Alberta, Region 3.



### **Accomplishments**

- Partnered with AHS to host Advisory council meetings sharing presentations from health partners including the <u>Alberta Surgical Initiative</u> (ASI), the <u>Mosaic Primary Care</u> <u>Network, Connect Care</u> in the Calgary zone and a presentation from <u>Healthier</u> <u>Together</u>, who provided an over of Population and Public Health initiatives implemented and underway in the Calgary zone.
- PMHAC members provided feedback to AHS on topics including Calgary Zone
  Healthcare Planning, Emergency Medical Services (EMS), Foothills Hospital Over
  Capacity Brochure and Aging in Place Engagement Session for Older Albertans and
  Caregivers/Partners.

## Our role and objectives

Everything we do is about improving the health and wellness of Albertans, no matter what part of the province they live in. We:

- Are a group of volunteers focused on listening to your thoughts and ideas on health services to help AHS enhance care locally and province-wide.
- Develop partnerships between the province's diverse communities and AHS.
- Provide feedback about what is working well within the healthcare system and suggest areas for improvement.
- Promote opportunities for members of our local communities to get engaged.

#### Join us - your voice matters

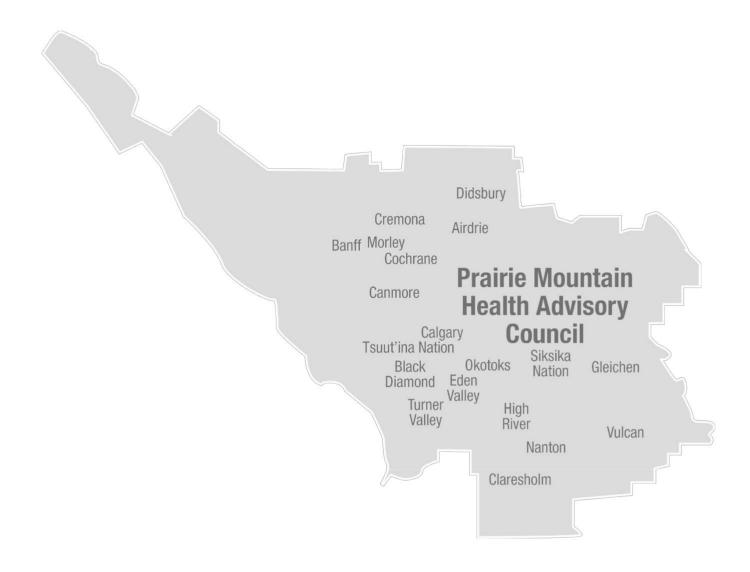
There are a number of opportunities to participate; visit ahs.ca and search Health Advisory Councils for more info:

- Attend an <u>upcoming Council meeting</u> to hear feedback, offer comments, and ask questions.
- Make a presentation at our Council meeting on a health area of interest or concern to you.
- Bring your community's voice forward to provide input on local and regional health.
- Volunteer your time as a Council member. Recruitment is ongoing throughout the year until a Council is at maximum membership. Members are appointed for a three-year term.
- Share your feedback with Council: PrairieMountain@ahs.ca.





Prairie Mountain
Health Advisory Council





### Contact us

PrairieMountain@ahs.ca Chair: Laura Smith

Vice Chair: Linda Elobuike

Full member list

Toll free: 1-877-275-8830

## **More information**

AHS.ca/advisorycouncils

Twitter (twitter.com/ahs\_councils)

Facebook (facebook.com/advisorycouncils)

Indigenous communities map

### Scan the QR code to learn more:

