



Minutes – Wood Buffalo Health Advisory Council

November 21, 2018 / 5:00 p.m. – 8:00 p.m. / McMurray Experience

Council members present: Valerie O’Leary (Chair), Tinna Ezekiel (Vice Chair), Lisa Barter, Natalie Castro – Gentili, Sandra Grandison, Mary Gerosa, Jim Moore, Evelyn Okoh, Carol Theberge, and Rita Uzorchukwuamaka.

AHS: Melony Cole Zettler, Murray Crawford, Jodi Sperber

Public: 1 - Melanie Walsh, Radio Reporter

Regrets: Cathryn Beck, Patience Akenbor

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome and Introduction	Valerie O’Leary welcomed everyone to the meeting.	
1. Approval of Agenda	Moved by Mary Gerosa to approve the agenda for November 21, 2018. MOTION CARRIED.	
2. Approval of Minutes	Moved by Mary Gerosa to approve the minutes for September 19, 2018. MOTION CARRIED.	
3. Presentation- Community Wellness Team – Jody Sperber, Wellness Supervisor	<p><u>Highlights from the presentations were:</u></p> <ul style="list-style-type: none"> Community Wellness Team was started in fall of 2016 – in response to fire recovery. Recovery takes time, based on personal experience. Team has discovered a real increased need in youth and seniors in the community. We have noticed in the data that there is a gap in service. The wellness stream is trying to hit vulnerable populations; homeless, schools, seniors centers <p>Since 2016:</p> <ul style="list-style-type: none"> 51000 mental health related contacts 1200 visits per month to indigenous mental health services. <p>They are located in the Queen Street Building because when they were established they looked for a barrier free facility, not in the hospital to support their clients.</p>	

	<p>Services Offered at the Queen Street building Include:</p> <ul style="list-style-type: none"> ○ Addiction counselling ○ Crisis team ○ Mental health therapists. ○ Walk in Mental Health Clinic <ul style="list-style-type: none"> ● The Wellness team services the entire municipality including Fort McMurray, Fort Mckay, Fort Chip, Anzac, Janvier, and Conklin. ● The Wellness team is part of the fire recovery response and is only in place until March 31, 2020. ● They are helping patients build capacity, they don't want to leave community members without services after their contract is up. ● Indigenous health travelling team is in place until 2021. <ul style="list-style-type: none"> ○ This team has an RN, early childhood intervention, mental health therapist, and indigenous health liaison. ● If someone presents in crisis in the emergency department, they will be assess and treated immediately. If they are in moderate need they will see a therapist in 2 – 3 weeks due to lack of staff. ● Sessions with mental health therapists are 2 – 3 weeks, with 12 sessions in that time. ● Pre-fire mental health visits were up 20% in presentation, disaster before the fire with the downturn about the economy. The fire created an increase in complexity and severity. Going into year 3 – research says they will see a spike in need for services. <p><u>Council had the following questions about the presentation:</u></p> <p>Q- Issues that arrive in year 3, are they substantially different? Or is it because things are supposed to be getting better and to some its not?</p> <p>A- Complexity and acuity is higher in year 3. Some have bottled up for 3 years.</p> <p>Q- The economic downturn was in play before the fire, is that contributing to the increased need still?</p> <p>A- Its complex, we see an increase in family violence, and domestic abuse, likely due to money stress caused by the economy.</p> <p>Q- We've heard complaints about 7 hour waits in the emergency for mental health concerns, is this normal?</p> <p>A- Yes, the process is frustrating to the clients, not the care received. They are looking at how</p>	<p>Murray to look to look into process for mental health clients entering emergency.</p>
--	--	--

	<p>larger urban centers handle these cases and seeing if we can improve our process here.</p> <p>Q- The Walk in Mental Health Clinic is going to shut down in 2020?</p> <p>A- Yes, we only have funding at the Queen Street Building until March 2020. The staff will be moving to Timberlea building to support other areas.</p>	<p>Melony to share FCSS flyer provided by Jody. Complete.</p>
Old Business		
<p>4. Business arising from the minutes of September 19, 2018</p>	<p>Melony to share Start School Smiling program with council. Complete.</p> <p>Melony to look into co-membership of nurses from the Oil Sands Community Alliance. Complete.</p> <p>Melony to look into getting membership on the Advisory Committee on Aging (ACoA). Complete.</p> <p>Carol Theberge would like to put her name forward for the ACOA.</p>	<p>Melony to put Carol Theberge's name forward to the Advisory Committee on Aging. Complete.</p>
5. New Business		
<p>5.1 Physician Recruitment Report – Gail Hachey, Physician Resource Planner and Deborah Whetstone, Manager, Medical Affairs</p>	<p>Gail Hachey provided a report of physician vacancies to council. They are recruiting for one obstetrics and gynecology physician and two child and adolescent psychiatrists for the region. A pediatrician has left the community recently and we are waiting on an impact assessment to see if we can start recruitment to fill that vacancy.</p> <p><u>Questions Council had for Gail:</u></p> <p>Specialists and case load, are they only in the community?</p> <p>Are the recruitment totals for Wood Buffalo or all of the North Zone?</p> <p>How do they decide what specialists we need in the region?</p>	<p>Melony to share councils questions with Gail. Complete.</p>
<p>5.2 North Zone Update – Murray Crawford, Senior Operating Officer</p>	<p>Following are the highlights from the full report provided by Murray Crawford about current projects at the Northern Lights Regional Health Centre:</p> <p>Work Force News</p> <ul style="list-style-type: none"> • Heath Minister announced that Fort McMurray would have a Midwife Program that will be developed in consultation with NLRHC. • Close to having an expansion plan for the Renal Program at Northern Lights. • Hired an additional Sonographer for Diagnostic Imaging which will allow us to provide Non-urgent breast ultrasounds in addition to urgent ultrasounds. • Diversity work is continuing to be a focus of work. • Initiatives in place to Build Community and PCN relationships <p>Capital Projects</p>	

- Heliport scheduled completion is the end of November. Estimated completion date: December 2018
 - Building Envelope work continues, estimated completion date: Spring 2020
 - Willow Square Continuing Care Centre - Third floor on first half of the building is being built and interior walls are installed on the first two floors. Underground parkade has been poured and paved, the first floor of the second half of the facility will be going up soon. Estimated completion date: Late Fall 2019 (Occupancy April 2020)
 - Minimally Invasive Surgery Suites - Project is almost fully funded and Project Management to start project soon.
 - Palliative Suites - Design has been reviewed and is ready to send back to architect for final drawings.
 - MRI Replacement -New MRI has been installed and is fully functional.
- Major Events and Initiatives**
- Festival of Trees – multiple events over November 15-18th. The Northern Lights Regional Health Foundation expects to raise \$580,000 after all expenses.
 - Mobile Health Unit - The Northern Lights Health Foundation with support from the Suncor Energy Foundation purchased a Mobile Health Unit (MHU) for Population Public Health. The MHU will assist public health in providing its services to remote, hard to reach communities and populations in Wood Buffalo. Services include immunizations, Sexually Transmitted Infections (STI) testing, Oral Health, Cancer Screening and Health Promotion activities.
 - Keyano College Collaboration - Addiction Mental Health met with Fort McMurray Metis Association and the Dean of University Studies – Keyano College to discuss the potential creation of a 2 year addiction and mental health diploma program. Discussions continue to explore possible opportunity.
 - Mental Health Travel Team travel to Conklin on Thursdays during regular visit to Fort Chipewyan has been well received. Ongoing planning with leadership around elders program planning with referrals made to the Public Health Nurse as needed.
 - Addiction Mental Health Move to Timberlea Site - Required renovations are underway and proceeding as planned. Estimated completion date is in late February 2019 with the move occurring several weeks after this.

	<p>Allied Health Initiatives</p> <ul style="list-style-type: none"> Leads participated in a learning session to discuss the next steps for the Community Rehabilitation Model of Care, and how we will be contributing Approximately 12 staff will attend Health Change Methodology training in the next month Speech Language Pathology/Occupational Therapy/Registered Dieticians have started a Pediatric Eating, Feeding, and Swallowing Learning Group Occupational Therapy working in Schools through RCSD (Regional Collaborative Service Delivery) is now shifting focus from multiple schools to one school with a higher than average number of children with high needs <p><u>Questions council members had for Murray:</u></p> <p>Q- Diversity- Are we looking at the senior population? Is there any recognition in the diversity plan?</p> <p>A- Not yet, but it's something we can look at.</p> <p>Q- How is the spine unit coming along?</p> <p>A- Its' still in the design process, we are recruiting nursing staff for specialized training.</p>	
<p>5.3 Report from the Chair, Valerie O'Leary, Chair</p>	<p>Valerie O'Leary provided the following update:</p> <p>Val went over the plans for the Community Conversation in Fort McMurray. We are inviting community leaders and stakeholders and we will have the opportunity to share so highlights that the HAC has contributed to in the community. AHS leadership will also talk about the Health Plan Business Plan and share updates in the area. We desperately need council members as table hosts for next week's event. If anyone is willing to participate please reach let us know right away. Hope to see some of you there.</p>	
<p>5.4 Work Plan Progress and Upcoming Priorities</p>	<p>Planning for the 2019/ 2020 work plan –</p> <p>Some notes for the new work plan include:</p> <ul style="list-style-type: none"> Communications with AHS Community Engagement to council needs to be better. When we are invited to events (if we are invited) its last minute, can we change that? 	<p>Melony to allow more time on the January Agenda for work plan planning. Complete.</p>
<p>5.5 Advisory Council Update – Melony Cole-Zettler, Advisory Council Coordinator</p>	<p>Following are the highlights from the report by Melony Cole-Zettler:</p> <p>Community Conversations topics covered</p> <ul style="list-style-type: none"> What are they? Why has the host community been chosen? Why only one person from the host community was chose to be in the planning call? How long are the meetings and what's the agenda? 	

	<ul style="list-style-type: none"> ○ When will a community conversation be held in my community? ○ How do I learn more about these? 	
6. Council Round Table and Good News Stories	<p>Sandy said she was approached by people organizing a human rights conference in Fort McMurray. AHS Seniors and Continuing Care cancelled their presentations, is the council able to present on these items?</p> <p>Unfortunately no, we are only able to present on the council and our role in the community. Tinna Shared that staff are underutilized for counselling at the municipality. AA and NA are huge resources in the community as well. Tinna shared contact information: (780) 743 - 7000 – RMWB Municipality offers free counselling. (780) 743 - 0099 – Alcoholics/ Narcotics Anonymous.</p>	
7. Next Meeting	<p>Date: Wednesday, January 16, 2019 Time: 5:00 p.m. to 8:00 p.m. Location: Northern Lights Regional Health Centre</p>	<p>Melony to look into Telehealth at the Redpoll Center Boardroom. Complete.</p>
8. Meeting Evaluation and Adjournment	<p>Moved by Evelyn Okoh to adjourn the meeting at 7:00 p.m.</p>	