



True North Health Advisory Council Work Commitments 2023 - 2026

Topic	Commitment
Recruitment / Retention of Healthcare Professionals	 Council supports the continued work underway to bring health professionals to the area. To better understand this work, Council commits to: Partner with Rural Health Professions Action Plan (RhPAP) to host an information session on strategies, successes and challenges in recruiting and retaining healthcare professionals in the HAC area, including information on accommodations and expenses. Host an information session on "Grow Your Own Professionals." Host an information session on health-related volunteer opportunities for young people in the community. Learn more about the work of Internationally Educated Nurses (IEN) and how they fit into communities outside of work.
Mental Health and Addiction	Council acknowledges the efforts AHS has made, and initiatives implemented to improve addiction and mental health (AMH) services. Council is concerned about the impact of mental health diagnoses in their respective communities, and the impact on people of all demographics and cultures. Council commits to: Partner with AHS Addiction and Mental Health to host a community event to listen to the community; create awareness of the HAC; provide opportunities to engage public and gather feedback about health services; and use Together4Health to follow up with attendees and gather input. Learn about resources available within the Council area and share them within their networks. Participate in local information sessions related to mental health and addiction services. Learn about, and support the work of outreach teams, and the resources available in the Councils area, including urban and rural recovery programs, and share within their networks. Host an information session on mental health resources and programs for all ages. Obtain and share information on Indigenous health and mental health. Council will learn about the work of the First Nation and Inuit Health Board (FNIHB— federal government) and share information with its communities. Partner with community organizations such as The Resource Centre for Suicide Prevention to host an information session on services available locally.