



Building a better health system with the voice of our community

Where we are

The Tamarack Health Advisory Council stretches from Whitecourt in the north to Jasper in the west, continuing east to Westlock and south to Onoway. The Council area is a mixture of communities spread across a vast territory of forests, fields, foothills, rivers and lakes; comprising of one city, numerous towns, First Nations communities, and a number of hamlets and summer villages. We have a diverse population living in long-established communities.



Accomplishments

- Increased connection and collaboration with the Senior North Zone medical team has been key to growth of new programs and services in local communities.
- Hosted information sessions in Westlock and Whitecourt (2019) where we provided information on the role of the Council and shared important information about Medical Assistance in Dying (MAID), Enhancing Care in the Community and Opioids and the Legalization of Cannabis.
- Partnered with AHS to host three virtual community engagement events (2021)
 - 25 stakeholders viewed a screening of the [Greg's Wings Project](#), followed by discussion on improving the healthcare journey for patients and their families
 - 62 stakeholders participated in one of two workshops on Transforming Your Stress where we learned the impact of stress on the body and tools for managing it.
- Participated in a COVID-19 [Community Conversation](#) to learn about AHS' pandemic response and the vaccination program.

Our role and objectives

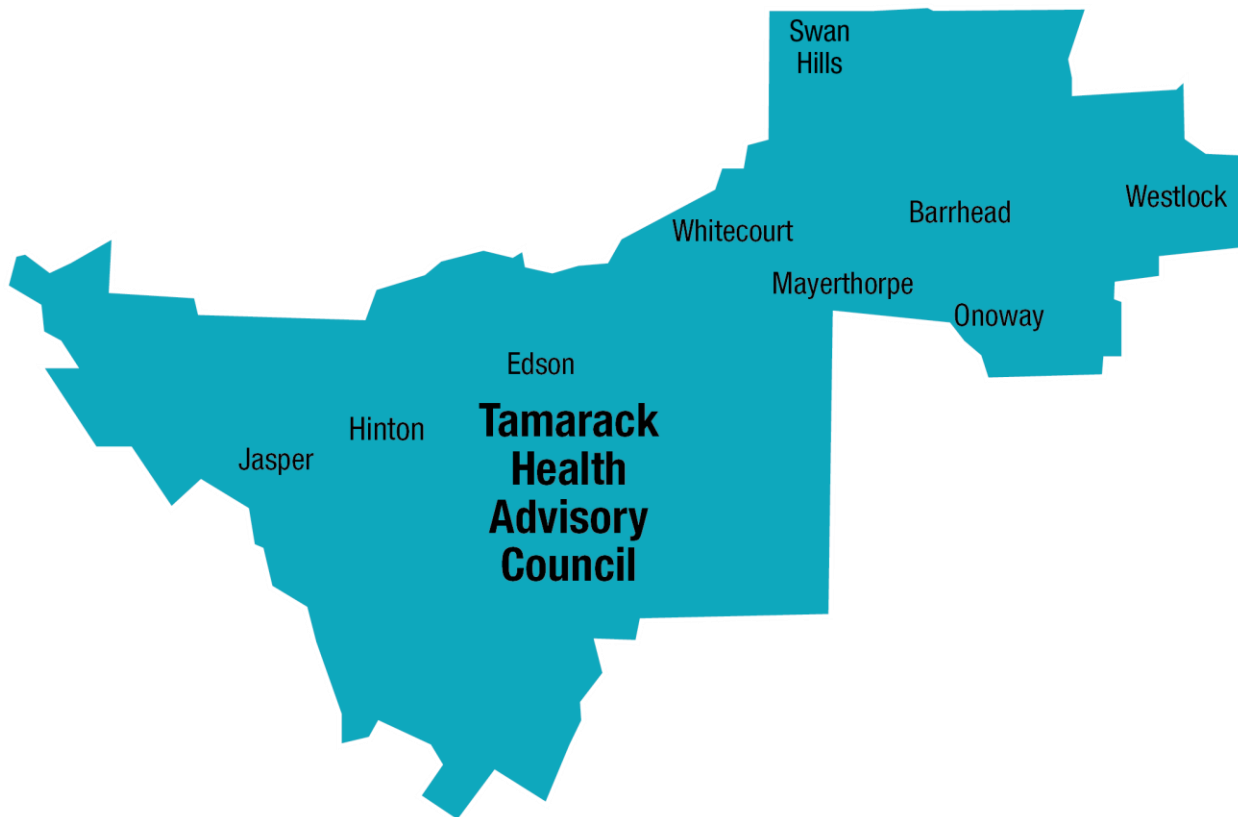
Everything we do is about improving the health and wellness of Albertans, no matter what part of the province they live in. We:

- Are a group of volunteers focused on listening to your thoughts and ideas on health services to help AHS enhance care locally and province-wide.
- Develop partnerships between the province's diverse communities and AHS.
- Provide feedback about what is working well within the healthcare system and suggest areas for improvement.
- Promote opportunities for members of our local communities to get engaged.

Join us - your voice matters

There are a number of opportunities to participate:

- Attend an [upcoming Council meeting](#) to hear feedback, offer comments, and ask questions.
- [Make a presentation](#) at our Council meeting on a health area of interest or concern to you.
- Bring your community's voice forward to provide input on local and regional health.
- Volunteer your time as a Council member. Recruitment is ongoing throughout the year until a Council is at maximum membership. Members are appointed for a three-year term
- Share your feedback with Council: Tamarack@ahs.ca.



Contact us

Tamarack@ahs.ca

Chair: [Donna Kristiansen](#)

Vice Chair: [Janet Wilkinson](#)

[Full member list](#)

Toll free: 1-877-275-8830

More information

[AHS.ca/advisorycouncils](https://ahs.ca/advisorycouncils)

[Twitter](https://twitter.com/ahs_councils) (twitter.com/ahs_councils)

[Facebook](https://facebook.com/advisorycouncils) (facebook.com/advisorycouncils)

[Indigenous communities map](#)

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