

Tamarack Health Advisory Council Commitments 2023 - 2026

Торіс	Commitment
Access to specific	Tamarack Health Advisory Council (HAC) endeavors to gain better understanding of access to AHS
services:	services; specifically: addiction, mental health and surgical services. Council commits to:
Addiction	 Host information session(s) where public are invited to learn about:
 Mental health 	 what is available locally; where; what requires distance?
 Surgery 	 steps/ how-to access services?
	 steps to prepare while waiting to access services.
	 sharing of firsthand (patient) stories.
Health Professional Workforce	Tamarack HAC seeks to understand and build awareness about health profession staffing in the HAC area. Council commits to:
worklorce	 Partner with Rural Health Professions Action Plan (RhPAP) to host an information session on the process of attracting health professionals to rural areas. Share information from AHS on current physician recruitment efforts with member networks.
Prevention and Healthy Living	 Council recognizes the importance of personal accountability in one's healthcare journey. Council commits to: Learn about options available to patients awaiting surgery (supports available; gaps; et al.). Learn about programs and services available for youth – healthy eating; cyber awareness, screen time, et al. (how to access programs/ registration) Learn about services available to address chronic disease management.
	 Share learned information among their networks.
Connection with Community Services	Council recognizes many community organizations provide supplemental health-related services and would like to learn more about them, where there are linkages with AHS, and share this with their networks. Council commits to:
	 Build internal awareness of alignment between AHS, community organizations and government programs providing health-related services by inviting various groups to present to Council.
	 Host an information session with a panel of AHS, community and government organizations outlining the scope of their work and how they are aligned.

Alberta Health Services