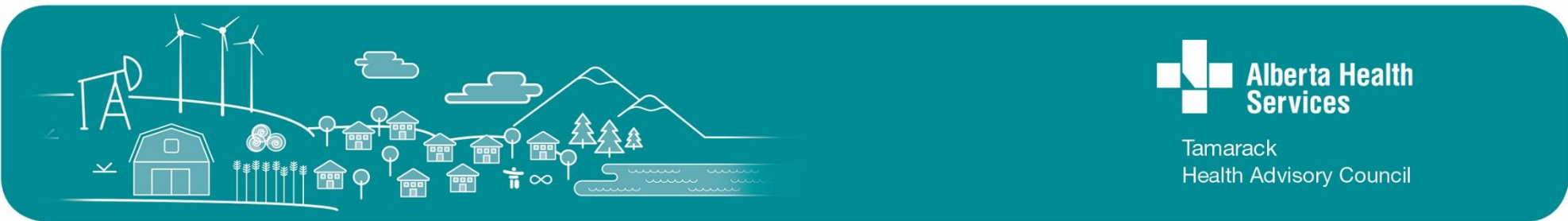


Minutes – Tamarack Health Advisory Council
September 22, 2018, 1:00 - 4:00 p.m. Forest Interpretive Centre, Whitecourt

Council members present: Ruth Martin-Williams (Chair), Denise Lambert (Vice Chair), Darlene Chartrand, Debra Hagman, Christie Homeniuk, Sheila McKeand, Daniel Pritchard, Linda West.
 AHS: Melony Cole Zettler, Mary Mueller, Donna Matier, Shauna Walbank
 Public: 4, Kim Fleming, Sylvia Bonnett Woodlands County, Victim Services Whitecourt, Whitecourt Town Council
 Regrets: Doug Heine, Sherry Jeffreys.

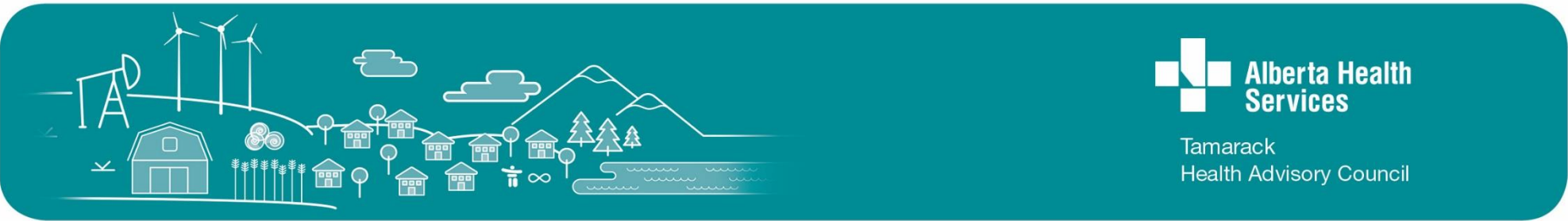
	<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
1.	Approval of Agenda	Moved by Dan Pritchard for approval of the September 22, 2018 agenda. MOTION CARRIED.	
2.	Approval of Minutes	Moved by Darlene Chartrand for approval of the June 7, 2018 Minutes. MOTION CARRIED.	
3.	Voices of the community	<p>Kim Fleming from RhPAP provided a hand out with information on the Rural Mental Health Project. They want to hear the voices of rural mental health patients. Contact Jessica Torowski with the Canadian Mental Health Association (CMHA) for more information.</p> <p>Each council member will go back to their Family and Community Support Services (FCSS) representative to see if their community is involved in the pilot project.</p>	Send letter of support for CMHA pilot project to approach FCSS offices with. In Progress.
	Old Business		
4.	Business Arising from the minutes	<p>Following are the action items from the minutes of June 7 plus any outstanding action items:</p> <ul style="list-style-type: none"> • Melony to arrange teleconference to finish work plan. Complete. • Melony to move round table to the end of the agenda. Complete. • Melony to create a power point presentation for council. Complete. 	Melony to share PowerPoint with council members who request it. Complete.



	<ul style="list-style-type: none"> • Melony to look into Tamarack Hosting an Opioid Open House Information session. <p>Complete</p>	
<p>5. New Business</p>		
<p>5.1. North Zone Update – Donna Matier, Director Population and Public Health</p>	<p>Donna Matier provided the following update:</p> <ul style="list-style-type: none"> • Whitecourt/Mayerthorpe Site Manager recruitment continues as we try to fill this position. • Wound Care: An Enterostomal Therapy Nurse from Fort McMurray has commenced coverage of that area as well as Lac La Biche and Smoky Lake sites. • Completion of the Whitecourt Security Upgrade Project is targeted for August. At present, we have two doors fully functional that are accessed by using the card readers. • Whitecourt Hemodialysis project renovations are complete and services commenced for dialysis patients July 23, 2018. • Westlock Healthcare Centre helipad project is now complete and the helipad is fully operational. • Barrhead Continuing Care Centre roof replacement project is underway. • Westlock Health Care Centre is changing from Transition beds to flex beds at the Westlock Continuing Care Centre. • Planning is now underway for the 2018/2019 Influenza Season to ensure all Albertans have access to receive influenza Immunization. There will be options to receive the vaccine from local public health clinics, large immunization clinics, pharmacists, and physicians. Seasonal influenza immunizations will be offered starting October 15, 2018. • Mayerthorpe Auxiliary Hospital Restorative Care Beds - Occupational Therapist has been hired and starts in the position August 27, 2018. Once orientation is complete we expect to have all six available beds open to accept referrals. • Hinton Cancer Clinic 2nd Wellness day was a success. A 45 minute presentation was offered on the physical health effects of cancer prior to, during, and post treatment, as well as the cognitive and emotional effects and other impacts such as the impact to financial resources. 	



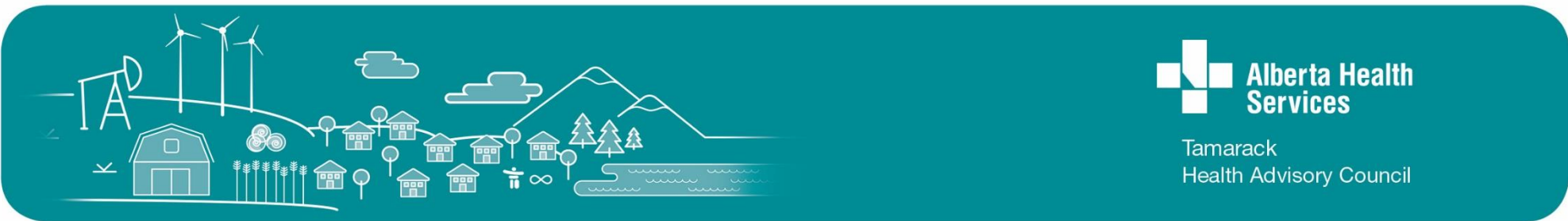
	<p>Seven people attended the day which included yoga instruction, dietary and pharmacy information</p> <ul style="list-style-type: none"> • One of the students with Mental Health has become involved in the Police and Crisis Team (PACT) team partnering with the Primary Care Network (PCN) to provide collaborative services to clients. • Dialectical Behavior Therapy (DBT) -The number of new child/adolescent clients was three times the monthly figure for the first few months of this year. A DBT group for adolescents is planned for the fall, to be offered in collaboration with the local high school. • On June 8th the Mental Health Promotion Facilitator partnered with the Barrhead Parks and Recreation department to facilitate a one day girl’s camp that focuses on wellness, positive body image, nutrition, and physical activity. • Startup is planned for September for a Cancer fair plus a Health Promoting Health service in Edson, a provincial program focused on promoting health in communities as well as staff. • AHS Health Promotion and AHS Addictions will be meeting with Whitecourt Municipal Government to discuss upcoming cannabis legalization and community changes and challenges. • The Indigenous Health Liaison was invited by Edson Addictions Staff to attend the Sundance Ceremony on June 21 at Mountain Cree Camp. • The AHS Indigenous Health Liaison will be teaming up with HIV West Yellowhead and the Metis Nations of Alberta for Naloxone presentations to Marlboro and area residents. • A Culture Camp for First Nations & Metis is starting up in Marlboro for everyone in the area to attend, including AHS staff. Culture camps provide an opportunity for Elders and youth to build relationships and enjoy cultural activities and learn together about Indigenous Culture. 	<p>Melony to find out where is the new DBT program and which PACT and PCN? In progress.</p>
<p>5.2 Physician Recruitment Report – Shauna Wallbank, Physician Resource Planner</p>	<p>Shauna Wallbank provided the following written report of physician vacancies to council:</p> <p>Barrhead– One posting for Family Physician with Anesthesia</p> <p>Edson – One posting for Family Medicine</p> <p>Mayerthorpe - One posting for Family Medicine</p> <p>Westlock - Two postings:</p> <ul style="list-style-type: none"> - One Surgical Assistant 	



		<p>- One Family Medicine with Enhanced Surgical Skills Whitcourt - One posting for Family Medicine with Anesthesia</p> <p>Questions council had for Shauna: Q - How many of these physicians are full time or part time? A - Shauna can supply the count for the North Zone. It will be added to the report for the next meeting. Q- Physicians with additional skills - are we recruiting for those skills, or do they just happen to have those when recruited? A- We recruit what the community needs, those are required skills.</p>	
5.3	Report from the chair	Ruth Martin- Williams advised that the FallForum provincial conference is next month on October 26 and 27. She is part of the planning committee which helps choose presentations for the forum. She is very excited on what we have this year. She spoke with Greg Cummings, North Zone Chief Zone Officer, at the last Northern Chairs meeting and he is excited to meet with the North Zone councils before the forum Friday morning to discuss northern priorities.	
5.4	Work Plan progress and Upcoming events	<p>Work Plan Discussion for 2019/2020 work plan: We will leave an hour at the end of the next meeting to start developing the 2019/2020 work plan. Everyone is to think about what they would like to see on the work plan for next year so we can start to build it. We can also arrange a teleconference(s) in the future for more work plan development.</p>	Melony to leave one hour in the next agenda for the work plan planning. Complete.
5.5	Advisory Council Update – Melony Cole Zettler, Advisory	<p>Melony Cole-Zettler provided the following update:</p> <ul style="list-style-type: none"> • Your advisory council brochure – accomplishments have been added and is complete. • Satisfaction Survey - Please review your results and provide feedback. • Top 5 – 10 issues – Review and update your list to submit to the Community Engagement committee of the board. 	



<p>Council Coordinator</p>	<ul style="list-style-type: none"> • Committee participation – Please advise us if you are on a committee as a representative of your advisory council. • Advisory Councils’ member profiles – As part of the communications plan profiles will be shared on social media, in internal newsletters and as posters for your local site. • “We are AHS” - Highlights the faces of the people who make AHS what it is. • Sharing information with the Provincial Advisory Councils and the Wisdom Council • Advisory Councils’ Fall Forum – October 26 & 27, 2018 – Make sure you are registered. • Social Media Champions – Webinar scheduled for October 10. <p>Moved by Christie Homeniuk to approve the new brochure with accomplishments. MOTION CARRIED.</p>	
<p>6. Council Round Table</p>	<p>Following is highlights of information shared by council members:</p> <p>Darlene shared a good news story – she met with the Minister of Agriculture and the Whitecourt MLA and toured the new Dialysis unit in Whitecourt. Patients are very excited. It’s a fantastic upgrade for those patients in our community.</p> <p>Linda asked if because Westlock used to have a sexual health nurse, and no longer does -rates are going up or down because of this position being gone.</p> <p>Sheila- Attended the Hinton dialysis opening on Tuesday September 18. The new center is very beautiful and she is excited to have this in her community.</p> <p>Denise – Tamarack HAC supported the Northern Indigenous Health Alliance. STIs particularly continue to increase in the north. There has been a program change to increase the amount of time for a nurse to test and treat. This service is available in High Level and she hopes to see more positive action like this across the North Zone.</p>	<p>Melony to look into getting the Mobile Public Health Unit to attend the next meeting in Mayerthorpe. Complete.</p>
<p>7. Next Meeting</p>	<p>The next Tamarack Health Advisory Council Meeting will be:</p> <p>Date: November 8, 2018 Time: 5:00 pm – 8:00 pm Location: Mayerthorpe Health Centre</p>	



8. Meeting Evaluation and Adjournment	Moved by Denise Lambert to adjourn the meeting at 3:35 pm.	
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**Please note that these minutes will be adopted at the next Council meeting*