



Minutes – Prairie Mountain Health Advisory Council

Thursday January 17, 2019; 5:30 – 8:30 p.m.

Southport Tower, Room 1002 10301 Southport Rd. SW, Calgary, AB

Council members present: Scott Mitchell (Chair), Donna Crowshoe, Lauren Darr, Anita Jenkins, Joyce McCoy, Francesca Simon, Gloria Wilkinson

Alberta Health Services: Janice Stewart, Brenda Huband, Andrea Jackson

Public:

Regrets: Sheena Taggart (Vice Chair), Sandra Robertshaw, Dr. Sid Viner

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome & Introductions	Scott welcomed attendees and acknowledged the meeting being on Treaty 7 Land and Metis Region 3 territory.	
1. Approval of Agenda	Moved by Gloria Wilkinson that the agenda of Thursday January 17, 2019 be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Francesca Simon that the minutes of Thursday November 15, 2018 be approved. MOTION CARRIED.	
3. Public Comments	N/A	
4. Bridgeland Riverside Continuing Care Centre	Barbra Lemarquand-Unich shared an overview of the Bridgeland Riverside Continuing Care Centre (BRCCC) project in Calgary. This is a joint project between Alberta Infrastructure (construction), Alberta Health Services (owner) and Carewest (service provider). It will have approximately 200 private rooms for long-term care beds and will provide outpatient and day programming for seniors. The facility will fill the need	

<p>Barbra Lemarquand -Unich, AHS</p>	<p>for increased access to residential continuing and complex care, it will help seniors remain in their homes longer and it will increase bed capacity in Calgary hospitals.</p> <p>Services at the facility include an AHS Seniors Health Centre and Carewest Seniors Day Programs. The Care Centre has been approved and budgeted for; the hope is to build the facility into a health campus so as to be more than a bedded facility. It is estimated 200 adults and seniors with a range of care needs will live in the care centre; half will live on secured floors and half on unsecured floors. On-site protective services will be available 24-7 to ensure the safety of residents, staff, visitors and neighbours. A secure unit will be part of the centre as will curfew and tracking measures for mobile residents. Day programs will have respite beds attached to them.</p> <p>Amenities will include community gardens, greenery, a community park, bike pathways, bocce ball and a kid’s play area. A smoke room will be built in with required ventilation, where traditional ceremonies can take place. To-date AHS has worked with members of the Bridgeland Riverside Community Association (BRCA) to gather community input on a number of aspects to the facility. It has also met with BRCA to work on plans for the future development of the entire site. AHS will keep public informed about progress via its website and through community engagement, and will include the Health Advisory Council in discussion on future planning. The immediate next step is to get the care centre built, with construction expected to begin this summer.</p> <p>Francesca queries the difference between continuing care and long-term care. Barb advises continuing care is the overarching term for service that includes home care, supportive living and long-term care. All refer to where the patient lives.</p> <p>Anita believes this project is great for integration with the community. Brenda added the concept allows for intergenerational opportunities with family.</p> <p>Laureen suggests using the rooftop for gardening and access to full day of sun. Barb says the idea was discussed but was turned down for safety reasons.</p> <p>The summary document from engagement that took place with the community, What We Heard, is found online.</p>	<p>Andrea will send link to summary document, What We Heard, to Council.</p>
<p>5. New Business</p>		

<p>5.1 Council Open Discussion</p>	<p>Scott Mitchell shared that interviews of prospective HAC members will take place in the coming weeks. Scott also shared that he and a few other members of the HAC will attend the ‘Conversation with Dr. Yiu’ event on January 23. Dr. Yiu will speak about advances in healthcare over the last 10 years and AHS’ next steps.</p> <p>Scott asks members to consider how it can use good news stories to promote the HAC in a positive light. Citing an article from The Regional as an example, Scott will bring this discussion forth at the work plan meeting in January. As well, he looks forward to partnering with new people and organizations to share knowledge and raise awareness. Lastly, Scott highlighted an Enhancing Care in the Community (ECC) presentation by Dr. Lewanczuk to the Primary Care Strategic Clinical Network (SCN) committee he and Gloria sit on, that focused on what ECC means to for SCNs moving forward.</p> <p>Joyce McCoy identified transportation for seniors to appointments in the city, from rural areas, as an ongoing concern. In Didsbury the cost is \$65.00. As well, Joyce says there is a shortage of housing for seniors in Didsbury. Brenda Huband suggests increased use of Telehealth could be a solution to avoid or decrease transportation. The Primary Care Network can help people facilitate this. Joyce also queried if residents at Mountainview Seniors Housing are required to pay for lifeline subscriptions. Brenda will inquire.</p> <p>Gloria Wilkinson shared the Emergency SCN has organized a peer support group, and is working on an emergency roadmap with a focus on the opioid crisis. It’s looking at incorporating high doses of Naloxone as a first course of action for those seeking long-term. Gloria adds Quality Improvement teams do their annual rollout in the spring. As well, all seven Primary Care Networks (PCN) in Calgary Zone are working well together with teams coming to consensus on items of business. The Calgary model is exemplary. The Mosaic PCN has volunteered to take in all refugees in Calgary which has been a great initiative.</p> <p>Donna Crowshoe is interested in joining committees, where space is available. Andrea to inquire about the CAT team and the Indigenous Health Planning Group. Additionally, Donna suggested the Advisory Councils one-pager include the three First Nations of the Council region in its geographical description, as well as on the map.</p> <p>Anita Jenkins shared the Patient and Family Centred Care Committee was part of the Ending PJ Paralysis initiative. The goal is to shorten lengths of stay for people in hospital. Brenda adds the movement is having a positive impact on patients and the system. Outcomes will be soon be available. Leader rounding updates will also be compiled and shared in the next few months.</p>	<p>Andrea will get a copy of the ECC presentation, from Brenda, to share with Council.</p> <p>Brenda Huband to inquire who pays for lifeline subscriptions.</p> <p>Andrea to inquire about subcommittee space for Donna.</p>
---	---	--

	<p>Anita advises the Rockyview Hospital is the first in Canada to use virtual reality to help patients manage pain and anxiety during complex wound care. The project has been successful and has since been expanded to the Cardiac Care Unit and Intensive Care Unit. Alberta Children’s Hospital is researching it for potential use in educating sick children about their illness.</p> <p>Francesca Simon says the Complex High Needs Committee had a presentation from Dr. Van Nyugen of Calgary Urban Project Society (CUPS) about Centers for Disease Control and Prevention. CUPS work is focused on marginalized people to support all aspects of care. As well, The Addiction Recovery Community Health (ARCH) working group has finished its work so the committee has disbanded.</p>	
<p>5.2 Work Plan Update Scott Mitchell</p>	<p>Work plan discussion will take place at the next working session, February 21, following the Blanket Exercise.</p>	
<p>5.3 Calgary Zone Executive Leadership Update Janice Stewart, Senior Operating Officer, Peter Lougheed Hospital</p> <p>Brenda Huband, Vice President and Chief Health Operations Officer</p>	<p>Janice Stewart, Senior Operating Officer, Peter Lougheed Hospital, and interim zone lead for the HAC in Lori Anderson’s absence, provided the following update:</p> <ul style="list-style-type: none"> • AHS is working on partnerships with community agencies and the Calgary City Police to create a ‘community court’ for vulnerable populations. The initiative takes a problem-solving approach to crime and safety to keep vulnerable individuals out of the justice system, as opposed to ticketing or making arrests. • Peter Lougheed Centre (PLC) hopes to receive funding approval to upgrade its emergency department. The department is the busiest in the Calgary with the smallest footprint. In the meantime work is being done to reconfigure current space. There is some shelled space on the ground and on the sixth floor that could potentially be developed. • AHS is working on a community treatment initiative for children and youth with addictions and mental health. The initiative is a partnership with Alberta Children’s Hospital and the facility will be located on land AHS already owns, in northwest Calgary. AHS has approval from the Government of Alberta to move forward with the project and it will take 3-4 years before it’s operational. <p>Brenda Huband, Vice President and Chief Health Operations Officer, shared the following information:</p> <ul style="list-style-type: none"> • Lori Anderson, Senior Operating Officer, South Health Campus, will act as interim Chief Zone Officer for Central Zone for the next six months. Janice Stewart, Senior Operating Officer, Peter Lougheed Centre, will take Lori’s place for the interim. 	

	<ul style="list-style-type: none"> • AHS has met with health departments of several local First Nations to discuss partnering together to improve health on reserves. These are important ongoing discussions as AHS seeks to continue building relationships with First Nations communities. • As part of moving Cultural Competency forward in AHS 38 leadership staff took part in a Blanket Exercise with Harley Crowshoe. The exercise was followed by a pipe ceremony and a sweat, led by Casey Eagle Speaker. • Brenda is partaking in a tour of medical examiners offices in Calgary and Edmonton, along with Wisdom Council elders. The goal is to broaden AHS' awareness of culturally safe practices and ensure it is providing appropriate care when working with Indigenous peoples, in all capacities. • Pressures continue in the zone's acute care units and emergency departments. As a result, all operations teams and AHS physicians are working to address system flow. Whenever a backlog occurs in any of these areas patients are held longer than they need to be and EMS can't get back on the road. The goal indicator is having EMS units back on the street in 90 minutes, 90 per cent of the time. We're doing well as we're above 85 per cent for the last seven weeks. We've also worked with long-term care sites which has increased the ability to discharge patients, seven a week. The sooner a patient is discharged the sooner we can admit another to emergency care. Others aiding this process are primary care, Primary Care Networks, community partners (e.g. Drop Inn Centre, Calgary Urban Project Society). • Brenda shares that on occasion, and often pertaining to weather, the health system sees a significant increase of orthopedic incidence. When this occurs care centres use all resources available to move patients through. This can mean providing care in alternate space from the hospital, pulling staff from one area to tend to emerging care needs and utilizing police and protective services as needed, as partners in care. 	
<p>5.4 Advisory Council Coordinator Update Andrea Jackson</p>	<p>Andrea Jackson provided the following Advisory Council Coordinator update:</p> <ul style="list-style-type: none"> • Recruitment campaign – recruitment for new members to Advisory Councils takes place January 14 - February 1, 2019. With a number of terms expiring in the months ahead we are looking to fill vacancies. Coordinator provided recruitment tools for members to share with their communities. • Annual satisfaction survey - the survey will be sent to members January 21, and is intended to measure satisfaction with the role in order to make adjustments as needed. • Top 5-10 – Council reviewed and revised the list from fall 2018. The list is a compilation of top 'issues' members hear within their communities that is shared with AHS' Community Engagement Committee of the Board. • Meeting dates – Council approved its 2019/20 meeting schedule. 	<p>Andrea to send 2019/20 meeting dates to Council and Zone leads.</p>

	<ul style="list-style-type: none"> • Budget – Balance remains \$3,565.14. <p>Business arising from November 15, 2018:</p> <ul style="list-style-type: none"> • Andrea will share Sandra’s queries with AHS for a response. Complete. • Andrea will enquire AHS communication tools re: the opioid crisis (q&a, FAQ, etc.). Complete. • Andrea will send members the link to the webinar on fighting opioid crisis. Complete. • Lori to share draft CZHCP with Council. Complete. • Council to consider inviting ARCH to present at a future meeting. TBD. 	
5.5 Next working meeting	Thursday February 21, 2019; 5:30-8:30 p.m.	
6. Next Meeting	<p>Date: Thursday March 21, 2019</p> <p>Time: 5:30 p.m. – 8:30 p.m.</p> <p>Location: Southport Tower, Room 1002, Calgary, AB</p>	
7. Meeting Evaluation & Adjournment	Moved by Joyce McCoy that the meeting be adjourned at 9:20 p.m.	