



Minutes – Prairie Mountain Health Advisory Council

Thursday November 15, 2018; 5:30 – 8:30 p.m.

Southport Tower, Room 1003 10301 Southport Rd. SW, Calgary, AB

Council members present: Scott Mitchell (Chair), Sheena Taggart (Vice Chair), Donna Crowshoe, Lauren Darr, Joyce McCoy, Francesca Simon, Gloria Wilkinson

Alberta Health Services: Lori Anderson, Brenda Huband, Andrea Jackson, Dr. Sid Viner

Public: Three

Regrets: Anita Jenkins, Sandra Robertshaw

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome & Introductions	Scott welcomed attendees and acknowledged the meeting being on Treaty 7 Land and Metis Region 3 territory.	
1. Approval of Agenda	Moved by Gloria Wilkinson that the agenda of Thursday November 15, 2018 be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Gloria Wilkinson that the minutes of Wednesday September 19, 2018 be approved. MOTION CARRIED.	
3. Public Comments	Brenda Hemmelgarn, AHS Board Vice Chair, shared the Board is very pleased with the work that’s been done by Advisory Councils, and the work planned ahead via work plans. She added that provincially, Connect Care, Alberta Public Laboratories and Enhancing Care in the Community are three key initiatives currently underway. Also, the Calgary Zone Healthcare Plan was well received and the Board is pleased Prairie Mountain HAC participated in engagement for it. Della Robertson, new member of the Seniors and Continuing Care Provincial Advisory Council (PAC),	

	<p>shared members of the PAC are in the process of learning their role. The PAC is currently focusing on integrated health and housing, where a new strategy is being developed to look at the availability of suitable housing and wraparound care services for clients within these homes. The PAC is also looking into a seniors' check-in phone line and a senior's visitor program that would provide access to a live person in the hopes of reducing feelings of isolation. Finally, the PAC is looking into hospice care in rural communities.</p> <p>Brenda Huband added the City of Calgary is working on planning for small homes, also known as laneway homes. These homes are built as a secondary home to the property owner and allow the resident, such as a senior, his/her privacy and independence while having people nearby.</p>	
<p>4. Calgary Zone Supported Transition Jana Lait, Senior Advisor, Primary Care</p>	<p>Jana Lait and Gloria Wilkinson (HAC member) work on the Calgary Zone Supported Transitions Committee, a collaboration with the Calgary Zone Primary Care Network Committee. The goal of the subcommittee is to strengthen equitable access to a patient's medical home (where a patient accesses their family physician) through focused activity, and to ensure seamless coordination of care across the continuum of care. The focus is to improve the following:</p> <ul style="list-style-type: none"> - Relational continuity – building a trusting relationship with one or more healthcare providers who help bridge healthcare episodes over time. The focus is on helping people find a physician through a patient-centred Find-A-Doctor web registry. - Informational continuity – helping people transition from home to hospital through standardized processes that connect patients to a family physician upon discharge. This includes service with homeless populations via CUPS (Calgary urban Project Society) and other agencies. - Management continuity – helping people whose burden of care is more than they can manage on their own (e.g. complex needs) through case collaboration and care pathways. The focus here is on communication between care providers and organizations in the community. <p>When asked if the initiative is connected to health centres on First Nations, Jana indicated conversations have begun. Brenda Huband added AHS has teams comprised of Cultural Helpers and Indigenous leaders that can facilitate these discussions to help find a middle ground and explain AHS' role and intent when coming on to First Nations lands.</p> <p>Francesca Simon, HAC member, added the Primary Care & AHS subcommittee is creating a template for Emergency Medical Services/Calgary Police Services personnel who are bringing a student experiencing a mental health crisis to the hospital. The template will ensure relevant medical/psychiatric information is</p>	

	<p>and infection. Brenda Huband shared the cost to provide a needle and syringe to a drug user is less than it would be to treat an infection. She adds the Minister’s Opioid Emergency Response Commission (MOERC) is a committee AHS sits on, whose focus is the opioid crisis response in Alberta.</p> <p>Gloria Wilkinson recently attended a webinar hosted by the Emergency Strategic Clinical Network, with presenter Dr. Gail D’Onofrio of the Yale School of Medicine. The topic was fighting the opioid crisis. It was an informative webinar as Dr. D’Onofrio described a research project that focuses on the impact of opioids on the brain. Gloria queried if evidence indicates people in suburban communities would use a Supervised Consumption Site. Brenda Huband responded yes; centres in Vancouver have seen success in suburban communities. As well, when determining location of potential additional sites, impact to the neighbourhood is a factor that is considered.</p> <p>There was recognition of Brenda Huband as the recipient of the Canadian Nurses Association (CAN) Order of Merit for Nursing Administration for her extensive leadership work in Alberta’s health system.</p> <p>There was recognition of Brenda Hemmelgarn as the recipient of an outstanding achievement award in health innovation at the 2018 ASTech (Alberta’s science and technology sector) Awards in science and technology.</p>	<p>tools re: the opioid crisis (q&a, FAQ, etc.).</p> <p>Andrea will send members the link to the webinar on fighting opioid crisis.</p>
<p>5.2 Work Plan Update Scott Mitchell</p>	<p>Work plan discussion will take place at the next working session, December 12, when Lori Anderson and Brenda Huband will present findings from the Calgary Zone environmental scan.</p>	
<p>5.3 Calgary Zone Executive Leadership Update Lori Anderson, Senior Operating Officer, South Health Campus</p>	<p>Lori Anderson, Senior Operating Officer, South Health Campus, provided the following update:</p> <ul style="list-style-type: none"> • The Zone is arranging a Blanket Exercise as part of its efforts toward culturally safe work environments. The exercise walks through 500 years of Indigenous History and the impact of Colonization on Indigenous people. • ‘Falling Through the Cracks, Greg’s Story,’ highlights Greg Price’s journey through the health system after a cancer diagnosis, and his untimely death. It has proved a useful teaching tool for making improvements to the health system. Andrea connected with David in August and due to the length of the presentation, Council will invite him to a working session in the New Year. • The Calgary Zone Healthcare Plan (CZHCP) draft has been approved by the AHS Board. The next step is to present it to Alberta Health. Lori will share the confidential draft with members. 	<p>Lori to share draft CZHCP with Council.</p>

<p>Brenda Huband, Vice President and Chief Health Operations Officer</p> <p>Dr. Sid Viner, Zone Medical Director, Calgary Zone</p>	<p>Brenda Huband, Vice President and Chief Health Operations Officer, shared the following information:</p> <ul style="list-style-type: none"> • AHS helped inform the City of Calgary bylaw re: personal support animals. The bylaw allows citizens to apply to keep livestock as Emotional Support Animals when approved by a mental health professional. The bylaw has since been passed. • The Blue Zone Project is an initiative with the City of Airdrie and AHS to improve community well-being. Blue Zones incorporate nine principles to encourage healthier lifestyles, based on things common to communities with the healthiest and longest-living residents. • The Calgary Homeless Foundation is another initiative AHS is a part of. It provides funding and housing opportunities for people with addictions and mental health. • Brenda meets regularly with Calgary City Police or Deputy Chief as they often share clients. This partnership is particularly helpful when dealing with situations like evacuations or Code Blacks. • There've been a couple of changes to the zone leadership team – Nick Thain is replacing Julie Kerr as Senior Operating Officer, Community, Rural and Mental Health. As well, Debbie Goullard, Senior Operating Officer at the Rockyview Hospital, will be retiring in February. <p>Dr. Sid Viner, Zone Medical Director, provided the following update:</p> <ul style="list-style-type: none"> • A Zone-wide initiative to eliminate EMS Park is underway. When EMS comes to the emergency room they are required to wait (or Park) until the patient is admitted, tying up valuable personnel and creating backup in emergency services. There are currently six working groups focused on specific components of the system. A more detailed report will be available within a few months. • There has not been an increase in healthcare utilization since the new Cannabis legalization. • The Influenza Immunization campaign has been running for a month. Uptake is slower than the previous year, at 25-30 per cent. The goal is for 80 per cent of Albertans to be vaccinated. • As part of the opioid response AHS is looking at harm reduction strategies and increased access to treatment within acute care. This includes safe consumption sites and providing substitute medications to reduce the need for additional drug use. AHS is open to new and emerging ideas. • The launch of the ARCH (Addictions, Recovery and Community Health) program took place at Peter Lougheed Hospital in October. The program is for people with addictions who present to the ER or are admitted to acute care. It provides medical treatment, harm reduction, social support and primary care (wrap around care) to patients and is a proactive approach to health promotion. <p>Laureen Darr asked if AHS is ensuring those who are left by EMS at emergency departments feel safe. Dr. Viner replied the idea is not to leave a patient without receiving care, rather, to get the patient into</p>	<p>Council to consider inviting ARCH to present at a future meeting.</p>
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	emergency care. AHS is looking at various options for moving patients from long term care to acute care. Brenda Huband adds all initiatives are based on quality and safety.	
5.4 Report from the Chair Scott Mitchell	Scott Mitchell shared he had the opportunity and pleasure of sitting with Wally Sinclair, Vice Chair of the Wisdom Council, at the Fall Forum. In addition, a lot of great information was shared about Connect Care, which is very timely as there is keen interest in seeing how it rolls out across the province.	
5.5 Advisory Council Coordinator Update Andrea Jackson	<p>Andrea Jackson provided the following Advisory Council Coordinator update:</p> <ul style="list-style-type: none"> • Community Conversations – The focus of is on wellness as well as sharing local and provincial success stories and highlighting a local community organization that is contributing to wellness. Discussion ensued about the proposed date and location of the engagement event in the New Year. Andrea will connect with Community Engagement team with feedback. • Budget – Balance remains \$3,565.14. <p>Business arising from September 19, 2018</p> <ul style="list-style-type: none"> • Andrea will send members the link to Dr. Verna Yiu’s video re: AHS achievements over past 10 years. COMPLETE. • Brenda to enquire AHS statistics on lives saved since inception of SCS. COMPLETE. • Brenda will enquire about weekly parking at AHS facilities. COMPLETE. • Sheena will share Council of Chairs minutes with Council. TBD. 	
5.6 Next working meeting	Wednesday December 12, 5:30-8:30 p.m.	
6. Next Meeting	<p>Date: Thursday January 17, 2018</p> <p>Time: 5:30 p.m. – 8:30 p.m.</p> <p>Location: Southport Tower, Room 1002, Calgary, AB</p>	
7. Meeting Evaluation & Adjournment	Moved by Gloria Wilkinson that the meeting be adjourned at 8:35 p.m.	