



Minutes – Peace Health Advisory Council

November 20, 2018/5:00-8:00 pm / Fairview Health Complex

Council members present: Lucille Partington, Yvonne Rempel, Judy Brown, Laura Hancharuk, Cindy Park, Gloria Robertson, Krista Schuett, Penny Stone, Mary Wilson

Alberta Health Services: Dr. Albert de Villiers, Shannon Gallant, Susan Given, Jackie Morissette

Public: 19

Regrets: Sandra Baker, Alison Cormack

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
1. Approval of Agenda	Moved by Judy Brown that the November 20, 2018 agenda be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Yvonne Rempell, that the September 18, 2018 minutes be approved. MOTION CARRIED.	
3. Presentations 3.1. Hand washing and Influenza- Dr. Albert de Villiers, Medical Officer of Health	Dr. de Villiers spoke about hand washing and influenza (also known as “the flu”: <ul style="list-style-type: none"> • The most effective thing you can do to protect yourself against infections is wash your hands. 80% of all infections are transmitted by hands. • Also wash things that you touch often, such as doorknobs and computer keyboards. • If you get the flu stay in bed and drink water, your doctor may prescribe Tamiflu if they decide it is necessary. • To prevent the spread of influenza cover your cough, wash hands, stay home if sick, and get the vaccine. 	

	<ul style="list-style-type: none"> • Influenza can be a serious illness. Last flu season 9069 tested positive, 3047 people were hospitalized for influenza and 92 people passed away from influenza. • So far 860,376 vaccines have been provided so far this year. • Influenza vaccinations are available free of charge to all Albertans. 	
3.2. Cancer Provincial Advisory Council (PAC) Ken Landry, Cancer PAC member	Ken Landry provided an overview on the Cancer PAC: <ul style="list-style-type: none"> • They are volunteers who talk with and listen to the people in communities about cancer care across Alberta. • They provide advice to Alberta Health Services (AHS) leadership on service delivery and program design for a province wide cancer system. • They work in partnership with AHS to ensure cancer care is responsive to the needs of patients and their families. • The Cancer PAC is recruiting new members if interested. 	
3.3.		
4. Old Business 4.1. Business Arising from Previous Meetings – Shannon Gallant, AHS Advisory Council Coordinator	<ul style="list-style-type: none"> • Provide Stacy Greenings contact information to Pamela Dueck. Complete. • Cindy to invite Alzheimer’s society to present at a future meeting. 	Cindy to invite Alzheimer’s society to present at a future meeting.
5. New Business		
5.1. North Zone Update- Susan Given, Executive Director,	Susan Given, Executive Director, Addiction and Mental Health, North Zone, presented on a number of key initiatives underway in the Zone including: <ul style="list-style-type: none"> • Addiction and Mental Health planned and co-hosted International Overdose Awareness Day events in Grande Prairie. 	

<p>Addiction and Mental Health, North Zone and Jackie Morissette Director Allied Health, Ambulatory Care and Critical Care, QEII Regional Hospital</p>	<ul style="list-style-type: none"> September 9th was Fetal Alcohol Spectrum Disorder (FASD) Awareness Day and there was a pancake breakfast for the community. North Zone Child and Youth Virtual Team is now fully staffed and has begun to engage with rural and remote areas of the zone. As a result of the Peace Health Advisory Council’s Addiction and Mental Health event this fall, we are exploring the development of a child and youth parent council for North Zone Addiction and Mental Health. 	
<p>5.2. Physician Recruitment Update- Susan Smith, AHS Physician Resource Planner, North Zone</p>	<p>Susan Smith provided on update on physician recruitment:</p> <ul style="list-style-type: none"> The Fairview community has been very active in helping with the successful recruitment of a new doctor. Spirit River has a physician leaving in December and there has been successful recruitment of a physician to fill this role and she will begin work in April. <p>Q: What is the percentage of people without doctors? A: In Grande Prairie approximately 30% of the population don’t have family physicians. Of those, 10% choose not to have one.</p>	
<p>5.3. Voices of the Community</p>	<p>Council heard from the public in Fairview and surrounding area. Following are the highlights of the input received:</p> <ul style="list-style-type: none"> Community members shared that they have concerns around access to mental health supports in Fairview. There is a lack of staff and long waiting lists for services that are available and for most services residents have to go to Grande Prairie. When patients need to access services there are times when RCMP officers are required to transport them. Susan Given advised that Alberta health Services has inpatient facilities in Fort McMurray, Grande Prairie and St. Paul, and we recognize that this can be a challenge. In the High Level area, we have had significant recruitment challenges but are now fully staffed. Access to mental health services is a top priority for AHS and we are always working on it. 	

	<ul style="list-style-type: none"> • Why can't we have central location for mental health care in the North? Is the problem the funding from the government? Susan Given responded that she appreciated the interest and passion for addiction and mental health and we need people to advocate. The addiction and mental health profile has been raised over the past few years and our senior leadership is advocating for the North. In the past 18 months the amount of support for addiction and mental health has been growing. In the North we have had two enhancing care in the community initiatives, four opioid dependency treatment programs open, a virtual program, the addition of two mental health travelling teams and two assertive outreach teams as well as two projects supporting individuals with chronic addiction or mental illness and homelessness. And we're not done. This is part of the work we have been involved in in the last few years. There are dollars earmarked for the Peace area. • Could we receive bi-annual reports on Addictions and Mental Health staffing? Susan Given advised she would look into this request. • A community member shared that she is a senior's advocate in the area. There have been challenges in Fairview as and the ratio of staff to patients is not working. There should be more staff. When residents require assistance often times they are left waiting, especially if they need help with moving. She often see's residents left sitting in front of the TV for long periods of time. What can we do about this? Judy Brown shared that this is also a challenge at other sites especially when it comes to residents who require two staff to lift them. • A community member shared that transitioning between hospital and home can be a challenge in the area. Patients have to go to Grande Prairie to access services and they don't have the support of their family and then are sent back home to their community and their family is expected to care for them. • Holly Handfield shared that there was a skills weekend in Peace River in September with 54 students. These skills weekend are an opportunity for students to learn about what rural offers. Fairview is scheduled to have a skills weekend in 2019. 	<p>Share the annual update on Addiction and Mental Health with HAC and community members</p> <p>Invite Seniors Health and Continuing Care to January meeting.</p>
<p>5.4. Chairs Report- Lucille Partington, Chair</p>	<p>Lucille provided an update:</p> <ul style="list-style-type: none"> • The Lubicon Lake Band land claim was finalized. This is something we need to be aware of and how this will impact health care as it is in our area. • The fall forum was a good experience this year but would like to have the opportunity for 	

	<p>more interaction with other council members.</p> <p>Council members provided the following feedback on the Fall Forum:</p> <ul style="list-style-type: none"> • Always beneficial to talk to other people. • Being a new member found the forum was huge. • Was interesting to have introduction of new members with everyone. • Didn't have an idea of what my exact role was until I was at the forum. 	
<p>5.5. Report from Advisory Council Relations- Shannon Gallant, AHS Advisory Coordinator</p>	<p>Shannon Gallant provided a report and the highlights included:</p> <ul style="list-style-type: none"> • Community conversations • Overview of addictions and mental health event evaluations. 	
<p>Council Roundtable and Good News Stories</p>	<ul style="list-style-type: none"> • Yvonne Rempel: There have been ambulance challenges in Grande Cache. There have been a couple of instances when there have been no ambulances in the community. Transportation continues to be an issue for medical services from Grande Cache to Grande Prairie. AHS has a vacant position with mental health in Grande Cache and there is a three month waiting list. • Gloria Robertson: Has anyone talked to children and youth in the school about Cannabis? • Penny Stone: The physiotherapist has retired in Manning and they have yet to recruit one to fill the spot. Manning has a mental health worker who comes once a week. • Laura Hancharuk: She participated in a family support group for mental health. One of the main concerns was that once children are 18, their parents still need to be part of the treatment process. There were also questions around transitional housing. Laura will reach out to Stacy Greening to discuss this. • Cindy Park: The hospital foundation had their festival of trees gala and received over two million dollars in donations. With the naming of a new contractor for the Grande Prairie Regional Hospital there has not been a lot of negative press in the community. 	<p>Look into what has been shared at schools by AHS around cannabis.</p>

	<ul style="list-style-type: none"> • Krista Schuett: She shared that she sees a huge importance in digital stories about rural care. She has completed a video that she will share with the HAC. • Judy Brown: The palliative care committee in Spirit River is having a memorial tree at the Festival of Trees. Long term care is having a craft sale on November 23rd and 24th. Judy had the opportunity to speak on a panel at the Ministers annual meeting for continuing care. The focus of the meeting was patient-centred care. 	
1. Next Meeting	<p>Date: January 15, 2018 Time: 5:00 p.m. to 8:00 p.m. Location: Telehealth</p>	
2. Meeting Evaluation and Adjournment	Moved by Judy Brown to adjourn the meeting at 8:11 p.m.	

***Please note that these minutes will be reviewed for approval at the next Council meeting.**