



Minutes - Oldman River Health Advisory Council

Tuesday May 14, 2019 12 to 3 pm

Milk River Health Centre, Telehealth Room, Milk River, Alberta

Council members present: Brad Gillespie (Chair), Lorraine Neal (Vice Chair), Chad Beck, Fred Bosma, Dick Burnham, Clifford Elle, Henry Heinen, Emma Hulit, Wilma Mulder

AHS: Michael Auld, Andrea Jackson, Janine Sakatch, Gwen Wirth, Colin Zieber

Public: Eleven

Regrets: Katherine Chubbs, Georgette Fox, Brian Hammond, Dr. Barbara Lacey, Teri Myhre, Dr. Jack Regehr, Gerri Eagle Speaker, Grant Walker

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome and Introductions	Brad Gillespie welcomed attendees to the meeting and acknowledged the meeting being held on Traditional Treaty 7 Lands.	
1. Approval of Agenda	Moved by Henry Heinen that the agenda for May 14, 2019 be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Wilma Mulder that the minutes for January 15, 2019 be approved. MOTION CARRIED.	
3. Presentations		
3.1. Public Comments	<p>A member of the public shared information about a miscommunication regarding a physician coming to Milk River. Dr. Michael Auld, Associate Zone Medical Director, advised there is a committed recruit scheduled to begin in September 2019. Dr. Auld will obtain the latest update and share with Andrea or James Frey, to be shared with Council.</p> <p>A member of the public expressed concern about incidents of senior couples being made to live separately when a care home is unable to accommodate each individual's care needs. Colin Zieber, Acting Senior</p>	<p>Dr. Auld to enquire about committed physician recruit.</p> <p>Colin will share the provincial policy with</p>

	<p>Operating Officer, will share the 2015 provincial policy that outlines protocol and adds that family is advised to contact the access centre when they have questions or concerns, or to contact patient relations.</p> <p>Julie Davies, Rural Health Professions Action Plan (RhPAP) Consultant, shared there is need for better communication between physician resource planners (AHS) and physician attraction and retention committees. These committees would benefit from consistent updates so they have a clear understanding of the status of potential recruits.</p>	<p>Andrea, to share with Council.</p> <p>Dr. Auld will confirm the communication process.</p>
<p>4. Presentation</p> <p>4.1. Mental Health Resources in South Zone</p> <p>Trevor Inaba, Director, Addiction and Mental Health</p> <p>Colin Zieber, Acting Senior Operating Officer</p> <p>Thomas Mountain, Director, Addiction and Mental Health</p>	<p>Trevor Inaba and Thomas Mountain, Directors, Addiction and Mental Health, shared the following information on resources in the South Zone for Addictions and Mental Health:</p> <ul style="list-style-type: none"> • Resources are available for people across the age continuum, from infancy through to seniors • AHS has approximately 300 staff providing support in the South Zone • Universal Prevention focuses on resources for families, resources in schools and on protective factors to prevent the onset of addiction and mental health • Targeted Prevention focuses on providing supports during key transitions in patients’ lives • Indicated Prevention is a more detailed level of support for those at higher risk • Treatment options include community outreach clinics, specialized services such as residential addiction treatment and inside psychiatry services. Concurrent highly specialized services are not available in the South Zone at this time (e.g. eating disorder). <p>Thomas provided an in-depth synopsis of the types of services available in the South Zone. There are several communities in the Zone with programs, community clinics and other services embedded within them. This includes mobile support in Milk River. These clinics support all age groups; they provide general services and some focus on complex needs. He adds, there is emphasis on promoting mental wellness and early intervention and AHS partners where possible to do so (e.g. City Councils, schools, et al.)</p> <p>Additional services include hospital and bed-based services. Hospital based beds are for acute inpatient psychiatry and complex mental health needs. These beds are almost always full. The intent is for the patient to be stabilized so they can be supported in accessing recovery in the community. Bed-based services are residential in nature including medically supported detox, social detox beds, residential treatment, youth addiction treatment and partnerships with contract agencies. In Raymond there are beds designated for seniors requiring mental health rehabilitation and a second stage addiction program in Lethbridge.</p>	

Specialized services provide focused staff to work with people who have complex mental disabilities as well as a mental illness. Justice services provide programming such as intimate partner family violence program, the diversion program (for minor offenses) and supports for Protection of Children Abusing Drugs (PCHAD). The Zone also works closely with Primary Care offices.

Seniors Health programs:

- 30 beds in Raymond at the Good Samaritan Society – geared towards geriatric patients
- 24 beds at St. Michaels Health Centre in Lethbridge – geared towards geriatric patients
- 3 geriatric psychiatrists in the Zone
- AHS partners with seniors health programming to provide additional supports in the community, where possible to do so
- Work is underway on developing specialty care for geriatrics

Detox and Recovery Centre:

- 8 bed medically supported detox centre in Lethbridge. This is a community program based out of the Chinook Regional Hospital. Admission is voluntary. This stage of treatment includes the creation of a plan for care
- The occupancy rate is around 75 per cent
- The Centre will soon accept patients looking to detox from opioids. In the meantime, the Centre provides suboxone support
- The Centre averages 22 unique individuals in a month. 15 of these go home after withdrawal; three go back into homelessness; three go to an intensive treatment program; one is discharged to hospital; one leaves before discharge. Of note, a person is deemed ready for discharge when symptoms of withdrawal are manageable.

Colin Zieber, Acting Senior Operating Officer, says the Zone is aware of the need for expanded geriatric services. There is an immediate need to support children and youth with mental health and addiction, and for them to access treatment closer to home.

When asked about work with the Zone's two First Nations, Colin says AHS is connected with both to support on addiction and mental health needs. They are looking at collaborative based care and to providing resources, education, policies and procedures.

Lorraine Neal asked if AHS provides support for victims of domestic violence. Thomas said AHS will do an assessment if the person comes to AHS for support. As there is trauma usually involved AHS often refers to

	<p>partner agencies in Lethbridge who have the full-range of supports available. People can refer themselves or get a referral from a physician.</p> <p>Kim Schaaf stated it's often unclear what service is the right one to call when seeking addiction and mental health support, and under what circumstance. Trevor suggests calling 811 as this line will be able to lead people in the right direction. The AHS website is a resource as are local clinics. As well, AHS partners with schools and school liaisons, and it works with Regional Collaborative Service Delivery (RCS D).</p> <p>Chad Beck queried about prevention programs for young adults. Thomas says AHS partners with the Canadian Mental Health Association (CMHA), who drives much of the awareness and prevention programming. AHS also supports the University and College.</p> <p>Thomas shared AHS is working on funding for research into e-mental health platforms. Colin adds the future is about connecting with patients electronically.</p>	
<p>5. Old Business</p>		
<p>5.1. Business arising from January 15, 2019 Advisory Council Coordinator</p>	<p>Andrea Jackson provided an update of the following action items from the January 15, 2019 meeting:</p> <ul style="list-style-type: none"> • Invite Connect Care to present about the new system to a future meeting. To be determined. • Andrea to share Dr. Suttorp's email with Council. Complete. • Karen Fritz to share home care figures with Andrea. Complete. • Andrea to share new organization chart with Council. Complete. • Andrea to share Katherine's PPT with Council. Complete. • Andrea to send 2019/20 meeting dates to Council and Zone leads. Complete. 	
<p>6. New Business</p>		
<p>6.1. South Zone Executive Leadership Update Colin Zieber Acting Senior Operating Officer,</p>	<p>Dr. Michael Auld, Associate Zone Medical Director, shared the following highlights:</p> <ul style="list-style-type: none"> • The organizational redesign project focused on medical and operational leadership and was intended to bring leadership processes in sync and to help with efficiencies in the Zone • Leadership changes in medical affairs – Dr. Regehr, Zone Medical Director, is off on leave. Dr. Auld is covering in the meantime and shared information on new staff. • Physician workforce – the Zone is working to support and develop medical staff and leaders, to contribute to an effective and efficient workforce • Lethbridge will have two new Cardiologists, with one committed to begin August 1 	<p>Dr. Auld will provide Andrea information on the medical oncologist.</p>

<p>Dr. Michael Auld, Associate Zone Medical Director</p>	<ul style="list-style-type: none"> • Dr. Auld will enquire about the medical oncologist at the Jack Ady Cancer Centre. <p>Colin Zieber, Acting Senior Operating Officer, shared the following highlights:</p> <ul style="list-style-type: none"> • Teri Myhre, Senior Operating Officer, has announced her retirement in July. Her position is posted. As well, recruitment is underway for Colin’s position • AHS has not yet received any new direction from the incoming UCP government. Budget information is anticipated in the fall • There’s been a significant reduction in the number of deaths due to overdose. Data is compiled by ARCHES (AIDS Outreach Community Harm Reduction Education and Support Society) and community services, not from one source. • James Frey, Executive Associate to Chief Zone Officer, says the Zone is tracking this number and believes the reduction is the result of a multi-pronged response. AHS is also tracking the number of naloxone kits being used • James reiterated Supervised Consumptions Services (SCS) is operated by Alberta Health, not AHS. Funding is provided by Alberta Health and AHS provides addiction and mental health support to patients accessing the service. If people have concerns about crime or other related issues they are advised to connect with the service responsible to address it (e.g. City of Lethbridge, Lethbridge City Police, etc.) • AHS will be refreshing the Operational Plan for 2020-2023 with many priorities from 2017-20 carrying over. Consultations will be part of the process • Stakeholder engagement pertaining to the PRIHS grant (Partnership for Research and Innovation in the Health System) will begin in September. It is hoped the first Indigenous Patient Navigator will begin in early 2020 • National Indigenous Peoples week is June 17-21, with National Indigenous Peoples Day on June 21. There will be several activities planned throughout the week 	
<p>6.2. Report from Council Chair, Brad Gillespie</p>	<p>Brad Gillespie provided a recruitment update and reminded that recruitment is open until vacancies are filled. Brad also shared that at the Council of Chairs meeting in February Chairs had the opportunity to attend the 10-year celebration event with Dr. Yiu. More events will be planned across the province in the future. Lastly, with the newly elected UCP government, business is to carry on as usual for the HAC. As there are new MLAs across the province, people are encouraged to connect with them to share views on SCS, et al.</p>	

<p>6.3. Advisory Council Coordinator Update Andrea Jackson</p>	<p>The following highlights were provided by Andrea Jackson, Advisory Council Coordinator:</p> <ul style="list-style-type: none"> • Welcome to new members! • Top Concerns – Council has agreed to review the list in a Teleconference next week to ensure adequate time for discussion. The list is a compilation of top ‘issues’ members hear within their communities that is shared with AHS’ Community Engagement Committee of the Board. • Recruitment campaign – recruitment for new members took place in the winter and will continue until vacancies are filled 	
<p>6.4. Work Plan Approval</p>	<p>Moved by Dick Burnham that the 2019-20 work plan be approved. MOTION CARRIED.</p>	
<p>6.5. Annual Report Approval</p>	<p>Moved by Emma Hulit that the 2018-19 annual report be approved. MOTION CARRIED.</p>	
<p>6.6. Council Roundtable and Good News Stories</p>	<p>Emma Hulit shared one of the two new rooms at the Milk River Health Centre is named after her in honour of her participation in getting the bed to the site, and because she was the first patient in the room.</p> <p>Henry Heinen shared a brief update about the Piyami Lodge.</p> <p>Dick Burnham shares the Pincher Creek attraction and retention committee put on a skills day in April where over 30 students participated. As well, the Lethbridge Sunrise Rotary Club donated wheelchairs to the Pincher Creek Legion Medical Service cabinet.</p> <p>Cliff Elle says that patient first care was clearly demonstrated at a recent visit to the Medicine Hat Regional Hospital. He was asked for his opinion and felt genuinely listened to.</p> <p>Chad Beck reiterates he’s heard positive feedback from community about the emergency department at Chinook Regional Hospital.</p> <p>Wilma Mulder visited the MyHealth Record site and was pleased with information found within.</p> <p>Fred Bosma shares he volunteers with the Chinook LifeCare Association, who provides emergency first response service. They supply a help button device for seniors still in their homes, to access emergency services.</p> <p>Kim Schaff sits on a committee for mobility and accessibility that is in the process of developing an accessibility plan for people with disabilities. She adds this is a great resource for anybody with mobility and access issues.</p>	

<p>6.7. Chair and Vice Chair Elections</p>	<p>Oldman River Health Advisory Council held its elections for Chair and Vice Chair as follows:</p> <p>Brad Gillespie put forth an expression of interest for the position of Chair. Andrea Jackson asked three times if there were any further nominations from the floor. Brad Gillespie was declared Chair of the Oldman River Health Advisory Council by acclamation. All in favour. MOTION CARRIED.</p> <p>There are several members with terms expiring in 2019, as well as some brand new members. Due to this Council agreed to postpone election of a Vice Chair to January 2020. All in favour. MOTION CARRIED.</p>	<p>Andrea will advise Community & External Relations leads of Brad's reelection and action re: position of Vice Chair.</p>
<p>7. Next Meeting</p>	<p>Date: Tuesday, September 17, 2019 Time: 12:00 p.m. – 3:00 p.m. Location: Pincher Creek Health Centre, 1222 Bev McLachlin Dr., Multipurpose Room, Pincher Creek, AB.</p>	
<p>8. Meeting Evaluation and Adjournment</p>	<p>Moved by Henry Heinen that the meeting be adjourned at 3:05 p.m.</p>	

***Please note these minutes will be adopted at the next Council meeting.**