



## Minutes – Lesser Slave Lake Health Advisory Council

May 6, 2019/5:00 to 8:00 pm/Wabasca Healthcare Centre

**\*Please note that these minutes will be adopted at the next Council meeting.**

**Council members present:** Ernie Grach (Chair), Ken Matthews (Vice Chair), Edna Boucher, Lindy Fors, Susan Giesbrecht, Joy McGregor, Connie McKee, Louise Myre

**AHS:** Mary Mueller, Dalique van der Nest

**Public:** Two

**Regrets:** Lindsay Davies, Joyce Dvornek, Laura Frost, Debbie Rose, Brian Rosche, Cody Twinn

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
<b>Welcome and Introductions</b>	Ernie Grach welcomed everyone and introductions were held.	
<b>1. Approval of Agenda</b>	Moved by Ken Matthews that the agenda of Monday, May 6, 2019 be approved. MOTION CARRIED.	
<b>2. Approval of Minutes</b>	Moved by Ken Matthews that the minutes of January 7, 2019 be approved. MOTION CARRIED.	
<b>3. Presentations</b>		
<b>3.1. Community Rehabilitation Model of Care –</b> Dalique van der Nest, Executive Director, North Zone, Allied Health	<p>Dalique presented information to Council about the AHS Provincial rehabilitation strategic plan and rehabilitation model of care as follows:</p> <ul style="list-style-type: none"> <li>• Allied Health otherwise known as community rehabilitation includes audiology, exercise therapy, physical therapy, occupational therapy, recreation therapy, respiratory therapy, social work, speech language therapy, and spiritual therapy,</li> <li>• priorities in the strategic plan,</li> <li>• the role of allied health from birth to death in the care of patients and residents,</li> </ul>	

	<ul style="list-style-type: none"> <li>• the importance of the recruitment of staff as rural placements must have be able to provide a multitude of services,</li> <li>• they must ensure services match the need of clients,</li> <li>• some of the areas the plan focuses on are post-surgery, integrated services for children (child health teams), professional practice, cardiac rehabilitation, and COPD therapy,</li> <li>• outcome measures are in place, and,</li> <li>• North Zone is partnering with Edmonton Zone to increase services. They are also working to reduce the number of educated students from leaving the province.</li> </ul> <p>Dalique asked a number of questions of the HAC members as follows:  Q – Are there areas of rehab that is missed in the communities? Do you feel you are getting skills services? Are you waiting to see someone?</p> <ul style="list-style-type: none"> <li>• Sometimes the physical therapist does not provide enough information to the client.</li> <li>• Good experiences in High Prairie.</li> </ul> <p>Member comments:  Q – We need more rehabilitation in Wabasca. People have to travel to Edmonton to see a rehab team for cardiac rehabilitation every Friday for three months.  A - Dalique advised they are trying to establish sustainable and comprehensive services across the North Zone.  Q - Can the communities do more to encourage high school students to take rehabilitation and return home to work?  A - Colleges want to go into partnership with communities to encourage students. Rural placements are encouraged by the colleges and universities.</p>	
<p><b>4. Old Business</b></p>		
<p><b>4.1 Review of the Action Items from minutes of uary 7, 2019 Mary Mueller, Manager, Advisory Council Relations</b></p>	<p>The action items from were as follows:</p> <ul style="list-style-type: none"> <li>• Put for the name of Ernie Grach Chair to the CE Committee of the Board. Complete.</li> <li>• Put forth the name of Ken Matthews Vice Chair to the CE Committee of the Board. Complete.</li> <li>• Find out date of opening of High Prairie Obstetrics. Complete.</li> <li>• Invite Deb Guerette and Gregory Cummings to the next meeting. Complete.</li> <li>• Forward ER concern to Deb Guerette. Complete.</li> <li>• Request update on status of obstetrics. Complete.</li> <li>• Invite EMS to the March meeting. Complete.</li> </ul>	

	<ul style="list-style-type: none"> <li>• Dalique to look into concerns around the roles with the Wabasca hospital and clinic. Incomplete.</li> <li>• Register for the High Prairie and Slave Lake tradeshow. Not attended.</li> <li>• Share when Council member terms are ending. Complete.</li> <li>• E-mail out updated work plan to members and ask if any changes are needed before March meeting. Complete.</li> </ul>	Dalique to look into concerns around the roles with the Wabasca hospital and clinic. Incomplete.
<p><b>5. New Business</b></p> <p><b>5.1. North Zone Update</b></p> <p>Dalique van der Nest, Executive Director, North Zone, Allied Health</p>	<p>Dalique van der Nest provided a full report. Some of the highlights captured were:</p> <p><b>Workforce News</b></p> <ul style="list-style-type: none"> <li>• There was successful recruitment of an occupational therapy position and a physical therapy position in Slave Lake</li> <li>• A new manager has been hired for the position of Care Manager of the High Prairie JB Woods continuing care facility.</li> </ul> <p><b>Capital Projects</b></p> <ul style="list-style-type: none"> <li>• A security upgrade project is underway at the Wabasca Healthcare Centre.</li> </ul> <p><b>Major Events and Initiatives</b></p> <ul style="list-style-type: none"> <li>• awards were presented at a North Zone Spirit of Excellence Awards Luncheon and Celebration in Wabasca honoring two local physicians;</li> <li>• the High Prairie Community Health and Wellness Clinic is using a new text messaging system to remind people of appointments,</li> <li>• the Slave Lake Family Care Clinic and Slave Lake Healthcare Centre partnered to hold an engagement session at the Fix Coffee Bar &amp; Bakery and there were 16 people in attendance and good feedback was received, and,</li> <li>• there is a health fair in Wabasca on June 4 &amp; 5.</li> </ul> <p>Irene Pirie, a guest and member of the Seniors and Continuing Care Provincial Advisory Council advised that the Indigenous Health programs are invited to the Wabasca Health Fair, June 4 from 12 pm to 6 pm, including the Diabetes Wellness program and others.</p>	
<p><b>5.2. Physician Resource Update</b></p>	<p>Following are the highlights for physician recruitment in the communities:</p> <ul style="list-style-type: none"> <li>• High Prairie – new physician started there today on May 6<sup>th</sup>. He is in his supervised practice assessment. A CPSA assessor will assess him in High Prairie for three months.</li> </ul>	Shauna Wallbank to review the

<p>Shauna Wallbank, Physician Resource Planner</p>	<p>Ken Matthews advised the High Prairie Recruitment Committee was not aware of his arrival. There were issues in finding him last minute accommodations and a vehicle.</p> <ul style="list-style-type: none"> <li>• Slave Lake – there is a posting for a Family Medicine physician there with Anesthesia skills</li> <li>• Wabasca – the position for a Family Medicine physician has been filled.</li> </ul>	<p>process of advising the High Prairie Physician Recruitment Committee.</p>
<p><b>5.3. Voices of the Community</b></p>	<p>The following comments were made:</p> <ul style="list-style-type: none"> <li>• A member of the community advised they do not have enough doctors in the community. She also recommended that the doctors in the community need to get to know one another including the Nurse Practitioner with Bigstone Cree Nation and the physicians in Wabasca. She cited an issue where the Wabasca physicians would not consider a recommendation made by the Nurse Practitioner. The Bigstone Cree Nation physicians and Nurse Practitioner do not have visiting privileges at the Wabasca Healthcare Centre.</li> <li>• The local AHS Indigenous Health Liaison for the community of Wabasca attended and advised there are many elders suffering from cancer.</li> </ul>	<p>Coordinator to take the concern from the public person and will follow up with Patient Relations. (Audrey)</p>
<p><b>5.4. Council Round Table and Good News Stories</b></p>	<p>The following members reported as follows:</p> <ul style="list-style-type: none"> <li>• Edna Boucher advised there are a number of cancers in her community of Cadotte Lake as well. People must leave the community to go to Grande Prairie or Edmonton for treatments. More men are seeking treatment now. We want to keep our Elders at home. Can there be more Adult Day Care provided?</li> <li>• Connie McKee provided advice to the new members on Council She advised it is important to bring forward feedback and concerns. No concerns are too small.</li> <li>• Ernie Grach advised the new members that there is lots to learn.</li> <li>• Lindy Fors advised she listened to a good speaker about Ambrose Place in Edmonton who spoke about their program for homelessness. She toured the new site at the Royal Alex providing 24/7 mental health services and it is not in the Emergency Department.</li> <li>• Louise Myre provided some concerns. They were in High Prairie: a need for emergency mental health care, home care dressings changed and help for seniors to stay in their homes, and transportation to medical appointments (the partnership with Big Lakes County provides limited transportation). The physical therapy in High Prairie was good. The Community Health Services office does a great job (kudos) of sharing healthy tips. She added the Alberta Development Council has a bursary for postsecondary education for children.</li> </ul>	<p>Request a report from Fort McMurray about the AHS homelessness project.</p>

	<ul style="list-style-type: none"> <li>Ken Matthews advised it has been an amazing ten years as a member and Chair. He is pleased to have obstetrics back in High Prairie, a CT scanner, and dialysis to come. He advised new members to continue to remind AHS that we are rural areas with special needs. For example he is puzzled as to why the Alberta government established transportation pilot projects with “rural communities” immediately outside of urban centres. They are already close to the urban sites. He also advised that communication needs to continue and to get better.</li> <li>Susan advised that transportation is an issue in Slave Lake. There are barriers in communication by email as not everyone communicates that way.</li> <li>Joy brought forth a need for dedicated detox beds, dedicated mental health, transportation, a new EMS garage in Slave Lake, doctors’ workload and schedules need to be reviewed, hospital morale is poor, homelessness in Slave Lake is causing stress on the EMT and ER services. There are physical therapy, occupational therapy and speech language therapy shortages. Use of social media is negative in the Slave Lake area. It was recommended to Joy to research the homelessness project in Vancouver as well as the Dream Centre in Calgary.</li> </ul>	
<p><b>5.5. Report from the Chair</b> Ernie Grach</p>	<p>Ernie Grach advised the following:</p> <ul style="list-style-type: none"> <li>There is a Council of Chairs meeting on June 26/27 in Edmonton.</li> </ul>	
<p><b>5.6. Advisory Council Officer Update</b> Mary Mueller, Manager, Advisory</p>	<p>She guided the conversation and gathered feedback as follows:</p> <p><b>Top Concerns Document</b> Remove High Prairie from food improvement but leave in Slave Lake.</p> <p><b>2019/2020 Work Plan</b> Council reviewed their work plan and noted they would approve the plan if the items noted below ere added into the plan. Moved by Ken Matthews to accept the work plan with the following edits: advocate for the Slave Lake EMS facility, homelessness and transportation in the workplan. <b>MOTION CARRIED.</b></p> <p><b>2018/2019 Annual Report</b> Council requested time to review the annual report. They were granted until May 16 to review the annual report and provide feedback. A motion of approval will be required at that time. The next step is for annual reports to go to final design before submission to the Board.</p> <p><b>2019 Survey Results</b></p>	<p>Update Top Concerns Document</p> <p>Edit work plan per feedback.</p> <p>Circulate annual report for feedback</p> <p>Gather feedback on the survey</p>

	<p>Council were asked to review the survey results and provide feedback to questions.</p> <p><b>Social Media Champions</b> Data about the use of social media was shared with the group. The AHS social media policy will be shared with the Council</p>	Share the AHS social media policy with Council.
<b>5.7. Election for Chair and Vice Chair</b>	<p>The outgoing Chair facilitated the elections. They occurred as follows: There were no Expressions of Interest received for the position of Chair in advance of the meeting. Connie McKee nominated Joy McGregor for Chair. Ernie Grach ask the group three times if there were any further nominations from the floor. Moved by Ken Matthews for nominations to cease. MOTION CARRIED. Joy McGregor was declared the Chair of the Lesser Slave Lake Health Advisory Council by acclamation.</p> <p>Susan Giesbrecht had put forth her name through the Expression of Interest. Ernie Grach ask the group three times if there were any further nominations from the floor. Moved by Ken Matthews for nominations to cease. MOTION CARRIED. Susan Giesbrecht was declared the Vice Chair of the Lesser Slave Lake Health Advisory Council by acclamation.</p>	<p>Send dates of upcoming meetings to Joy McGregor.</p> <p>Submit names of Chair and Vice Chair to AHS Board.</p>
<b>6. Next Meeting</b>	<p>Date: Monday, September 16, 2019 Time: 5:00 p.m. to 8:00 p.m. Location: High Prairie Health Complex, High Prairie, AB</p>	
<b>7. Meeting Evaluation and Adjournment</b>	Moved by Connie McKee to adjourn the meeting at 8:00 p.m.	

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