



## Lakeland Communities Health Advisory Council Meeting Minutes

Wednesday, January 12, 2022, / 5:00 p.m. – 8:00 p.m. / Zoom

ATTENDEES & INTRODUCTIONS	
<b>Members</b>	Robert Deresh (Chair), Allyson Fox (Vice-Chair) , Brad Eamon, Zicki Eludi, Heather Stromquist, Lorin Tkachuk, Joanne Williams
<b>AHS</b>	Melony Cole – Zettler, Cindy Harmata, Gail Hachey
<b>Regrets</b>	Kathy Lepine, Janet Stone, Amy Warren
<b>Public</b>	Eight
<b>Welcome &amp; Introductions</b>	Robert welcomed all in attendance and provided introductions.
<b>Approval of minutes</b>	May 12, 2021 minutes were reviewed and approved by consensus.
STANDING ITEMS	
<b>Alberta Health Services North Zone Update</b>	<p>Cindy Harmata, Senior Operating Officer, provided a written report with information about workforce recruitment, capital projects and major events and initiatives specific to the local area. She also provided highlights from the North Zone Operational Plan and performance measures and initiatives. An update on COVID-19, the novel coronavirus, was provided. Information on its impact and measures to reduce spread is changing daily. Visit <a href="http://www.ahs.ca/covid">www.ahs.ca/covid</a> for the most up-to-date information.</p> <p><u>Questions from Council:</u>            Q. What is the new Covid-19 self-reporting phone number?            The Alberta North Zone Resident Self Report line is 1-833-884-2193 to report a positive rapid test and also for Covid-19 support and resources.</p>
<b>Physician Recruitment Report</b>	<p>Gail Hachey, Physician Resource Planner, reported that AHS is currently recruiting to the following areas:</p> <ul style="list-style-type: none"> <li>• <b>Bonnyville</b> – Four postings: two for family medicine with anesthesia; one family medicine with obstetrics; one family medicine with enhanced surgical skills/ obstetrics.</li> <li>• <b>Cold Lake</b> – Four postings: two for family medicine with anesthesia; one family medicine physician; one visiting specialist for ear nose and throat (ENT) physician.</li> <li>• <b>St. Paul</b> – One posting for a psychiatrist.</li> <li>• <b>Boyle</b> – One posting for a family medicine physician.</li> <li>• <b>Lac La Biche</b> – Six postings: two for family medicine with enhanced surgical skills/ obstetrics; two family medicine with</li> </ul>



	<p>obstetrics; one family medicine with anesthesia; one family medicine physician.</p> <ul style="list-style-type: none"> <li>• <b>Smoky Lake</b> - One posting for a family medicine physician.</li> </ul>
<b>Community Partners</b>	<p>Anita Fagnan, Rural Community Consultant with Rural Health Professions Action Plan (RhPAP), provided a written report with information about RhPAP's upcoming information sessions, Rhapsody Award winners, Rural Health Week celebrations and the Rural Education Supplement and Integrated Doctor Experience (RESIDE) program. She also provided information about <i>Put on your Perspectacles!</i> RhPAP's Attraction and Retention Conference scheduled for October 4-6, 2022 in Drayton Valley. Visit <a href="http://www.rhpap.ca">www.rhpap.ca</a> for more information.</p>
<b>Voices of the Community</b>	<p>Seven members of the public were present, including five pending new Council members.</p> <ul style="list-style-type: none"> <li>• Victoria Sparklingeyes's application is pending. She works with Cold Lake First Nation FCSS and looks forward to bringing information from the different Indigenous communities to AHS.</li> <li>• Ida Edwards' application is pending. She is excited to hear about new doctors coming to the area, and about a new physiotherapist in Athabasca.</li> <li>• Diane Ellis' application is pending. She is the executive director of the St. Paul Chamber of Commerce. Of note, the Chamber is giving out free rapid tests to local area businesses.</li> <li>• Calvin Leckie is a new member who is excited to listen and learn, and looks forward to joining Council.</li> </ul>
<b>Council Round Table</b>	<p>Robert Deresh, Council Chair, provided the following update:</p> <ul style="list-style-type: none"> <li>• The Council of Chairs met December 8. Tom Briggs presented on the 2020 – 2022 Heath Plan Business Plan.</li> <li>• The Council engagement event in October was a great success! Lots of public attended and AHS shared some valuable information.</li> </ul> <p>Council members shared the following updates:</p> <ul style="list-style-type: none"> <li>• The Bonnyville PCN Adolescent Mental Health program is creating a youth program hub for youth to have a safe space to gather in the community.</li> <li>• Brad Eamon has been working with RhPAP on bringing a skills-day to St. Paul.</li> <li>• The Lac La Biche Hospital parking lot and sidewalk have been replaced. As well, booster shots in the community are ramping up, however, a lack of rapid tests in rural areas is concerning to people living in those communities.</li> <li>• Heather Stromquist applied for a mental health navigator grant through the Northern Lights School Division in Lac La</li> </ul>



Biche and will update Council at a future meeting.

**NEW BUSINESS**

**Presentation(s)**

**Rural Mental Health Project**

Jessica Turowski, Project Manager, Canadian Mental Health Association (CMHA)

Highlights of the presentation:

- CMHA builds and strengthens community capacity and is a catalyst for community mental health movements via health promotion, community development and advocacy.
- CMHA is a catalyst to the Rural Mental Health Project(RMHP) - Stakeholder roundtable recommendations include: community-based, innovative solutions, building positive mental health and wellbeing, locally driven priorities, plans, training: no parachuting.
- The goal of the RMHP is to build capacity and support collaborative, mental health action plans that advance rural community mental health and wellbeing.
- What makes the Rural Mental Health Project unique is there are no checklists, no parachuting, no pre-determined programs or behaviour, not individual-focused. It is a multi-pronged, developmental approach that is community-based and collaborative, to provide a broader understanding of community mental health.
- Visit [www.RuralMentalHealth.ca](http://www.RuralMentalHealth.ca) to find the expression of interest form, access training and sign up for the newsletter.
- To partner with the RMHP contact Jessica - [Jturowski@cmha.ab.ca](mailto:Jturowski@cmha.ab.ca).

Questions from Council:

Q. What communities have animators?

A. A map of all communities involved is on the website, [here](#).

Q. How does one apply to be an animator for their community?

A. Apply on the our website, [here](#), or contact Jessica for help with the application.



**Date of Next Event**

**Date:** Wednesday, March 8, 2022

**Time:** 5:00 – 8:00 p.m.

**Location:** Zoom

Our meetings are open to the public. Dates and locations are [available here](#).  
[Find your Health Advisory Council here](#). Visit [Together 4 Health](#) (T4H) to engage with AHS online.