



Lakeland Communities Health Advisory Council Meeting Minutes

May 12, 2021 / 5:00 – 8:00 p.m. / Zoom

ATTENDEES & INTRODUCTIONS	
Members	Robert Deresh (Chair), Lorin Tkachuk, Amy Warren, Joanne Williams
AHS	Melony Cole – Zettler, Cindy Harmata, Gail Hachey
Regrets	Allyson Fox (Vice-Chair), Brad Eamon, Zicki Eludin, Kathy Lepine, Janet Stone
Public	Two
Welcome & Introductions	Robert welcomed all in attendance and went through introductions.
Approval of minutes	January 13, 2021 minutes were reviewed and approved by consensus.
STANDING ITEMS	
Action items from previous meeting	<p>Action items from the January 13, 2021 meeting:</p> <ul style="list-style-type: none"> Melony to put forth the names of Alyson Fox, Vice Chair, and Robert Deresh, Chair, to the Community Engagement Committee of the Board. Complete.
Alberta Health Services North Zone Update	<p>Cindy Harmata, Senior Operating Officer, provided a written report with information about workforce recruitment, capital projects and major events and initiatives specific to the local area. She also provided highlights from the North Zone Operational Plan and performance measures and initiatives. An update on COVID-19, the novel coronavirus, was provided. Information on its impact and measures to reduce spread is changing daily. Visit www.ahs.ca/covid for the most up-to-date information.</p>
Physician Recruitment Report	<p>Gail Hachey, Physician Resource Planner, reported AHS is currently recruiting to the following areas:</p> <ul style="list-style-type: none"> Bonnyville – Five postings: two for family medicine with anesthesia; one family medicine with obstetrics; one family medicine with enhanced surgical skills/ obstetrics; one family medicine physician. Cold Lake – Five postings: one for family medicine with anesthesia; one family medicine with low-risk obstetrics; one family medicine physician; one surgical assistant; one visiting specialist for ear nose and throat (ENT) physician. St. Paul – Three postings: one for family medicine with anesthesia; one family medicine with enhanced surgical skills/ obstetrics; one family medicine physician.



	<ul style="list-style-type: none"> • Athabasca – One posting for a family medicine physician. • Boyle – One posting for a family medicine physician. • Lac La Biche - Three postings: one family medicine with enhanced surgical skills/ obstetrics; one family medicine with obstetrics; one visiting specialist for general surgery. • Smoky Lake - Two postings for family medicine physicians.
<p>Community Partners</p>	<p>Anita Fagnan, Rural Community Consultant with Rural Health Professionals Action Plan (RhPAP), provided a written report and the highlights include:</p> <ul style="list-style-type: none"> • Rural Health Week is May 24-28: Honour the contributions of rural Alberta healthcare providers and community volunteers who go above and beyond to support healthcare in their communities. Learn more about how RhPAP can help local communities celebrate the upcoming Alberta Rural Health Week, here. • Upcoming Information Sessions: <ul style="list-style-type: none"> ○ May 19, 2021 – Coffee with Dr. Verna Yiu: learn about AHS’ 10-year vision plan along with key priorities for healthcare in Alberta. Register here to attend. ○ May 26, 2021 - Let’s Go Rural - How do I Get There: Registered Nurse (RN, BSc) Free Virtual Event. RhPAP has partnered with the University of Alberta, Faculty of Nursing, to offer a unique opportunity for rural high school students with an interest in an undergraduate degree in Nursing. Register here by May 21 (open only to rural Alberta high school students). ○ May 27, 2021 - Comedy on the Couch - As part of Alberta Rural Health Week celebrations, RhPAP wishes to lift spirits and take folks on a mini ‘virtual laugh-cation.’ "RhPAP's Comedy on the Couch" features two talented Alberta comedians, Donna Lynne Erickson and Deb Bates, otherwise known as Double D Comedy. Register today at Comedy on the Couch. • RhPAP U is designed as a one-stop resource for rural health in Alberta. The evidence-based research, reports, videos, and infographics on RhPAP U offer insight into rural population trends, rural health issues, health workforce developments, and strategies to support healthy rural communities. Click here for more information. • Return of Service Program Announcement in March - RhPAP will administer a new Return of Service Agreement program for the Alberta Government that will help students pay for the costs of medical school. In



	<p>exchange, students will complete residency training in rural Alberta and agree to practice in a rural Alberta community when their schooling is complete.</p>
<p>Council Round Table</p>	<p>Robert Deresh, Council Chair, provided the following update:</p> <ul style="list-style-type: none"> • The Council of Chairs met with Tyler Shandro, Minister of Health, last month. A report of the meeting will be available for the membership soon. • The Council engagement event in March was a great success! Lots of public attended and AHS shared some valuable information with local communities. • A reminder to members to register for sessions at the upcoming Spring Forum, June 9-12. <p>Council members shared the following updates:</p> <ul style="list-style-type: none"> • Joanne Williams gave kudos to staff at the Redwater Health Centre. They have been so kind and helpful to everyone, especially while dealing with an influx of COVID-19 patients. • Lorin Tkachuk is excited to be part of the Council and is looking forward to helping his community.
<p>NEW BUSINESS</p>	
<p>Presentation(s)</p>	<p>Wellspring Cancer Services <i>Angie Rice, Northern Alberta Team Lead, Wellspring Edmonton</i></p> <p>Highlights of the presentation:</p> <ul style="list-style-type: none"> • Wellspring Edmonton is a non-profit organization serving Edmonton and Northern Alberta. It provides emotional, social, spiritual and informational supports and services to those living with cancer and their loved ones. It also restores resilience and confidence to those impacted by cancer and welcomes anyone regardless of where they live. Its vision is a future where no one has to face cancer alone. • In 2020, through a partnership with the Alberta Cancer Foundation, Wellspring services expanded to rural and remote communities throughout Alberta. • Wellspring Edmonton offers over 40 programs designed to educate and empower individuals impacted by cancer. Programs are: non medical; evidence informed and evidence based; facilitated by professional leaders; offered free of



	<p>charge and without referral; available to anyone through online membership registration; accessible in-person, online and over the phone.</p> <ul style="list-style-type: none"> • Different programs include: individual support; group support; exercise and nutrition; expressive arts; meditation and relaxation; informational and coping skills. • Become a member by completing a registration form at wellspringedmonton.ca. Registration is free and requires no referral. Anyone is welcome to join, regardless where they live. <p><u>Questions from Council:</u> Q. Do these services include all of Northern Alberta? A. Yes, all communities from Red Deer north, to the northern provincial border. Anyone can access the virtual programs and when the pandemic ends an assessment will occur on what in-person programming will look like.</p>
<p>Date of Next Event</p>	<p>Date: TBD Time: TBD Location: Zoom</p>

Our meetings are open to the public. Dates and locations are [available here](#).
[Find your Health Advisory Council here](#). Visit [Together 4 Health](#) (T4H) to engage with AHS online.