



Minutes – Lakeland Communities Health Advisory Council

January 9, 2019 - 5:00 p.m. to 8:00 p.m. Telehealth sites – Bonnyville, Edmonton, Fort Saskatchewan, Lac La Biche, Red Deer, Slave Lake, Smoky Lake, St. Paul

HAC members: Pat Palechuk (Chair), Robert Deresh (Vice Chair), David Beale, Zicki Eludin

AHS: Kerry Bales, Melony Cole-Zettler, Gail Hachey, Cindy Harmata, Dr. Albert Harmse, Dr. Richard Lewanczuk, Edith Zuidhof-Knoop

Public: Kim Fleming, Violet Wells

Regrets: Glenn Andersen, DeAnne Gelata, Parrish Tung, Brydon Ward

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Welcome and Introductions	Pat Palechuk welcomed those in attendance to the meeting.	
1. Council Quorum	<p>As per the Health Advisory Council Bylaw, Article 9, Section 9.4:</p> <ul style="list-style-type: none"> <i>“A quorum shall consist of 50 percent plus one (1) of the members then in office. A resolution may be passed, or action taken on any matter, only where a duly constituted meeting has been called and a quorum is present at the time the resolution is put forward. In the event that a quorum is not present, the meeting may proceed; however, any action or resolution shall be deferred to the next meeting where a quorum is present”</i> <p>Council Chair noted that council quorum was not established. Council has agreed to continue with an informal meeting.</p>	
2. Review of Agenda	As the required quorum was not achieved at this meeting, see Bylaw Article 9, Section 9.4, the agenda cannot be approved. A review of the agenda for revisions and edits took place.	
3. Review of Minutes	As the required quorum was not achieved at this meeting, see Bylaw Article 9, Section 9.4, the minutes cannot be approved. A review of the minutes for revisions and edits took place.	Minutes from Nov and Jan to be presented for approval at next council meeting when quorum is achieved

<p>4. Presentations</p> <p>4.1. Enhancing Care in the Community - Dr. Richard Lewanczuk, Senior Medical Director, Primary Health Care</p>	<p>Dr. Richard Lewanczuk provided a presentation on Enhancing Care in the Community and highlights were:</p> <p>The goal is to ensure quality of care is consistent through the continued transformation to a community-based model in order to further build upon a culture of patient-centered care. The four main areas of focus are:</p> <ul style="list-style-type: none"> • Provide care closer to home • Work more closely together • Promote health and prevent disease • Sustain healthcare and achieve the AHS vision <p>Enhancing care in the community is not about reducing hospital care. It's about supplementing and supporting our hospitals by easing demands on them, improving patient access and wait times and ensuring hospital beds are occupied by patients who truly need that level of care. This means that care comes to people rather than requiring people to come to care. ECC will be especially helpful for Albertans with:</p> <ul style="list-style-type: none"> • Frail or failing health • Limited mobility • Chronic disease • Complex needs (multiple disease or disorders) • Mental health and addictions • Terminal or serious illness or injury • Development disabilities <p>Community-based care requires a team approach to healthcare, with patients and their family at the center. It brings together programs such as primary care, home care, mental health, nutrition and public health. It also links primary care, home care, outpatient services and other community supports to ensure patients get the best care possible, with or without having to go to a hospital or emergency department. Such supports are at the heart of enhancing care in the community.</p> <p>By bolstering community-based care, ECC will:</p> <ul style="list-style-type: none"> • Reduce reliance on acute care and emergency departments. They are increasing home and community care and supports to keep older adults in their own homes as long as safely possible. This will help reduce reliance on the emergency department for concerns that can be handled in a community setting. 	<p>Melony to add second presentation in Lac La Biche to work plan and work with Dr. Lewanczuk to arrange an information session in September. In Progress.</p>
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	<ul style="list-style-type: none"> • Provide community options to promote earlier discharge. They are providing more community options for Albertans so when discharged from hospital, they have the appropriate support, provided by the right care provider, close to where they live, so they can recover faster. • Help Albertans maintain or improve their health. They are continuing to implement targeted screening, health promotion, chronic disease management and disease prevention initiatives to reduce health inequities and improve population health. <p><u>Questions council had for Dr. Lewanczuk were:</u></p> <p>Q.I think that Dr. Lewanczuk should get on the agenda for the FCSS association provincial conference next November. The FCSS is engaging AHS in the community and there isn't always consistent representation from AHS at FCSS sponsored interagency meetings. AHS needs to make it a priority to connect with these community agencies.</p> <p>A. ECC is a culture shift, a huge change in the way in which we do things. All AHS employees are expected to embrace this change. Our CEO is looking into allowing AHS staff to volunteer on company time to attend these community meetings. We are now starting to look at how we can keep people well rather than always treating illness.</p> <p>Comment: I am really impressed with this presentation, I would love to have it brought to Lac La Biche and have community leaders attend and see what our community can do to improve.</p>	
<p>5. Old Business 4.1 Business Arising from the Minutes</p>	<p>The following are actin items from the past minutes.</p> <p>Melony to amend minutes to include Mel Smith's resignation in round table. Complete.</p> <p>Melony to follow up with Patient Relations regarding Pats concern. Complete.</p> <p>Cindy to follow up regarding the home care nurses and x-ray in Vilna and the AED's in Bar V Nook. Complete.</p> <p>Cindy to look into if bariatric lifts weigh patients. Complete.</p> <p>Melony to look into Bonnyville OPD clinic – presentation – contact Stacy Greening. Complete.</p> <p>Melony to follow up with Public Health on how council can increase immunization rates in our communities. In Progress.</p> <p>Melony is to follow up with the Ministry of Transportation regarding qualifications for the Rural Transportation Pilot Project. In Progress.</p> <p>Cindy to look into the ramp at Elk Point healthcare Centre. Complete.</p> <p>Cindy to look into St. Paul Hospital upgrades. In Progress.</p>	

	Dalique van der Nest to look into recreation therapy at Bar V Nook. Ongoing. Melony to put forth the name of Robert Deresh as Vice Chair to the CE Committee of the Board. Complete.	
6. New Business		
5.1 Voices of the Community	We interviewed Violet Wells and have put her name forward as a recommendation for a new member. We look forward to her approval by the AHS Board on February 28, 2019. She is a retired social worker who has worked for the government for 25 years. She has also worked for the Bonnyville Crisis Centre as an alcohol and drug counselor. She currently lives on the Elizabeth Metis Settlement and we are very excited to have her on our council. Violet raised concerns about the treatment her family members have received during experiences with the healthcare system. Melony to follow up.	Melony to provide Violet with contact information for the Patient Relations department. Complete.
5.2 North Zone Update – Cindy Harmata, Senior Operating Officer	Cindy Harmata provided the following update: <ul style="list-style-type: none"> • Children and Adolescent Tele-psychiatry - As of November 1, 2018 two Edmonton psychiatrists began providing consultation for North Zone children and adolescents. This will fill a large gap in the service continuum, ensuring that children and adolescents will have timely access to this specialized service. • A full time Transition Coordinator, funded through Enhanced Care in the Community (ECC has been approved for St. Paul and the position has been posted. Three new community Health Care Aide positions have been created in Thorhild / Redwater Homecare with ECC Funding. • The Security upgrade at the Athabasca Healthcare Centre is ongoing with anticipated completion by end of January 2019. Swipe access cards are now being finalized for activation and distributed to staff and EMS. • Renovations to the heating, ventilation and air conditioning (HVAC) system in Boyle Healthcare Centre are ongoing. The facility Emergency Department will remain open with four beds designated for observation and overnight stays. • Lac La Biche Healthcare Centre- Security Upgrade is progressing with a completion date of January 15, 2019. The CT Scanner renovations are in progress with an anticipated completion date of March 2019. • Redwater Healthcare Centre - Project work to have the overhang in the rear of the building repaired/replaced is near completion. A new door has been installed. There is some work to be done to complete the project. The contractor has indicated that this work will be done within the next few weeks. 	

- The Smoky Lake George McDougall (Smoky Lake) Healthcare Centre Helipad is complete.
- Boyle Wild Rose Villa Official Opening - The Minister of Senior's and Housing attended the Wild Rose Villa Dec 14th to officially open the renovated building.
- Cold Lake Healthcare Centre- Hearts for Healthcare and the Palliative Care Society have each committed \$15,000 to refurbish the two Palliative Care rooms in Acute Care. Hearts for Healthcare purchased two telemetry units for Acute Care at the Cold Lake Healthcare Centre.
- Lac La Biche Healthcare Centre Ladies Auxiliary celebrated their 50th anniversary in October.
- St. Paul Hospital Foundation has committed \$64,200 to purchase an isolette for Acute Care and a fetal monitor for the Emergency department. Addiction and Mental Health staff were excited to receive new exercise equipment. A projector was purchased with funding from the St. Paul Hospital Foundation. The equipment continues to enhance program delivery for inpatients and patients attending the Day Treatment Program.
- Smoky Lake LTC - A resident/family council was formed in November. A meeting was held and the Council will continue to meet quarterly.
- Public Health has partnered with Lac La Biche County to offer a 50+ walking program with a strength and stretch component throughout the fall/winter season. They will also partner together for the Annual Safety days, Traffic Safety and recreation and Parks Master Plan Community sessions to promote walkable communities and healthy environments.
- Mental Wellness Workshops, St. Paul - residents have been invited to attend a series of mental wellness workshops designed to teach coping strategies and maximize wellness and resiliency for themselves and others. The free workshops are designed to teach participants about coping strategies for mental wellness, to enhance their understanding of addiction and mental health challenges and to show how to support someone who is struggling. Each workshop focuses on one of five topics: anxiety, maintaining healthy relationships, depression, managing difficult emotions and understanding addictions. Workshops are offered every 2nd Thursday from 2-4 pm over a 10-week period.
- Bonnyville Opioid Dependency Program (ODP) ODP team continues to grow and plan to coordinate the NZ schedule to become more efficient and support a large number of clients. The teams have engaged in case conferencing with the ODP physician out of Calgary to enhance practice.

Questions council had for Cindy:

Q- Regarding the Boyle renovations, do we know what services will be redirected?

	A - The meeting on Monday will cover more details.	
5.3 Physician Recruitment Report – Gail Hachey, Physician Resource Planner, Medical Affairs	<p>Gail Hachey provided the following update on physician recruitment:</p> <ul style="list-style-type: none"> • Bonnyville- Two Family Medicine positions; one Family Medicine with Anesthesia; one Family Medicine with Obstetrics. • Cold Lake- Two Family Medicine with Anesthesia; one Family Medicine with Enhanced Surgical Skills; one Family Medicine with Low-Risk Obstetrics. • Lac La Biche - One Family Medicine; one Family Medicine with Obstetrics; one Family Medicine with Enhanced Surgical Skills. • Smoky Lake- Two Family Medicine positions. 	
5.4 Report from the Chair – Pat Palechuk, Chair	<p>Pat Palechuk gave details about the following events she attended: Dec 13 She attended the Council of Chairs meeting. That meeting summary was sent to Council. Dec 14 She attended the Wild Rose Villa in Boyle grand opening. Will share One Province One Health Care system share by Dr. Yiu. She is busy preparing for the upcoming Community Conversation on Jan 21. Encourages all Council members to contact your municipalities and request they attend. She has been appointed to the North Zone PCN governance committee.</p>	
5.5 Advisory Council Update Melony Cole-Zettler, Advisory Council Coordinator	<p>Melony Cole-Zettler provided the following Advisory Council Coordinator update:</p> <ul style="list-style-type: none"> • Recruitment campaign – recruitment for new members to Advisory Councils takes place January 14 - February 1, 2019. With a number of terms expiring in the months ahead we are looking to fill vacancies. Coordinator provided recruitment tools for members to share with their communities. • Annual satisfaction survey - the survey will be sent to members January 21, and is intended to measure satisfaction with the role in order to make adjustments as needed. • Top 5-10 – Council reviewed and revised the list from fall 2018. The list is a compilation of top ‘issues’ members hear within their communities that is shared with AHS’ Community Engagement Committee of the Board. • Meeting dates – Council approved its 2019/20 meeting schedule. 	
5.6 Work Plan Progress and Upcoming Priorities	<p>Work plan updates have been made. Approval to happen at March meeting.</p> <p>Council would like to use some of their engagement budget on promotional items to give away at engagement events. Swag items to look at include: Portfolios for members, apple stress balls, magnetic book marks and small note pads.</p>	<p>Melony to order items to promote awareness of Council before the end of the fiscal year. Complete.</p>
7. Council Roundtable and	The following members and public members shared the following information:	Cindy to look into Zicki

<p>Good News Stories</p>	<ul style="list-style-type: none"> • Zicki is excited that the Lac La Biche Healthcare Center’s new CT scanner is expected to be operational in March. The Montreal Canadians Old Timers are hosting a fundraiser in Lac La Biche for the Hospital Foundation on March 15, 2019. The new Healthcare Worker and Physician Recruitment Committee is in place in Lac La Biche. They attended the College of Physicians and Surgeons of Alberta conference in Edmonton recently hoping to recruit new physicians to Lac La Biche. He mentioned the sidewalk outside the Lac La Biche Hospital is in great need of repair. • Robert has extended the invitation to the Hearts for Healthcare Cold Lake Coordinator to our upcoming Community Conversation in Smoky Lake. • Pat has been accepted on the North Zone PCN Committee as a public member. She also shared that the Smoky Lake Healthcare Ladies Axillary is currently working on replacing the cupboards in the hospital. She raised concerns about cracks in the sidewalk outside the Smoky Lake Hospital. • David has concerns with healthcare privacy in treatment rooms at the Bonnyville Healthcare Centre. Rooms are overfilled and only separation is a curtain, confidential patient information can be shared to other patients. 	<p>and Pat’s concern about the sidewalk repair.</p>
<p>8. Meeting Evaluation and Adjournment</p>	<p>Moved by David Beale to adjourn the meeting at time 8:06 p.m.</p>	
<p>9. Next Meeting</p>	<p>The next meeting will be: Date: March 13, 2019 Time: 5:00 p.m. to 8:00 p.m. Place: Elizabeth Metis Settlement – Community Hall</p>	