



**Minutes – Lakeland Communities Health Advisory Council
November 7, 2018 4:00 p.m. to 8:00 p.m. Bar V Nook Manor, 3rd floor Recreation Room**

HAC members: Pat Palechuk (Chair), Glenn Andersen, David Beale, Robert Deresh, Parrish Tung, Brydon Ward

AHS: Melony Cole-Zettler, Cindy Harmata, Dalique van der Nest, Gloria Dombowsky, David Ponich, Dolores Smigerowsky.

Public: Six, including Leo Chapdelaine (Mayor of Vilna), Kim Fleming (RhPAP), Hank Holowaychuk (Smoky Lake Mayor) Dan Kotylak (Smoky Lake Councilor)

Regrets: Zicki Eludin, DeAnne Gelata

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
Tour of Bar V Nook	Betty Elson, Manager provided a tour of the Bar V Nook Manor and Supportive Living. Council was able to tour through a vacant apartment and a room in both levels of care in the facility. They were also able to see common spaces such as the salon, spa, recreation area, dining rooms and chapel.	
Welcome and Introductions	Pat Palechuk welcomed those in attendance to the meeting.	
1. Approval of Agenda	Moved by Robert Deresh to approve the agenda for November 7, 2018. MOTION CARRIED.	
2. Approval of Minutes	Moved by David Beale to approve the minutes for September 12, 2018. MOTION CARRIED.	Melony to amend minutes to include Mel Smith’s resignation in round table. Complete.
3. Presentations 3.1. Physical Therapy - Dalique van der Nest, Executive Director, North Zone Allied Health	Dalique van der Nest provided a presentation on physical therapy and highlights were: Rehabilitation Strategic Plan 2016 – 19 The summary of strategic directions were: #1: Integrate the rehabilitation philosophy fully into the health system; #2: Create a unified, provincial direction for rehabilitation; #3: Address variances in community rehabilitation services – “Rehab Model of Care”;	

	<p>#4: Co-design programs with Albertans & integrate and align rehabilitation across the health system; and, #5: Support clinicians to raise the standard of care for the benefit of Albertans.</p> <p>Rehab Model of Care The components of the Rehabilitation(rehab) Model of Care are:</p> <ol style="list-style-type: none"> 1. Access & Wayfinding: Patients & Families know how to find rehab services – they know where to go; 2. Service Options: Patients & Families receive appropriate rehab services – the services meet their needs; 3. Patient, Family & Community Outcomes: Patients & Families participate in all aspects of their own care – they are aware of their progress; 4. Transitions: Patients & families experience optimal transitions – their care is seamless; and, 5. Professional Practice: Patients & Families work with rehab providers who have practice supports – clinicians are skilled and caring. <p>What Matters To You What is working well or needs to be added/improved upon to ensure that you:</p> <ol style="list-style-type: none"> 1. Know where to go for rehabilitation services such as Occupational Therapy, Physiotherapy, and Speech Language Therapy etc.? 2. Receive rehabilitation services that meet your needs? 3. Are aware of your progress? 4. Receive seamless care, especially during transitions? 5. Receive services from skilled & caring clinicians? <p>If you have any specific questions about the Rehab Model of Care (R-MoC), please contact Dalique van der Nest, Executive Director Allied Health at 780-849-5101 (ext. 585) or at Dalique.Vandernest@ahs.ca</p> <p><u>Questions council had for Dalique were:</u> Q - What is allied health? A - Allied health is non-nursing professions; including physical therapy, occupational therapy, speech language pathology, audiology, respiratory therapy, social work and spiritual care.</p>	
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	<p>Q - Who qualifies for rehab therapy? Some are not accepting new patients unless they are post operative patients.</p> <p>A - North Zone specifically –They prioritize by post-operative patients, fracture patients, and the people with complex needs who can't be seen in outpatient clinics.</p> <p>Q - We have a private therapist coming from Cold Lake one day a week and he said he's not getting enough visits. How can we help?</p> <p>A - We need to make it easy for private providers to do their job. We need to build relationships and communicate with each other.</p>	
<p>4. Old Business 4.1 Business Arising from the Minutes</p>	<p>Melony to distribute a "What We Heard" document from engagement sessions. Complete.</p> <p>Melony to add extra time to November Agenda to work on work plan. Complete.</p> <p>Melony to share letter from Athabasca Mayor. Complete.</p> <p>Melony to send advisory council update to council members as email. Complete.</p> <p>Melony to share Patient Feedback poster and Brochure with group. Complete.</p> <p>Melony to look into getting Patient Feedback poster circulated in our zone. Complete.</p> <p>Melony to look into having Smoky Lake physiotherapy present at next meeting. Complete.</p>	<p>Melony to follow up with Patient Relations regarding Pats concern. Complete.</p>
<p>5. New Business</p>		
<p>5.1 Voices of the Community</p>	<p>Leo Chapdelaine (Mayor of Vilna) – We need additional Health Care Aides in the area for more personal care. Not enough home care nurses in Vilna, their LPN has been off sick for over a month and the nurse left is running ragged. How can we get more support for our home care staff? Vilna still hasn't heard about the X-ray machine in the hospital from AHS.</p> <p>Hank Holowaychuk (Smoky Lake Mayor) – Smoky Lake fire department recently received naloxone training from AHS to prevent overdoses in the community. The new Bar V Nook Facility doesn't have any AED's in the building. How can we get those added for our residents?</p>	<p>Cindy to follow Up regarding the home care nurses and xray in Vilna and the AED's in Bar V Nook.</p>
<p>5.2 North Zone Update – Cindy Harmata, Senior Operating Officer</p>	<p>Cindy Harmata provided the following update:</p> <ul style="list-style-type: none"> • Athabasca Home Care - Work is underway for the Enhanced Respite Day Program in Athabasca. The intent of this new service is to support care givers in the community by providing respite. • Athabasca/Boyle Care Manager - Recruitment continues for the Care Manager, Acute Care position. Two full time long standing vacant RN positions have been recruited to in 	<p>**Cindy to look into if bariatric lifts weigh patients.</p>

	<p>Boyle HC with start date in November 2018.</p> <ul style="list-style-type: none"> • Thorhild/ Redwater Homecare - Three new community Health Care Aid (HCA) positions have been created with the funding from the Enhanced Community Funding. • Better Choices Better Health - There is 'Better Choices, Better Health' leader training occurring in Bonnyville. This will add two leaders who will be able to facilitate the 6 week session in the communities of Kikino, Bonnyville and Cold Lake. • Lac La Biche (W.J. Cadzow) Healthcare Centre - The design team and staff have reviewed the CT Renovation plans. The Security Upgrade completion date is November 15th. A sterilizer was installed in the Medical Device Reprocessing department. • Radway Continuing Care Centre - The renovation project for the new tub to be complete by December 21st. • Redwater Healthcare Centre - Project work to have the overhang in the rear of the building repaired/replaced is complete. A new door was installed in October 2018. • St. Paul Healthcare Centre - the concrete pad at the Long Term Care entrance was replaced, ensuring safety of all residents and visitors. • Smoky Lake (George McDougall) Healthcare Centre Helipad upgrade is complete. • Hearts for Healthcare at the Cold Lake Healthcare Centre held a 'Mega Bounce Fun Run' on September 8, 2018 and raised \$25,373.67. • The Lac La Biche Ladies Auxiliary held a 50th anniversary tea October 17th. • Lac la Biche Points West Living held their grand opening September 27th. The facility has 16 Supportive Living and 24 Dementia beds, for a total of 40 Supportive Living beds. • Smoky Lake Bar V Nook had a well-attended grand opening ceremony October 12th. The facility has 20 Supportive Living and 20 Dementia beds, for a total of 40 Supportive Living beds. • The Early Hearing Detection Intervention (EHDI) program was implemented in Cold Lake. The program identifies permanent congenital hearing loss (PCHL) and provides timely intervention to optimize language, development and overall health outcomes. • A National Child's Day event is scheduled for November 20th at Cold Lake Energy Centre, Fieldhouse. The event is in partnership with local community organizations and will provide an opportunity to provide parents and children ways to play safe. • Public Health staff participated in the meet and greet sessions in Fishing Lake, Elk Point and Elizabeth Schools. Information was provided to parents and teachers regarding dental services being offered to students. • Redwater Public Health - Public Health has commenced bi-monthly clinics offered every 2nd Thursday. School Immunizations have commenced as well. • The Mental Health Travel Team has been engaging with the communities of Fishing Lake and Elizabeth Métis Settlements. The team is able to expand on Addiction and Mental 	<p>Melony to look into Bonnyville OPD clinic – presentation – contact Stacy Greening.</p> <p>Melony to follow up with Public Health on how council can increase immunization rates in our communities.</p>
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	<p>Health services and with the public health nurse able to offer community education on a number of health issues and address gaps in these communities.</p> <ul style="list-style-type: none"> • Saddle Lake National Native Alcohol and Drug Abuse Program (NNADAP) Services - Addictions and Mental Health continue to meet with our NNADAP partners and community services in Saddle Lake. There have been positive developments. • Bonnyville Parent Support Session - due to the recent youth death by suicide, Addiction and Mental Health, local school boards, and community partners in Bonnyville offered a parent session on October 30th to support their children on a variety of issues from suicide, depression, substance use and impacts of social media. • Safe Talk Support for Families - with the increase of Methamphetamines in the region, there is increasing pressure from partners to support families coping with these challenges. • Diversion Services have been instrumental in engaging First Nation communities of Frog Lake, Saddle Lake, Cold Lake Frist Nation, Fishing Lake & Elizabeth Métis Settlements. This will support enhanced partnerships with other regional programs and services. 	
<p>5.3 Physician Recruitment Report – Gail Hachey, Physician Resource Planner, Medical Affairs</p>	<p>Gail Hachey provided the following update on physician recruitment:</p> <ul style="list-style-type: none"> • Bonnyville- Two Family Medicine positions; one Family Medicine with Anesthesia. • Cold Lake- Two Family Medicine with Anesthesia; one Family Medicine with Enhanced Surgical Skills; one Family Medicine with Low-Risk Obstetrics; One Radiologist. • Elk Point - One posting for Family Medicine. • Lac La Biche - One Family Medicine; one Family Medicine with Obstetrics; one Family Medicine with Enhanced Surgical Skills. • Smoky Lake- One posting for Family Medicine. 	
<p>5.4 Report form the Chair – Pat Palechuk, Chair</p>	<p>Pat Palechuk gave details about the following events she attended:</p> <p>Sept 27 – She represented the HAC at the Points West Grand Opening in Lac La Biche</p> <p>October 1-3 The provincial Healthcare Volunteers’ Conference. Dr .Verna Yiu came to speak to the ladies. We are bridging the gap for communications. She will put forth Aspen View East Auxiliary for a 10 Together Award.</p> <p>October 12 – She presented the HAC at the Grand Opening ceremony for Bar V Nook Supportive Living in Smoky Lake.</p> <p>Oct 26/ 27 – The HAC Fall Forum and she noted our council is becoming quite recognized. She really enjoyed the North Zone Meeting.</p>	

<p>5.5 Advisory Council Update Melony Cole-Zettler, Advisory Council Coordinator</p>	<p>Melony Cole-Zettler shared an overview document about Community Conversations. Lakeland Communities HAC will hold their Community Conversation in January 2019.</p>	
<p>5.6 Work Plan Progress and Upcoming Priorities</p>	<p>The following edits were made to the 2018/2019 work plan:</p> <ul style="list-style-type: none"> • Enhancing Care in the Community presentation to be looked into for January telehealth meeting. EMS presentation to be moved to March meeting at Elisabeth Settlement. • For our recruitment drive in spring 2019 we would like to seek indigenous representation on our council. We would like to target Tribal Councils, Friendship Centers, Metis Nations of Alberta and the Northland School Division. • We would like to add seniors housing/ care to our 2019/2020 work plan so we can learn more about the differences in care levels and different fee schedules for lodge and supportive living services. • Council would also like to add the “Medically at Risk Drivers” (MARD) study from the University of Alberta to the work plan and request a project update. 	<p>Melony is to follow up with the Ministry of Transportation regarding qualifications for the Rural Transportation Pilot Project.</p>
<p>6. Council Roundtable and Good News Stories</p>	<p>The following members and public members shared the following information:</p> <ul style="list-style-type: none"> • David Beale – the Town and the Municipal District of Bonnyville allocated \$50,000.00 each to upgrade two ambulances in the area to larger diesel vehicles able to access the rural areas as needed. He has contacted the City of Cold Lake regarding not enough signage to the Cold Lake Hospital. He also noted that Bonnyville is currently in a youth mental health crisis. Mental health staff is overwhelmed because of a recent child suicide and now the therapists are booking into February. • Robert Deresh is now a volunteer for Hearts for Heath Care in Cold Lake. A foundation working to enhance healthcare in Cold Lake. • Parrish Tung – The concrete ramp between the Elk Point Hospital and the lodge is damaged and is preventing lodge residents from travelling to the hospital for appointment. • Glenn Andersen– St. Paul Hospital doors are not wide enough to fit wheelchairs which is not helpful for non-ambulatory patients. How do we know where we are on the list to get a hospital upgrade? • Brydon Ward – Lac La Biche Regional Health Foundation is hosting a fundraising event on November 16th - They are expecting a great turn out. He is seeing that the staff are more positive in the Lac La Biche Hospital. They are excited for the CT scanner Grand Opening. 	<p>Cindy to look into the ramp at Elk Point healthcare Centre. Complete.</p> <p>Cindy to look into St. Paul Hospital upgrades.</p> <p>Dalique van der Nest to look into recreation therapy at Bar V Nook. Complete.</p>

	<ul style="list-style-type: none"> Pat Palechuk - Smoky Lake is still working on recruiting a new Family Physician. Pat will contact her local FCSS to see if Smoky Lake has applied for the Rural Mental Health Pilot project through Canadian Mental Health Association. The local FCSS is hosting a senior's lunch and learn session called "fitness is fun". They are hoping to get seniors more active in the community. Friends of Bar V Nook and the Smoky Lake Foundation are wondering how we can get more fitness into the lodge facility. 	
7. Election of Vice Chair	<p>Elections were held for the position of Vice Chair of the council. Actions were as follows:</p> <ul style="list-style-type: none"> Melony Cole Zettler opened the floor for nominations. Pat Palechuk nominated Robert Deresh for the position of Vice Chair. Melony Cole Zettler asked three times if there were any further nominations from the floor. Parrish Tung moved nominations cease. Robert Deresh was declared the successful candidate for the position of Vice Chair of the Lakeland Communities Health Advisory Council by acclamation. 	Put forth the name of Robert Deresh, Vice Chair to the CE Committee of the Board. Complete.
8. Meeting Evaluation and Adjournment	Moved by Robert Deresh to adjourn the meeting at 8:19 p.m.	
9. Next Meeting	<p>The next meeting will be:</p> <p>Date: January 9, 2018</p> <p>Time: 5:00 p.m. to 8:00 p.m.</p> <p>Place: Telehealth – Multiple sites</p>	