



David Thompson Meeting Summary

October 13, 2020 / 5:00 p.m. – 8:00 p.m. / Zoom

Introducing your David Thompson Health Advisory Council members:

In attendance: Carole Tkach (Chair), Deryl Comeau (Vice-Chair), Marie Cornelson, Geraldine Greschner, Gerald Johnston, Dawn Konelsky, Michelle Narang, Shelagh Slater

Alberta Health Services: Maya Atallah, Tara Duhaney, Leanne Grant, Allan Sinclair, Janice Stewart, Valerie Thompson, Kimberly Storey

Regrets: Melanie Hassett, Phyllis Loewen, Peggy Makofka, Selena Redel

Public: One

Agenda Item	Notes
1. Welcome	Carole welcomed all in attendance and went through introductions. Carole provided a land acknowledgment.
2. Approval of Previous Minutes	May 14, 2020 meeting minutes were reviewed and approved by consensus.
Standing Items	Notes
3. Action Item from May 14, 2020	No action items from the May 14, 2020 meeting.
4. AHS Zone Update	<p>Janice Stewart, Chief Zone Officer, Central Zone, shared the following:</p> <ul style="list-style-type: none"> Changes to AHS Central Zone leadership. Allan Sinclair is now Senior Operating Officer (SOO) of Rural Acute Care in Central Zone; Sherie Allen is SOO for Central Zone Addiction and Mental Health.



	<ul style="list-style-type: none"> • The Alberta government has directed AHS to proceed with a portion of the actions identified in the AHS Review plan. Actions will focus on management review, contracting out laundry and lab services as well as developing a business plan for environmental and food services. • Central Zone COVID update on outbreaks and requests to increase testing. • AHS has solid plans for physician continuity and good coverage; working on recruitment. <p>Kimberly Storey, Senior Operating Officer, Red Deer Regional Hospital Centre (RDRH), shared the following:</p> <ul style="list-style-type: none"> • There was a temporary, three-month pause on work earlier this year due to the COVID-19 pandemic. Work on Phase 1 of the business case has resumed. <p>Allan Sinclair, Senior Operating Officer, Central and South Central Zone, provided the following update:</p> <ul style="list-style-type: none"> • Central Zone Emergency Operations Centre (ZEOC) COVID safety measures. • Alberta Surgical Initiative and the need to increase surgeries, which were delayed earlier this year due to the pandemic. <p>Valerie Thompson, Area Director, Central Zone, provided operational updates for the towns of Lacombe, Rimbey, Ponoka, Innisfail, Sylvan Lake and Sundre. This included information on COVID measures in towns, renovations underway and the diagnostic project underway.</p> <p>Leanne Grant, Area Director, Central Zone, provided operational updates for Drayton Valley and Wetaskiwin. This included information on staffing, placement of patients into continuing care sites, renovations underway and accreditation at the emergency department and operating room at the Wetaskiwin Community Health Centre.</p>
<p>5. Community Partners</p>	<p>Colleen Lindholm, Rural Community Consultant with Rural Health Professions Action Plan (RhPAP), shared updates with Council. Highlights include - a new Chair has been selected to the RhPAP Board of Directors, as has a new director of health professions; RhPAPs Rural Voice Information Panel (VIP) is expanding membership to include rural HAC members; new dates for RhPAPs annual conference have been determined as May 25-27, 2021.</p>
<p>6. Community Voices</p>	<p>No public in attendance.</p>



7. Council Round Table

The following was shared by Council members regarding COVID-19 in their communities:

- There is division on what is the right thing to do and if mask guidelines should be mandatory.
- Relief that teen/youth sports activities can still take place if they follow guidelines.
- Uncertainty about the return to work policy. Any symptoms linked to COVID require the employee to go home and not return until they are tested.
- Turnaround times for COVID test results are improving.
- Concern about childcare as some kids will be home earlier than anticipated and parents are working.
- There is frustration about consequences for those who break the rules and don't follow regulations and concern that seniors are the most impacted.
- Some people are judgmental when they hear of others testing positive.

Carole Tkach - has been reelected as Co-Chair of the Council of Chairs. She attended the AHS launch of the [Togetherall](#) (a new online mental health support tool) panel discussion on October 8.

Deryl Comeau - is part of a newly formed Patient, Family, and Community Advisory Council Committee. The committee is now recruiting members and working on the Terms of Reference. There is still a concern in the Sylvan Lake community around the dispensing fees that seniors are paying when filling their prescriptions.

Gerald Johnston – some in Red Deer have expressed concern about word of 1100 jobs being cut as well as news that physicians will be giving up some services.

Marie Cornelson –shared there is a long wait when calling the central booking line for a laboratory test appointment. Dawn Konelsky advises that online booking is the fastest way to make an appointment.

Geraldine Greschner –September 10, 2020 Health Minister Tyler Shandro toured the Sundre Hospital, the Community Health Centre and the Mountain View Seniors Housing. She shared that the University of Calgary (U of C), the Town of Sundre, and the Hospital Futures committee are partnering to build an E-SIM (Educate, Simulate, Innovate, Motivate) lab in Sundre.

Shelagh Slater –is part of the Red Deer Regional Hospital Centre Redevelopment Advisory Team. She initially attended the Specialized Geriatric Care Committee meetings and now she is a member of the Red Deer Regional Hospital Centre Patient, Family, and Community Advisory Council Committee. Redevelopment plans are progressing quickly.

Selena Redel – shared that there is now COVID testing in Consort. The community is happy hearing positive feedback from the community.

Peggy Makofka –fatigue in the community of Rimbey with all the changes occurring in healthcare as a result of COVID.



New Business	Notes
<p>8. Presentation</p>	<p>Transform Your Stress: The Resilience Advantage — Strategies for Managing Stress in Challenging Times. <i>Colleen Pruden - Education Consultant for Mental Health Promotion & Illness Prevention</i> The workshop included a basic discussion of stress and looked at different ways to manage stress, including two HeartMath® breathing techniques. The workshop discussed the stress response, how to identify warning signs of stress and how emotions impact the body, brain and overall health.</p>
<p>9. Engagement</p>	<p>Andrea Thain Liptak, Executive Director of Public Health, Primary Care gave a presentation on COVID assessment sites with dialogue about Council and community members’ personal experiences with testing sites. Andrea shared improvements made to help with accessibility and safety. Result turnaround time was also discussed.</p>
<p>10. Next Steps / Action Items</p>	<p>Council Roundtable</p> <ul style="list-style-type: none"> • Maya will ask Seniors & Continuing Care Provincial Advisory Council if it is involved in any work pertaining to PharmaCare.
<p>11. Date of Next Meeting</p>	<p>Date: Thursday, January 14, 2021 Time: 5:00 p.m. to 8:00 p.m. Location: Zoom</p>

Learn about the four organizational goals of AHS in the [2017-2020 AHS Health Plan and Business Plan](#).

Join us in changing the conversation from [illness to wellness](#).

Our meetings are open to the public. Dates and locations are [available here](#).
[Find your Health Advisory Council here](#). Visit the [webpage](#) for more info.

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