



Minutes - David Thompson Health Advisory Council

January 10, 2019 / 1 pm – 4 pm / Lacombe Hospital and Care Centre - Boardroom - 5430 47 Avenue, Lacombe AB T4L 1G8

Council Members: Sandy Doze (Chair), Sandra Beaudoin, Phyllis Loewen (Vice Chair), Deryl Comeau, Marie Cornelson, Gerry Greschner, Gerry Johnston, Janice Lockhart, Faith Pilgrim (dialed in), Carole Tkach, Debra Murphy

Alberta Health Services: Sherie Allen, Maya Atallah, Val Thompson

Public: Six including Sunny 94 and Lacombe Express

Regrets: Melanie Hassett

***Please note that these minutes will be adopted at the next Council meeting.**

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
1. Approval of Agenda	Moved by Carol Tkach that the agenda of Thursday, January 10, 2019 be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Carol Tkach that the minutes of Thursday, November 8, 2018 be approved. MOTION CARRIED.	
3. Voices of the Community	Input was received from the following: <ul style="list-style-type: none"> • A concern shared from a community member in Lacombe was that there is no walking trails in the community to promote good health and an active lifestyle. • Melodie Stol is a stakeholder relations advisory for the Bethany group. She shared that Lacombe Foundation is the local housing management body responsible for the Lacombe and Eckville seniors' lodges and The Bethany Group is the contracted administrative leadership for the Foundation. She is hoping to build a partnership with AHS to work together to continue to extend and provide safe, supportive and affordable local housing options for seniors. She looks forward to working with AHS to determine what health care delivery should look like and input for Lodge redevelopment. 	Valerie Thompson and Melodie Stol will connect and will loop back with DTHAC on the outcome.

<p>4. Council Member Roundtable</p>	<p>Carole Tkach – Carol reported long term care and transportation are still a concern in the Coronation area. The community would like to see more information session on mental health and long-term care as they found the previous DTHAC hosted sessions to be useful.</p> <p>Janice Lockhart – Janice shared Wetaskiwin Hospital, Health Centre and PCN are in deliberations to work together. The Community paramedic program out of Camrose is being well received. The Health foundation is working on fundraising to get upgrades done in the emergency and lab area at Camrose. Point’s West Living dementia unit is open and families are impressed with the care being given. SL3/4 assessments are being done by AHS in a quick manner; however, patients coming in to the Points West lodge needing lower levels of care do not get assessed as quick.</p> <p>Debra Murphy – Debra shared that the Central Parkland Parent Link runs a monthly interactive program with seniors at the Valley View Manor called “Generation Connection”. In November, Turning Point Turning Point Society of Central Alberta presented on drug trends and overdose awareness in Rimbey. It was interesting to learn how to use a Naxolene kit and how addiction can affect everyone no matter your economic situation or age.</p> <p>Marie Cornelson – Marie expressed one of the causes for the increase in mental health and addictions increase in Drayton Valley is mostly due to the economic stress causing job loss, financial stress, and family stress. New regulations and restrictions around caring for children has caused some extra stress to volunteers including grandmas.</p> <p>Phyllis Loewen – The Rocky Mountain House site manager is back. Indigenous Affairs are starting to come to our hospital meetings. Mental Health services are working well in the schools and community. They hope to have a mental health presentation through the Let’s Talk About It. All lodges in Rocky Mountain House are full but there are suites available for sale at the Park Avenue at Creekside facility. There is a concern in the community about people having to wait two months to see their family doctor, the problem is not the recruitment of physicians. The issues is they want to only see patients in the clinic.</p> <p>Deryl Comeau – She shared that she is part of the Community Partners Association in Sylvan Lake, a non-profit organization that creates hope and support for at-risk children, families and individuals through information, referrals, services and programs. They have joined with Medical Lending and tools for schools. The Red Deer Hospice Society is under renovations, fundraising is needed and they are hoping to be able to</p>	<p>Val Thompson will talk to Area Director about physician wait times in Rocky Mountain.</p>
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	<p>increasing respite care and day programs and enhancing nursing stations. Time is Muscle – a community cardiac awareness dinner in Red Deer will be hosted on February 24, 2019. She is part of the Rehab Area Council and to share concerns or story ideas with her. She is part of the Central Alberta Cancer Centre as part of the patient experience committee. January 17, 2019 will be first meeting. Deryl shared that the Canadian Mental Health Board in Red Deer is looking for board members if anyone is interested.</p> <p>Gerry Johnston – Gerry shared that in Red Deer, the affordable seniors housing site is full of seniors with no place to go. There are also concerns in the community with drug issues with homeless and mental illness.</p> <p>Sandra Beaudoin – Sandra shared that Hanna is experiencing a lot of mental health issues due to the environmental stressors; job loss, no bus system for transportation, impacted food banks and social support services, and suicide among the farmers is also high. It is hard to access mental health resources because of the location of Hanna. Hanna's Hospital Ladies Auxiliary has two Annual Rummage Sales. Dates are April 27 and October 5, 2019. All money made goes to the Ladies Auxiliary to purchase needed equipment for the Hanna Hospital. Items purchased have included necessary equipment, beds, wheelchairs, etc.</p> <p>Gerry Greschner – Gerry shared that Sundre is looking into how to recruited more nursing staff. The community has partnered with Rural Health Profession Action Plan (RhPAP) to figure out some situations such as where to house students. The issue is the retention of the recruits.</p> <p>Faith Pilgrim– Faith shared that the community of Rimbey is planning on having a High School Career Day and maybe a Skills day for the High School Students with RhPAP. There is work being done to have an appreciation bowling event for all the health care workers.</p>	<p>Val Thompson will talk to Area Director to see what is going on in Hanna in regards to mental health resources and accessibility.</p>
<p>5. Central Zone Executive Leadership Update</p> <p>Allan Sinclair,</p>	<p>Allan Sinclair provided the following update:</p> <ul style="list-style-type: none"> - Kerry Bales has joined Enhancing Care in the Community with AHS. Lori Anderson is filling in as the Interim Chief Zone Officer for Central Zone - Capital submission list - Redevelopment of the Red Deer Hospital is moving ahead. They are currently working on a needs assessment and the government has asked for a business case. 	

<p>Senior Operating Officer, Central and South Area, Central Zone</p> <p>Valerie Thompson, Area Director Counties of Red Deer and Lacombe</p>	<ul style="list-style-type: none"> - Zone health care plan is complete and now a business plan update is underway on implementation , home care , home support and mental health - Renovations are happening in Lacombe to include a new waiting room, co-location of triage and admitting areas, and barrier-free public washrooms and in Stettler renovations to the Emergency Department, a new Pharmacy, Labour and Delivery Department and the facility's kitchen as improvement items. - An opioid dependence program provides methadone or Suboxone® maintenance treatment in an outpatient setting. - Overdose Prevention site - Hygienic space for people to consume previously-obtained drugs while being monitored by someone trained and able to provide immediate life-saving measures as needed. Supervised consumption services provide a place where people can use drugs in a monitored, hygienic environment to reduce harm from substance use while offering additional services such as counselling, social work, and opioid-dependency treatment. - Protection of Children Abusing Drugs (PChAD) helps children under 18 years of age whose use of alcohol or drugs is likely to cause significant psychological or physical harm to themselves or physical harm to others. It provides a structured and protective setting in which to begin detoxification, while providing parents an opportunity to get involved in the process. - Advanced Ambulatory care in Sylvan Lake is seeing appropriate patients but still some cases of urgent cases that need to be redirected. More education is needed for the public so they know where the most appropriate place to go get care. - The wait times for continuing care beds for Central Zone is being monitored. - Connect Care is advancing in the organization. Central Zone is part of wave 2 which is scheduled for March 2020. <p>Valerie Thompson provide a report on the following:</p> <ul style="list-style-type: none"> - A new Lacombe Health Centre being built. The new facility will house homecare, public health and mental health under one roof - Innisfail is building a new seniors lodge and housing project. 	
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6. Presentation		
6.1. Mental Health Resources for Children Alana Cissell - Addiction and Mental Health Central Zone Director, Complex Care and Rehabilitation, Alberta Health Services	<p>A presentation was made on children/youth mental health services. Her presentation included the following topics:</p> <ul style="list-style-type: none"> - Zone partnerships including school divisions, Primary Care Networks, Children’s Services, and regional collaborative service delivery; - The Mental Health Capacity Building Project is the recipient of additional funding to see 15 new Mental Health Capacity Building programs in the Central Zone communities; - General statistics; - Protection of Children Abusing Drugs (PChaD) program; and, - The Rural Opioid Dependency Program (RODP). <p>Question about the presentation: Q: At what age can someone make their own referral for mental health help? A: We work as a team to assess the youth. Q: Does every school have a mental health counselor? A: Every school division has someone assigned however they can be called different titles. Q: How does a community identify that they want to have the RODP in their area? A: If the community has a family doctor that is willing to be part of the program, it is possible.</p>	
7. Old Business		
7.1. Business Arising from November 8, 2018 Maya Atallah – Advisory Council Coordinator	<p>Andrea will provide a list of services per PCN’s. (Hired Mental Health workers/classes/AHS Mental Health staff).Complete</p> <p>Andrea will look into and share what the requirements are for the different services offered at the PCN (self-referral / PCN provider to refer).Complete</p> <p>Theme setting for upcoming meetings 2019/2020. Incomplete</p>	
8. New Business		
8.1. Advisory Council Coordinator Update	<p>Maya Atallah shared a report. Following are the highlights from the report:</p> <ul style="list-style-type: none"> - There will be a targeted recruitment campaign for three weeks in January - The annual Advisory Councils’ Satisfaction Survey will be in January 	

Maya Atallah Advisory Council Coordinator	<ul style="list-style-type: none"> - The Top 5 – 10 concerns document is required for submission - Advisory Councils’ member profiles, a request for volunteers - A request for the submission of kudos - 2018 Advisory Councils’ Fall Forum Follow Up and 2019 Forum date 	
8.2. Community Conversation Follow up	There was no further discussion.	
8.3. Report from Council Chair - Sandy Doze	<p>Sandy Doze provided the following updates:</p> <ul style="list-style-type: none"> - Membership asked members who will be renewing and what communities we need to focus on recruiting members to. 	Maya Atallah will send Sandy Doze written report to members.
8.4. Upcoming Meeting Dates/Locations 2019/2020	Will be discussed during the working session.	
8.5. Retreat Details	Date has been set for working session. It is February 1 and 2, 2019. Location TBD Purpose is to work on 2019/2020 workplan and team building.	Maya Atallah will send out doodle poll to council members on retreat location options.
9. Next Meeting	<p>Date: Thursday March 14, 2018</p> <p>Time: 1:00 p.m. to 4:00 p.m.</p> <p>Location: Stettler Hospital & Care Centre – Boardroom 5912 47 Ave, Stettler, AB T0C 2L0</p>	
10. Meeting Evaluation and Adjournment	Moved by Carol Tkach to adjourn the meeting at 4:10 p.m.	

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