



Minutes - David Thompson Health Advisory Council

November 8, 2018 1 pm to 4 pm Innisfail Health Centre – Classroom B - 5023 42 St, Innisfail AB T4G 1A9

Council Members: Sandy Doze (Chair), Sandra Beaudoin, Phyllis Loewen (Vice Chair), Deryl Comeau, Marie Cornelson, Melanie Hassett, Janice Lockhart, Faith Pilgrim, Carole Tkach, Debra Murphy (dialed in)

Alberta Health Services: Maya Atallah, Sherie Allen

Public: Two

Regrets: Heather Donald, Terry Johnston, Gerry Greschner

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
1. Approval of Agenda	Moved by Carol Tkach that the agenda of Thursday, November 8, 2018 be approved. MOTION CARRIED.	
2. Approval of Minutes	Moved by Phyllis Loewen that the minutes of Thursday, September 13 th , 2018 be approved. MOTION CARRIED.	
3. Voices of the Community and Council Member Roundtable	Concerns of the community heard in Innisfail by the council members were: <ul style="list-style-type: none"> • continuity and integration between specialists in rural areas, patient not knowing where to go and they end up seeing the same doctor twice; • mental health and addiction resources and accessing services; • homelessness; • waitlist for specialist/ surgeries is not getting shorter; • seniors' care (assistive living, mental health, home care); and, • wait time and family physician follow up. 	

4.

**Central Zone
Executive
Leadership
Update**

Sherie Allen,
Senior Operating
Officer, North Area,
Central Zone

Sherie Allen provided a report on the following:

- Connect Care is advancing in the organization. Central Zone is moving into wave two: planning and implementation. They have identified the resources that are needed to help with the implementation. One of the resources needed is more educators in the rural area. Central Zone sites are very busy, having full time educators will take the pressure off the managers and admin staff so what they can better help frontline staff.
- Mental health and opioid crisis; we are focusing on planning on how to deal with these concerns. Statistics show that there has been an increase of 20% of emergency room visits in central zone towns such as Drayton Valley and Wainwright. AHS needs to work together with the HAC, various rural communities and the government to make mental health a priority so that more supports become available.
- The Central Zone is running a deficit but if things go well we are on target to meet the accountability agreement we signed.
- Neighboring rural hospitals to Red Deer Regional Hospital see increases in patient flow when the Red Deer Regional Hospital is also faced with an overcapacity situation. Red Deer Regional is the only site with a full spectrum of specialty services, especially diagnostics. When resources are being used at other sites and support is not being provided, similar issues will be seen. We need to make sure we can fulfill that specialty function by working on enhancing care in the community and having more areas with services that we can reach out to. A suggestion was made by HAC to be involved at the planning stages.
- Funding has been given to enhance homecare in central zone and we continue to push for more support and enhancement. A suggestion was made to have evening assessments made available.
- Advanced Ambulatory care in Sylvan Lake is functioning now but it is seeing less people during the fall/winter as many people leave this community after summer. Work is being done to finding alternative space for homecare because the current homecare staff do not have the space they need with the growth homecare has had as of late in that area.

<p>5. Review of Information Sessions</p>	<p>Council members gave feedback on the two information sessions they hosted.</p> <p>In general for both sessions;</p> <ul style="list-style-type: none"> - Audience should be targeted. Some sites had mostly professionals while others had more public, therefore the content of the presentation was not suitable to the audience. - More lead time to be able to communicate to the public about the event. - Should advertise via; radio ads, commercials, newspapers, posters in community facilities (city hall, seniors lodge, coffee shops, hospitals) Facebook promotion ads, Eventbrite, sending electronic invitations and of course word of mouth. - Telehealth is a great way to connect numerous Central Zone communities. - Session should include one 10/15 min break. The start time advertised should be different then presentation start time to allow attendees to settle in. - Prior to session and as part of the invite/poster have a small trailer/clip (audio or video) to start the conversation. The trailer/clip will allow people to get interested and learn more about what is to come during the actual session. - Have more brief and specific, targeted lunch n learn sessions as an alternative to those who are unable to attend the scheduled information sessions. <p>Continuing Care – April 25, 2018</p> <ul style="list-style-type: none"> - One page reference sheet is needed. - Seniors mental health, end of life care, funding for different levels of care, difference between public and private care and contracted facilities are all topics the community is still interested in hearing about. <p>Mental Health - September 11, 2018</p> <ul style="list-style-type: none"> - Information was very general, attendees were hoping for more. - Really appreciated the one page reference sheet that was given. - Trying to avoid duplication by involving Family and Community Support Services (FCSS), Primary Care Network (PCN), Alberta Health Services (AHS) as well as the Canadian Mental Health Association during the planning of an upcoming 	
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		session to avoid overlap and get more resources for the session.	
6.	Municipal Forum	Sandy Doze shared that the date for holding the Municipal Forum will be moved to the Spring.	
7.	Rural Municipal Leaders Meeting – October 13, 2018	Carole Tkach shared feedback from the Rural Municipal Leaders Meeting (RML) she attended. Carole along with two representatives from YEHAC attended the RML meeting and were given an opportunity to present to about 100 municipal councilors with information about the HAC. It was a positive meeting overall. Carole went over some of the community health concerns outlined in the survey. A comment that came forward was; why do the health advisory council boundaries not match the municipalities' boundaries?	<p>Maya Atallah to draft a Thank you letter to send to the Rural Municipal Leaders for having DTHAC attend/ present at the meeting.</p> <p>Maya Atallah to try to get DTHAC to attend an Alberta Urban Municipalities Association Meeting and see if we can get Central Zone areas.</p>
8.	Presentations		
8.1.	<p>Central Zone Restorative Care Beds</p> <p>Lori Sparrow – Executive Director Seniors Health - Central Zone, Alberta Health Services</p>	<p>Lori Sparrow presented information about the Central Zone Restorative Care Beds. Some of the highlights were:</p> <ul style="list-style-type: none"> - the three streams of continuing care; - philosophy of restorative care; - objectives of restorative care; and, - central zone locations of the restorative care sites. <p>Question about the presentation: Q: Are these beds running at full capacity? A: Currently these beds are running at an overall 60% capacity in central zone. When we look at the capacity and usage percentage we also look at why they are not being used. Most times the patient would not benefit or meet the criteria to be in the program for various reasons.</p>	

	<p>Q: Who decides if a patient needs a restorative bed?</p> <p>A: It is a team effort; a physician, nurses and/or other health care workers, the patient and/or a family member.</p> <p>Q: Is there talk about expanding to other rural areas?</p> <p>A: Currently the program is being evaluated and reviewed. Before putting more money into expanding it, it is important to see the benefits or the program and where in central zone it could be expanded.</p> <p>Q: How was it decided where restorative beds go?</p> <p>A: it was who had space to run this program.</p>	
9. Old Business		
<p>9.1. Business Arising from September 13th, 2018</p> <p>Maya Atallah – Advisory Council Coordinator</p>	<p>Andrea will provide a list of what PCN’s has what services. (Hired Mental Health workers/classes/AHS Mental Health staff).Pending</p> <p>Andrea will look into and share what the requirements are for the different services offered at the PCN (self-referral / PCN provider to refer).Pending</p> <p>Maya Atallah to get number of attendees from previous Municipal Leadership Forum. Complete</p> <p>Theme setting for upcoming meetings 2019/2020. Incomplete</p>	
10. New Business		
<p>10.1. Advisory Council Update – Maya Atallah</p>	<p>Maya Atallah provided information on the upcoming Community Conversation being hosted by Community Engagement.</p> <ul style="list-style-type: none"> - Agenda of the event - Dates for HAC community conversations - Asked DTHAC to be table hosts - Janice and Sandy shared information about the list of community members that will be invited. 	
<p>10.2. Report from Council Chair - Sandy Doze</p>	<p>Sandy Doze provided the following updates:</p> <ul style="list-style-type: none"> - She shared the purpose of having a DTHAC retreat, requested everyone send dates and places it could be held. - During fall forum chairs met and topics discussed were mental health and 	

	<p>looking at transportation</p> <ul style="list-style-type: none"> - She shared that she will be presenting to the CE Committee of the Board on the David Thompson Health Advisory Council work plan, priorities, issues and challenges to complete our role on November 29, 2018. 	
10.3. Review work plan timelines	<ul style="list-style-type: none"> - On time with work plan. 	
11. Next Meeting	<p>Date: Thursday January 10th, 2018 Time: 1:00 p.m. to 4:00 p.m. Location: Lacombe Community Health Centre 5010 51 St, Lacombe AB. T4L1W2</p>	
12. Meeting Evaluation and Adjournment	Moved by Marie Cornelson to adjourn the meeting at 4:10 p.m.	