Many organizations have developed resources, tool kits, and services to support families, friends, or individuals dealing with chronic suicidal situations. This listing is not comprehensive, and is intended to demonstrate the types of resources available to service providers and the public through initial online searches. It is important to note that these resources are listed for informational purposes. They have not been reviewed, and their inclusion should not be considered as an AHS recommendation.

**Centre for Suicide Prevention**
The Centre for Suicide Prevention’s Resource Library has an abundance of resources available including webinars, infographics, toolkits, pamphlets, and articles.

**Helping Children and Youth who are Feeling Suicidal: Information for Parents and Caregivers**
This document was created by the Children’s Hospital of Eastern Ontario and the Ottawa Children’s Treatment Centre for parents and caregivers and provides information on warning signs, how to talk to youth who are having thoughts of suicide, how to make your home safer for someone who is feeling suicidal, and how to help children and youth feel like life is worth living.

**The Jason Foundation - The Parent Resource Program**
The Jason Foundation is an organization in the United States committed to the prevention of youth suicide through educational and awareness programs. This website provides parents and youth with the tools and resources needed to help at-risk youth.

**Society for the Prevention of Teen Suicide**
This website provides links for parents regarding suicide so parents can be prepared to help teens who have suicidal thoughts.

**Suicide Prevention Resource Centre**
The Suicide Prevention Resource Centre provides information for adolescents on suicide, self-harm, getting help after suicide, and other topics.

**Toronto Distress Centre**
The Toronto Distress Centre’s Resource Library provides a variety of resources on lived experience, mental health and suicide, suicide intervention, suicide postvention, and suicide prevention.

**Youth Suicide Prevention Program**
This website has resources and information about suicide and self-harm for both youth and adults.