

COVID-19








(COVID-19)

Waxa laga filanayo tallaalkaaga COVID-19

(What to expect with your COVID-19 immunization)

Waxaan halkaan u joognaa inaan adiga ku caawino. Halkaan waxaa ah waxa dhici doona.

Inta lagu jiro balantaadawa xaa:

-  Laga baarayaa aastaamaha COVID-19 iyo xaqiiqaha halista
-  Laga dalbayaa inaad jeermiska ka dishid gacmahaaga, badeshid maaskarahaaga oo aad lasoo baxdo aqoonsigaaga
-  Lagu fariisinayaa tallaalkaaga
-  Lagu ogeysiinayaa wax ku saabsan sida lagu tallaalayo iyo tallaalka lagugu mudayo
-  Laga dalbanayaa inaad kor u laabto mid ka mid ah gacmaha shaatiga oo waxaa laga durayaa dhanka sare ee gacanta
-  Lagu siinayaa warbixinta ku saabsan sida aad dareemi kartid cirbada kadib
-  Laga dalbanayo inaad sugtid 15-30 daqiiqo bixitaanka ka hor

Sidaas ayay u fudutahay! Wixii macluumaad dheeraad ah ee ku saabsan tallaalkaaga, booqo ahs.ca/covid19.

Waan ku wada jirnaa midaan.
Waan ka wada bixi doonaa.

(We're in this together. We'll get through it together.)