

Date: December 7, 2021

To: Provincial Seniors Health & Continuing Care
All Zones Seniors & Continuing Care Leadership Teams

From: Kimberly Nickoriuk, Policy, Practice, Access & Case Management Director, PSHCC

RE: Post COVID-19 Rehabilitation in Post-Acute and Continuing Care - Frequency of Screening, Assessment and Reassessment Implementation and Resources

The following resources have been approved and posted to support clinical screening and follow up for clients who have been diagnosed with and are recovering from COVID-19. This includes clients who have recovered. The clinical recommendations for screening, assessment and reassessment align with best practice recommendations and emerging evidence for the screening and treatment of post COVID or long COVID syndrome.

AHS Provincial Seniors Health and Continuing Care, with the support and expertise of the Post COVID-19 Rehabilitation Task Force and sub-working group for Post-Acute and Continuing Care, have developed resources applicable to health care providers in home living, designated supportive living (DSL), long term care (LTC), hospice, and post-acute/restorative care settings.

Resources for Post COVID Rehabilitation in Post-Acute and Continuing Care are available on the [COVID-19 Recovery & Rehabilitation After COVID-19: Resources for Health Professionals | Alberta Health Services](#) webpage and include three resources to support implementation of screening and reassessment.

- Post-Acute and Continuing Care
 - [Post COVID-19 Patient in Continuing Care Screening](#)
 - [Post COVID-19 Rehab in Continuing Care Frequency of Screening, Assessment and Reassessment](#)
 - [Post COVID-19 Rehab in Continuing Care FAQ](#)

For more information about recovery and rehabilitation after COVID-19, access the following resources:

- Health professionals - [COVID-19 Recovery & Rehabilitation After COVID-19: Resources for Health Professionals | Alberta Health Services](#)
- Patients - [COVID-19 Getting Healthy After COVID-19 | Alberta Health Services](#).

For additional information or to connect with the implementation lead in your zone email kimberly.nickoriuk@ahs.ca.