



# CORONAVIRUS COVID-19

HELP  
PREVENT  
the SPREAD

## What is COVID-19?

**COVID-19** is an illness caused by a virus and is **VERY** contagious.

**COVID-19** is **NOT** the flu.  
**COVID-19** is **NOT** a cold.



**COVID-19** is a public health emergency right now.

**Over 250,000 people have died from the virus worldwide. The number is growing.**

Seniors and Elders are at a higher risk of getting very sick and even dying with this virus.

You can pass COVID-19 to other people even if you don't feel sick. This is why we are asking that you keep your distance from your grandchildren and other family members.

Not feeling well? Symptoms may be different in the elderly, get **TESTED** to make sure. Call **811**, or contact your local **Health Centre**.



Information: [www.ahs.ca/covid](http://www.ahs.ca/covid)



For Help Call: 811

 Alberta Health  
Services

