










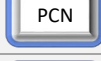



## Edmonton Zone Targeted/Personalized Health Services for Long COVID

### Primary Care version (By Type of Service Provided)

(Service Inventory with Web Links)

April 2022




There are a variety of health services within the zone that can support individuals experiencing symptoms related to post-covid. In the Edmonton Zone, the **COVID Rehabilitation and Recovery Access line (CRRA) at 780-868-8734** is available to support referral decision making by health care providers.

Rehab Service/Clinic	Web Links <small>• Alberta Referral Directory (ARD) • Primary Care Network (PCN) • University of Alberta (UAH)</small>	Specialized Medical Management	Health Call Lines	Day Programs	Generalized Rehab <small>Education, group therapy</small>	Specialized Rehab <small>Individualized therapy, intense therapy</small>	Location in the City
Addictions & Mental Health Access			✓				Central
AHS Virtual Hospital – Edmonton Zone Virtual Hospital (EZVH)		✓					--
Cardiac Rehabilitation Program					✓	✓ Cardiac	Cental
Chronic Disease Management Better Choices Better Health (BCBH)					✓		--
Chronic Disease Management Occupational Therapy (CDM OT)					✓		Central
Community Rehabilitation Interdisciplinary Services (CRIS)						✓ PT/OT/SLP	East/West/Central
Comprehensive Home Option Integrated Care for the Elderly (CHOICE)				✓		✓	North
Corbett Hall Student Physical Therapy Clinic *					✓	✓	Central
Outpatient and Community Physiotherapy Services (OCPS)					✓	✓ PT	Various
PCN COVID-19 Recovery Clinic		✓			✓		North
Long COVID-19 Inter-Professional Outpatient Program (IPOP)		✓			✓		Central
Pulmonary Rehab					✓		Central
Rehabilitation Advice Line (RAL)			✓				--

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Restorative CHOICE - South				✓	✓	✓	South
Specialized Rehabilitation Outpatient Program (SROP) - Adult						✓ PT/OT/Pysch	Central
Supervised Transitional Exercise Program (STEP)					✓		Various

**\*Fee for service**