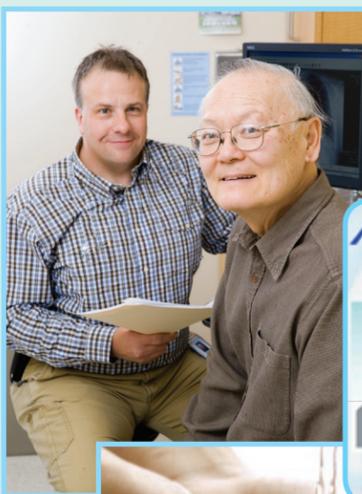


Safer Together

Patients and families can play a vital role in making care safe by being aware, informed and actively involved as a member of their health care team. Here are some ways that you can work with us to help make sure your care is safe.



Ask. Listen. Talk

Ask about your healthcare plan. Listen and ask for more information if you don't understand. Talk about your concerns, needs and priorities.

Verify Your Personal ID

We routinely ask you to confirm your identity. We haven't forgotten who you are. This is a safety precaution.

Clean Your Hands

Keeping hands clean is the best thing you can do to prevent the spread of infections. Please remind others to clean their hands.

Know Your Own Medicine

Know what your medications are for and how to take them (e.g. with food). Please make a list of all medications you are taking.

Prevent Falls

Most falls are preventable. Falling can result in serious injury. Look around, slow down, hold onto something, ask for assistance and be cautious.

We are committed to partnering with you in providing safe care throughout Alberta Health Services.

Thank you to the patients and families who assisted in the creation of this poster.

Health Link Alberta

Call toll free:

1-866-408-LINK (5465)

Edmonton: 780-408-LINK

Calgary: 403-943-LINK