

# Protect your child's teeth

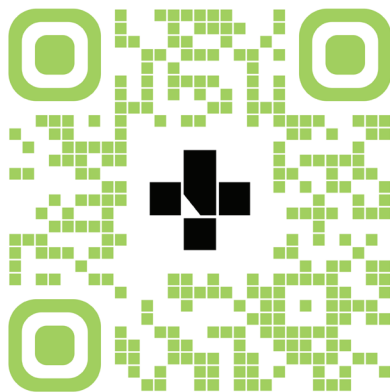


## Free fluoride varnish

Start your child's visits early—between 12 and 35 months (1 and 2 years) old.

- Fluoride varnish helps protect your child's teeth from tooth decay (cavities), and slows down decay already started.
- Your child can get tooth decay as soon as they have teeth.

Scan to learn more about  
free fluoride varnish



For more information,  
visit: [ahs.ca/oralhealth](https://ahs.ca/oralhealth)

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