

High Calorie Preterm Infant Formula from Powder

Use the scoop from the can to measure the formula in this recipe.



Recipe (calories/oz)	Brand Powdered Infant Formula	Amount of Formula (scoops)	Amount of Water (mL)
24	<input type="checkbox"/> Enfamil A+ EnfaCare	2	105
	<input type="checkbox"/> Similac Neosure Omega-3 & Omega-6	6	315

Products are subject to change which may impact the above recipes.

Formula selection should be discussed with health care provider prior to discharge from hospital and prior to any formula change.

For Registered Dietitian referrals see **Nutrition Counselling- Pediatric** on the [Alberta Referral Directory](#)