

Psychological First Aid Training

The **Medical Response Training for Metis Settlements** program (a partnership between the Metis Settlement Health Board and Alberta Health Services) is inviting Metis Settlement members, staff, and volunteers to register for **Psychological First Aid (PFA) for Indigenous Communities Training**.

About PFA Training

Psychological First Aid (PFA) is an internationally recognized method of support intended to help people during and immediately after a disaster or emergency. It uses a holistic, community wellness approach to help reduce levels of emotional distress for individuals, families, and communities through practical care, compassion, connection, and support from others. AHS Psychological First Aid for Indigenous Communities teaches disaster responders how to provide inclusive, community-focused psychosocial support essential to disaster response and recovery.

Who Should Attend?

- Metis Settlements members, leaders, administration staff, and volunteers who can benefit from training to address needs in the community.

Training Cost: Free

Session Length: 1 day

How to Register

All PFA sessions are complete, we are no longer accepting registrations.

Questions?

Read the [FAQ](#) or email MetisTraining@ahs.ca