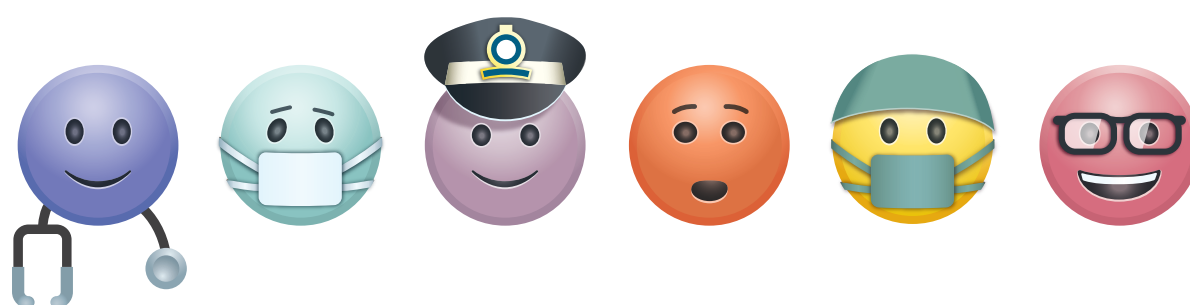


# REMEMBER TO BREATHE.

We'll get through this.

Ask. Listen. Share. Connect.



**Safe Care, Together**

Preventing Workplace Harassment  
and Violence

[ahs.ca/safecaretogether](https://ahs.ca/safecaretogether)

