# Medical Staff Update

This Issue: 2024 Annual Information Verification Attestation; Physician Learning; General Surgery Joining FAST; Rural Education Supplement and Integrated Doctor Experience Program; Career Opportunities; Resources and Supports for Physicians; News from the AHS Update and more.

AHS recognizes that our work takes place on historical and contemporary Indigenous lands, including the territories of Treaty 6, Treaty 7 and Treaty 8, and the homeland of the Métis Nation of Alberta and eight Métis Settlements. We also acknowledge the many Indigenous communities that have been forged in urban centres across Alberta.

Note: Recognizing some medical staff use an alternate email address instead of an AHS email address, some information is duplicated from the AHS Update to ensure all AHS medical staff have all up-to-date organizational information that may impact their practice.

# **Topics:**

### **Medical Affairs News**

- 2024 Annual Information Verification Attestation (AIVA)
- Registration open for trauma informed teachings
- Physician learning
  - o Mindful Practice in Medicine Workshop Feb. 21-24
- General surgery to join FAST province-wide
- Apply to the Rural Education Supplement and Integrated Doctor Experience (RESIDE) program
- Career opportunities
- Support for physicians
- Additional resources for physicians

## From the AHS Update

- Action on Our Priorities
- Your Wellness
- Latest News
  - MyAHS Connect Proxy access changes
  - Update your Apple device to the latest operating system
  - Next Disaster Rounds lunch 'n' learn on ethics in evacuation

## **Medical Affairs News**

## 2024 Annual Information Verification Attestation (AIVA)

On Jan. 22, you will have received an initial notification for your 2024 AIVA, which is due Feb. 17.

We'd also like to remind you that AIVAs have a new look this year. The Service Now platform upgraded, allowing for opportunities to improve user experience. You will be able to navigate pages, rather than tabs and will be prompted to confirm you have reviewed a page before moving to the next. Progress is saved, so, if you are pulled away, you can return to your AIVA and complete it within the same day. You will also receive a PDF copy of your completed AIVA via email.

We still anticipate the AIVA should take on overage about five minutes to complete.

# **Registration Open for Trauma Informed Teachings**

Trauma Informed Leadership Training (TILT), Trauma Aware Culture Training (TACT) and Trauma Informed Protective Strategies (TIPS) are available for registration on <a href="MyLearningLink">MyLearningLink</a>.

Each course is held monthly from 12 p.m. – 1:30 p.m. or 4 p.m. – 5:30 p.m. Sessions will be 90 minutes total and will consist of 1 hour of content and 30 minutes of debrief and Q&A. The debrief and Q&A section is optional to attend.

Facilitated by AHS certified Community and Workplace Traumatologists, these sessions focus on trauma informed leadership practices, trauma aware principles and trauma protective strategies to create and foster a healthy workplace culture. This course offering is available to anyone who is interested.

These courses are an Accredited Group Learning Activity (Section 1) as defined by the Maintenance Certification Program of the Royal College of Physicians and Surgeons of Canada.

TILT	TACT	TIPS
Feb. 22	Feb. 7	Feb. 13
Mar. 14	Mar. 7	Mar. 19
Apr. 16	Apr. 3	Apr. 23
May 7	May 14	May 23

Ad hoc sessions for department teams are available upon request by contacting <a href="mailto:mdcultureshift@ahs.ca">mdcultureshift@ahs.ca</a>.

There are many learning and development opportunities outside of AHS offered to physicians. Here are some upcoming opportunities:

- Mindful Practice in Medicine Workshop Feb. 21-24
  - Last day to register is Feb. 15

## General surgery to join FAST province-wide

On February 26, general surgery will join the Facilitated Access to Specialized Treatment (FAST) program in Central, South, North and Calgary Zones. General Surgeons practicing in Edmonton Zone are already receiving referrals via FAST.

FAST is a central access and intake program that receives surgical referrals and sends them to a next-available surgeon with the shortest wait time, to a specific provider/clinic/site or an out of Zone provider.

A sneak peek of the provincial general surgery referral pathway launching in February can be <u>viewed here</u> and the new provincial general surgery FAST referral form is coming soon.

FAST will be expanded to all surgical specialties by 2025. More information can be found at <a href="mailto:ahs.ca/FAST">ahs.ca/FAST</a>.

# Apply to the Rural Education Supplement and Integrated Doctor Experience (RESIDE) program

The Rural Education Supplement and Integrated Doctor Experience (RESIDE) Program is designed to address challenges in patient access to physicians and health services in rural and remote areas of the province by supporting new-in-practice physicians to explore living and working in rural Alberta. The RESIDE program lets you go where your diverse skill set is most needed, enabling you to work within your full scope of practice while enjoying a rewarding and affordable lifestyle in rural Alberta.

Selecting rural communities is based on criteria set by the Government of Alberta's rural remote communities which have an immediate need for physicians. You may be eligible for a physician retention grant worth up to \$120,000 if you RESIDE in rural Alberta. Successful participants who elect to go to any of these communities will receive up to \$80,000 for a two-year return-of-service term or up to \$120,000 for a three-year return-of-service term.

Note: Applicants must not already have a signed offer letter for a full-time family medicine position in a RESIDE-eligible community.

The RESIDE application deadline is March 31. More information is available at Rhpap.ca/reside.

## **Career opportunities**

Practice opportunities across a broad range of specialties are available. All vacant AHS physician practice opportunities are posted on our physician recruitment website, <u>Doctor Jobs Alberta</u>.

## Support for physicians

The <u>Physician & Family Support Program</u> (PFSP) continues to offer CONFIDENTIAL services on an individual basis that you can access by calling the 24-hour assistance line at 1-877-767-4637.

AHS also has resources aimed at offering support to physicians. These are available online:

- Webinar
- Resource Guide

## Additional resources for physicians:

- AHS Virtual Health
- CPSA's Physician Portal
- <u>Cumming School of Medicine Continuing Medical Education (CME)</u>
  Resources
- How to Access AHS Insite and Email
- IPC Emerging Issues
- MD News Digest
- Physician & Family Support Program 1-877-SOS-4MDS (767-4637)
- Physician Wellness Educational Resources: Well Doc Alberta
- Support Services: Well Doc Alberta

# From the AHS Update

You can read the full version online.

## Action on Our Priorities

## Refocusing healthcare — Attend an in-person engagement

Register for local in-person sessions with government leaders to share your ideas and shape the future of healthcare. (more...)

## Health Workforce Strategy highlight – First-year turnover rate

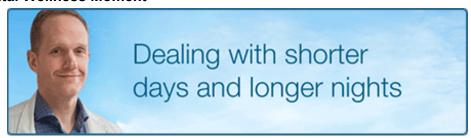
Provincial resources are being developed to reduce the first-year turnover rate at AHS. (more...)

## Your Wellness

## More support with depression care and trauma care services

Prioritize your well-being with depression and trauma care services offered by our Employee and Family Assistance Program. (more...)

#### **Mental Wellness Moment**



Although days are starting to get longer, we've had several months of short days. Dr. Nicholas Mitchell has some coping tips. (more...)



## Latest News

# **MyAHS Connect Proxy access changes**

A new workflow is in place for all Connect Care users that changes eligibility for proxy access to MyAHS Connect youth accounts. (more...)

## Update your Apple device to the latest operating system

If you use an Apple iPhone, iPad or Mac computer (AHS-provided or your own), please update to the latest operating system. (more...)

Next Disaster Rounds lunch 'n' learn on ethics in evacuation

Register for the Feb. 28 Disaster Rounds online lunch 'n' learn to join a discussion on ethical considerations in hospital evacuations. (more...)

