

## **PROMOTING A POSITIVE BREASTFEEDING EXPERIENCE**

Alberta's go-to breastfeeding course for health care professionals

Promoting a Positive Breastfeeding Experience will be 20 hours of free CME accredited, self-paced online learning designed to enhance your knowledge & confidence in supporting breastfeeding families to achieve their breastfeeding goals.

COURSE OUTLINE Modules available now

Modules in development (will be released as they are complete)

## FOUNDATIONS FOR WORKING WITH FAMILIES (4 HOURS)





## **BREASTFEEDING ESSENTIALS (16 HOURS)**



**Breastmilk Expression & Supplementation** 

**Practices that** Support Breastfeeding

Breastfeeding Transitions

**Breastfeeding** Support for Preterm & Sick Infants

## Visit <u>ahs.ca/hcpbreastfeeding</u> to register and learn more.