The Primary Care – Chronic Disease Management Overview for Health Care Professionals is designed for clinicians who are new to their role and/or needing a refresher of CDM education.

We welcome you to register for any sessions. There is no cost for registration.

Attention Rural Managers: If you wish to offer a telehealth session(s) in your area, please content Loretta Cruise at loretta.cruise@ahs.ca.

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**Basic Diabetes**

**Location:** RRDTC  
8:00 a.m. – 4:00 p.m.  
**October 4, 2019**

The basic workshop provides large and small group practice sessions and scenarios for all aspects of diabetes appointments from setting agendas to advising and assisting clients on management options. The focus is on patient’s safety, individualizing targets and care, and on preparing you for real-life scenarios.

**Intermediate Diabetes**

**Location:** RRDTC  
8:00 a.m. – 4:00 p.m.  
**October 7, 2019**

The intermediate workshop includes large and small group practice intensifying diabetes management through further adjustment of diabetes agents, together with diet, and the teaching of insulin starts.

**Advanced Diabetes**

**Location:** RRDTC  
8:00 a.m. – 4:00 p.m.  
**October 21, 2019**

Participation in the Basic and Intermediate workshops is encouraged prior to attendance. The full day Advanced Diabetes Workshop focuses on developing and adjusting basal bolus insulin therapies in type 1 and type 2 diabetes. Case studies include scenarios to create and adjust ICRs (insulin to carbohydrate ratios), ISFs (insulin sensitivity factors), insulin pump basal rates as well as basal/bolus sliding scales. There is significant case work to analyze glucose records. Participants have commented on their appreciation of the Endocrinology and Metabolism Program’s Desktop Guidelines for Insulin Adjustment. This step-based tool is used in numerous case scenarios to quickly analyze glucose records and adjust insulin, even with erratic blood glucose readings.

Participants are advised to bring a calculator, pen and paper.

**COPD & Asthma Education Day**

**Location:** RRDTC  
**Room:** Solarium  
**October 23, 2019**

**9:00 a.m. – 3:00 p.m.**

Objectives:

- Understanding the differences in pathophysiology of asthma and COPD

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For more information, contact loretta.cruise@ahs.ca

As of April 24, 2019
Learn how the disease process impacts the quality of life of these patients, the importance of self-management, monitoring, and action plans

- Identifying the early detection of COPD
- Discussing the spirometry as an objective measurement of lung disease
- Reviewing devices and pharmacotherapy
- Identifying strategies to manage and refer patients with asthma, COPD, or smokers at risk

CDM Information Day

**September 9, 2019**  
Location: RRDTC  
Room: 1873  
Representatives from the Calgary Zone Chronic Disease Management programs will present an overview of the following programs:

- Alberta Healthy Living Program
- COPD/Asthma program
- Better Choices, Better Health
- Diabetes, Hypertension & Cholesterol Centre
- Southern Alberta HIV Clinic
- Calgary Pain Centre
- Primary Care Overview
- Indigenous CDM & Other Indigenous Programs

Cardiac Education Day

(Telehealth Session)  
**November 4, 2019**  
Location: Southport Tower  
Room: 1003  
Objectives:

- Become familiar with the Coronary Artery Disease
- Learn about congestive heart failure prevention, approach to assessment and management
- Become familiar with the multisystem syndrome of heart failure

Renal Education Day

(Telehealth Session)  
**November 20, 2019**  
Location: Southport Tower  
Room: 1003  
Objectives:

- Overview on chronic kidney disease (CKD) pathophysiology
- Overview of risk factors and management of CKD – case studies
- Diabetes and CKD
- Conservative Kidney Management
Person Centred Practice using HealthChange® Methodology  
Full Day

Multi Dates  
9:00 a.m. – 3:00 p.m.

The HealthChange® Methodology can be applied to any setting where clients or patients are required to take some action to achieve better health or quality of life outcomes:

- Supporting client engagement and decision-making
- Increasing client adherence to evidence-based lifestyle & treatment advice
- Integration of patient-centered communication & behavior change support into clinical practice in an effective and time-efficient way

**NOTE:** This course requires special registration procedures.
- AHS learners: please register for HealthChange® Methodology on MyLearningLink (on Insite).
- Non-AHS learners: please register by emailing phc@ahs.ca or call 1-855-943-2366

ONLINE Diabetes Learning Module for Healthcare Professionals

This online module supports the content in the Basic, Intermediate and Advanced Diabetes workshops for healthcare professionals.

**NOTE:** This course requires special registration procedures.
- Please email bev.madrick@ahs.ca, dave.dyjur@ahs.ca and sherri.deroo@ahs.ca to request a username and password and to receive access instructions