

Influenza-like Illness Outbreak

Manage an outbreak in LTC, DSL and Hospice sites

All staff share the responsibility for keeping residents safe. Complete the following actions when an influenza-like illness outbreak is confirmed. This checklist provides general measures only – refer to the corresponding section in the [Guide for Outbreak Prevention & Control in Long Term Care, Designated Supportive Living, and Hospice Sites](#) for detailed recommendations. When applicable, follow site-specific policies.

Infection Prevention Control measures	Guide Section
<input type="checkbox"/> Isolate confirmed and symptomatic residents.	4.1
<input type="checkbox"/> Implement IPC recommendations in Figure 2 : <ul style="list-style-type: none">Place additional precaution signage outside room of confirmed and symptomatic residents.Wear recommended PPE (including mask/respirators, gloves, gown and eye protection).Conduct an Infection Prevention and Control Risk Assessment (IPCRA) prior to every resident interaction.Perform hand hygiene and practice respiratory etiquette.	4.1
<input type="checkbox"/> Use continuous masking and eye protection the duration of the outbreak.	5.1
Administrative measures	Guide Section
<input type="checkbox"/> Notify appropriate HCW/staff and departments within the facility/unit.	5.2
<input type="checkbox"/> Place outbreak signage at the entrance of the facility/unit.	5.2
<input type="checkbox"/> Report daily using the online Facility CDC Outbreak Daily Report Portal (and to IPC as per zone process).	5.2
<input type="checkbox"/> Assign HCW/staff to care for asymptomatic residents before symptomatic residents.	4.2
<input type="checkbox"/> Cohort HCW/staff to work only in affected or only in unaffected areas.	4.2
<input type="checkbox"/> Inform residents, families/guardians/agents of the outbreak.	5.2

<input type="checkbox"/> Alert transport staff and the receiving site to use additional precautions if a symptomatic resident is attending another site for an appointment.	5.6
Resident restrictions	Guide Section
<input type="checkbox"/> Follow resident restrictions on isolation and masking. Recommendations vary depending on whether a specific pathogen has been identified.	7.3
Group/social activities and other events	Guide Section
<input type="checkbox"/> Allow asymptomatic residents to take part in daily activities.	5.7
<input type="checkbox"/> Follow the AHS Public Health Outbreak Team direction on whether to continue with group activities.	5.7
<input type="checkbox"/> Use outbreak measures such as physical distancing, masking and hand hygiene for low-risk group activities that may continue.	5.7
<input type="checkbox"/> Postpone high-risk group activities (such as singing, bus outings, large group activities).	5.7
Nourishment areas / sharing of food	Guide Section
<input type="checkbox"/> Deliver meals to confirmed or symptomatic residents in their rooms.	5.8
<input type="checkbox"/> Use single serve items and discontinue family style dining if recommended by the AHS Public Health Outbreak Team.	5.8
Visitors and Designated Family / Support Persons (DFSPs)	Guide Section
<input type="checkbox"/> Follow any visitor restrictions as recommended by the AHS Public Health Outbreak Team.	5.10
<input type="checkbox"/> Recommend visitors/DFSPs wear a mask while in common areas at the facility.	5.1
<input type="checkbox"/> Recommend symptomatic visitors/DFSPs delay visit.	4.10
<input type="checkbox"/> Advise visitors/DFSPs of the importance of hand hygiene.	4.10
<input type="checkbox"/> Advise visitors/DFSP of the potential risk of exposure to a symptomatic resident and demonstrate the use of additional PPE.	4.10
HCW/staff outbreak control measures	Guide Section
<input type="checkbox"/> Advise symptomatic HCW/staff to report illness to manager/designate and to not attend work.	4.11
<input type="checkbox"/> Advise symptomatic HCW/staff to follow recommendations in Table C for COVID-19 at-home Rapid Antigen Testing.	4.11

- Advise HCW/staff who develop symptoms at work to put on a mask, inform manager/designate and leave the workplace as soon as possible. 4.11

Specimen collection	Guide Section
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- Follow the AHS Public Health Outbreak Team specimen collection recommendations for symptomatic residents. Specific direction will be provided on the number and type of specimens to collect. 4.12

- Ensure proper specimen collection, handling, and labelling (including EI#) when specimen collection is recommended by the AHS Public Health Outbreak Team. 4.12

Enhanced environmental cleaning and disinfection	Guide Section
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- Perform cleaning using PPE and recommended cleaning products. 4.13

- Follow **recommendations** in [Principles for Environmental Cleaning and Disinfection](#). 4.13

- Enhance cleaning and disinfection frequency.
 - Clean and disinfect low touch surfaces at least once per day and high touch areas at least twice per day.
 - Immediately clean and disinfect visibly dirty surfaces.
 4.13

- Conduct a post isolation/additional precautions cleaning and disinfection when the outbreak is closed. 10