

QuRE Patient & Caregiver Consultation Checklist

REFERRING PROVIDER INFORMATION

Name, phone, fax, indicate if different from family doctor

SPECIALIST INFORMATION

Name, phone, fax, specialty

PURPOSE OF APPOINTMENT

- What condition or symptoms are you seeing me for?

DIAGNOSIS

- Are you diagnosing me with something? If so, what?
- How certain are you that this is the condition?
 - Could it be something else? If so, what?
- Are there any other tests that can be done to confirm this?
- How will this condition affect me?
- Are these effects long-term?
- Is this condition permanent?

Use this tool to help you ask key questions when meeting with your primary care provider or specialist

PLAN

- What will my care plan be?
- What are the risks and benefits of this plan?
- What are my other treatment options?
- What are the risks and benefits of not treating this condition?
- How will I know if this plan is working?
- If this plan does not work, what should I do?

FOLLOW-UP

- Will I see you again? When?
- Are you taking over the care of this issue from the doctor that sent me?
 - What do I do if my condition gets worse?
- Are you planning to send me to see any other healthcare providers?
- Will you provide the details of this appointment to my primary care/referring provider?
- When will my primary care/referring provider hear about today's visit?
- Where can I get more information?

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QuRE is a joint project between Alberta Health Services (AHS), the University of Calgary, the University of Alberta and Primary Care Networks (PCNs) across Alberta.

