

## EMERGENCY *(Patient needs to be seen immediately)*

- Hemoptysis (Active &  $\geq 2$  TBSP per day)
- Hypoxemia (if resting O<sub>2</sub> SAT  $\leq 85\%$ )
- Pulmonary embolism (Acute - known or suspected)

➔ Refer directly to the emergency department or Call RAAPID (South: 1-800-661-1700) and ask for respirologist on-call.

For same day advice, call Specialist Link (M-F: 8am to 5pm); after hours call RAAPID and ask for respirologist on-call.

- Known or suspected active tuberculosis

➔ Call the Calgary TB Clinic immediately during normal business hours (PH: 403.944.7660 | Monday to Friday: 8:00am to 4:30pm)

OR

Call RAAPID (South: 1-800-661-1700) and ask for the TB doctor on-call.

## ASK FOR ADVICE *(Specialists provide advice to physicians for non-urgent questions.)*

eReferral eConsult (Long COVID-19 only)  
[www.albertanetcare.ca/ereferral.htm](http://www.albertanetcare.ca/ereferral.htm)  
 Log into Alberta Netcare and submit your questions with any pertinent documents electronically.  
 Get a response within 5 calendar days.

OR  
 Calgary Zone (calls returned within one hour): Visit [specialistlink.ca](http://specialistlink.ca) to request tele-advice, and for more information. Tele-advice is available Monday to Friday (except statutory holidays).

## OUTPATIENT CLINICS

*\*Indicate a clear reason for referral and any confirmed diagnosis to assist in directing your referral.*

- Provide all required information and specific tests/investigations.
- Select referral locations (*Go to last page for referral processes*)
- See [QuRE Referral Consult Checklists](http://www.ahs.ca/QuRE) ([www.ahs.ca/QuRE](http://www.ahs.ca/QuRE)) for high-quality referral!

EXCLUSIONS: n/a

## REFERRAL PROCESS

### CLINICS / DIRECTORIES

### CONTACT

Pulmonary Consulting Services – PCAT (Pulmonary Central Access & Triage)  
 Receipt of referral will be confirmed with the referring provider within 2 days of receipt.  
 Referrals will be forwarded to subspecialty services as appropriate.  
 Patients are seen in the outpatient departments at four acute care sites:  
 Foothills Medical Centre (FMC), Peter Lougheed Centre (PLC), Rockyview General Hospital (RGH), South Health Campus (SHC)

PH: 403.943.4718 | FX: 403.592.4201

Visit Alberta Referral Directory (<https://albertareferraldirectory.ca>) for more individual clinic contact information.

REASON FOR REFERRAL	PROCESS	MANDATORY INFO (essential investigations & timeframe)	ACCESS TARGET
ASTHMA EDUCATION	Refer to Pulmonary Central Access and Triage.  Note: Patient will be assessed by a Certified Respiratory Educator, but will not be reviewed by a Respiriologist. This assessment may include spirometry - as the referring physician you will also be deemed the responsible physician for spirometry results. If you would like the patient to be seen in consult by a Respiriologist, please select "Asthma Consult" as the reason for referral.	No additional information required	15 business days
ASTHMA CONSULT	Refer to Pulmonary Central Access and Triage.  Note: Patient will be seen by a Respiriologist and a Certified Respiratory Educator.	<12 Months • Chest x-ray (only if age >40) • Spirometry	15 business days
BRONCHIECTASIS	Refer to Pulmonary Central Access and Triage.	<12 Months • CT Chest	15 business days
COPD EDUCATION	Refer to Pulmonary Central Access and Triage.  Note: Patient will be assessed by a Certified Respiratory Educator, but will not be reviewed by a Respiriologist. This assessment may include spirometry - as the referring physician you will also be deemed the responsible physician for spirometry results. If you would like the patient to be seen in consult by a Respiriologist, please select "COPD Consult" as the reason for referral.	No additional information required	15 business days
COPD CONSULT	Refer to Pulmonary Central Access and Triage.  Note: Patient will be seen by a Respiriologist and a Certified Respiratory Educator.	<12 Months • Chest x-ray • Spirometry	15 business days
CHRONIC COUGH	Refer to Pulmonary Central Access and Triage.	Any history of: • Asthma, COPD, cough duration (>8 weeks) <6 Months • Chest x-ray • Spirometry	15 business days
DYSPNEA (SHORTNESS OF BREATH) <i>Includes:</i> Breathlessness / Difficulty breathing / SOB – shortness of breath	Refer to Pulmonary Central Access and Triage.	Any history of: • Asthma, COPD <6 Months • Chest x-ray • Spirometry	15 business days

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<b>HEMOPTYSIS</b> <i>Includes:</i> Coughing up blood	<b>If Active &amp; ≥2 TBSPs (30cc) per day, send the patient immediately to an Emergency Department.</b>	n/a	n/a
	If Active & <2 TBSPs (30cc) per day or there is past history but not active/intermittent, refer to Pulmonary Central Access and Triage.	<ul style="list-style-type: none"> <li>Duration and amount (TBSPs or mls per day) &lt;1 Month</li> <li>Chest x-ray</li> </ul>	Urgent: 3 business day Non-urgent: 15 business days
<b>HYPOXEMIA</b> <i>Includes:</i> Arterial hypoxemia / Low oxygen	<b>If resting O<sub>2</sub> SAT ≤85%, send the patient immediately to an Emergency Department.</b>	n/a	n/a
	If resting O <sub>2</sub> SAT >85%, refer to Pulmonary Central Access and Triage.	No additional information required	15 business days
<b>ILD - INTERSTITIAL LUNG DISEASE (PULMONARY FIBROSIS)</b> <i>Includes:</i> Chronic hypersensitivity pneumonitis / Diffuse parenchymal lung disease / DIP – desquamative interstitial pneumonia / HP – hypersensitivity pneumonitis / Lung scarring / LIP – lymphocytic interstitial pneumonia / NSIP – nonspecific interstitial pneumonia / Pneumoconiosis / UIP – usual interstitial pneumonia	Refer to Pulmonary Central Access and Triage.	<12 Months <ul style="list-style-type: none"> <li>Chest x-ray or CT Chest</li> </ul>	15 business days
<b>LONG COVID-19</b>	Refer to the Long COVID Interprofessional Outpatient Program.  For eligibility requirements and additional information, visit the <a href="#">Alberta Referral Directory</a> .	<1 month:  <ul style="list-style-type: none"> <li>Medication list (dose, frequency, route)</li> <li>Past medical history</li> <li>Chest X-ray</li> <li>Complete blood count</li> <li>Creatine</li> <li>Electrolyte panel</li> <li>Postural vital signs</li> <li>Ongoing fatigue 12 weeks post COVID infection.</li> <li>Ongoing anxiety or issues with mental health 12 weeks post COVID infection. Please note: People with unstable mental health issues need to be referred to psychiatry</li> </ul>	40 calendar days

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LUNG TRANSPLANT ASSESSMENT	Refer to Pulmonary Central Access and Triage.	No additional information required	15 business days
LYMPHADENOPATHY (HILAR / MEDIASTINAL)	Refer to Pulmonary Central Access and Triage.	<6 Months • Chest x-ray or CT Chest	15 business days
MEDIASTINAL MASS <i>Includes:</i> Anterior mediastinal mass / Bronchogenic cyst / Mass of mediastinum / Mediastinal germ cell tumour / Thymoma	Refer to the Calgary Zone Alberta Thoracic Oncology Program (ATOP), Foothills Medical Centre Health Sciences Centre, Area 6B, 1403 29 Street NW, Calgary, AB T2N 2T9 PH: 403.944.1774   FX: 403.944.8848	<3 Months • CT Chest	15 business days
NEUROMUSCULAR RELATED RESPIRATORY DISORDER <i>Includes:</i> Combined disorder of muscle AND peripheral nerve / Diaphragm paralysis / Myoneural disorders / Myotonic dystrophy / Scoliosis	Refer to Pulmonary Central Access and Triage.	No additional information required	15 business days
PLEURAL EFFUSION <i>Includes:</i> Pleural fluid	Refer to Pulmonary Central Access and Triage.	Any history of: • Cancer (metastatic), cytology proven malignant effusion • Recent (within 2 months) history of pneumonia or empyema <1 Month • Chest x-ray or CT	15 business days
PLEURAL DISEASE <i>Includes:</i> Chylothorax / Empyema / Fibrothorax / Hemothorax / Mesothelioma / Para-pneumonic effusion / Pleural cuirasses / Pleural fibrosis / Pleural Metastases / Pleural plaque / Pleural scarring / Pleural thickening / Pleuritis / Pneumothorax / Rounded atelectasis	Refer to Pulmonary Central Access and Triage.	<6 Months • Chest x-ray or CT Chest	15 business days
PULMONARY EMBOLISM (ACUTE - KNOWN OR SUSPECTED)	Send the patient immediately to an Emergency Department.	n/a	n/a

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<b>PULMONARY EMBOLISM (CHRONIC)</b> <i>Includes:</i> Chronic thromboembolic pulmonary hypertension	Refer to Pulmonary Central Access and Triage.	<12 Months • echocardiogram	15 business days
<b>PULMONARY HYPERTENSION (SUSPECTED OR KNOWN)</b>	Refer to Pulmonary Central Access and Triage.	<12 Months • Echo showing ↑ RVSP or other Echo feature suggesting pulmonary hypertension	15 business days
<b>PULMONARY REHABILITATION</b>	Refer to Pulmonary Central Access and Triage.	Any history of: • COPD, ILD / Pulmonary fibrosis • Able to walk >100m in 6 minutes • Able to walk/transfer independently <6 Months • Spirometry & DLCO	15 business days
<b>RESPIRATORY INFECTION</b> <i>Includes:</i> Aspiration pneumonia / Aspiration pneumonitis / Bronchitis / Empyema / Pneumonia / Purulent bronchitis / Recurrent pneumonia / RTI – respiratory tract infection	Refer to Pulmonary Central Access and Triage.	<6 Months • Chest x-ray or CT	15 business days
<b>SARCOIDOSIS</b> <i>Includes:</i> Sarcoid	Refer to Pulmonary Central Access and Triage.	<3 Months • Chest x-ray or CT	15 business days
<b>SLEEP APNEA</b>	Refer to FMC Sleep Centre Room EG12, Foothills Medical Centre, 1403 29 Street NW, Calgary, AB T2N 2T9 PH: (403) 944-2404   FX: (403) 270-2718  Note: Patient may be asked to do home sleep apnea testing (HSAT) and a questionnaire from the Sleep Centre.	Please refer to the FMC Sleep Centre Website: <a href="https://www.albertahealthservices.ca/info/Page5046.aspx">https://www.albertahealthservices.ca/info/Page5046.aspx</a>	
<b>SUSPECTED LUNG CANCER (PRIMARY OR METASTATIC) – LUNG NODULE(S)</b> <i>Includes:</i> Lung mass / Lung nodule / Lung tumour / Multiple pulmonary nodules / Pancoast tumour / Small cell lung cancer / Solitary pulmonary nodule / Superior sulcus tumour	Refer to the Calgary Zone Alberta Thoracic Oncology Program (ATOP), Foothills Medical Centre Health Sciences Centre, Area 6B, 1403 29 Street NW, Calgary, AB T2N 2T9 PH: 403.944.1774   FX: 403.944.8848	<12 Months • Imaging report (Chest x-ray or CT)	14 days

REASON FOR REFERRAL	PROCESS	MANDATORY INFO (essential investigations & timeframe)	ACCESS TARGET
TB – TUBERCULOSIS	<p>Refer to <a href="#">Calgary Tuberculosis Services</a>.</p> <p>A provincial program that offers complete services to prevent and control tuberculosis (TB) in Alberta. This includes: screening, diagnosing, preventing, treating, and community follow-up.</p> <p>Sunridge Professional Building, 2675 36 St NE #106, Calgary, AB T1Y 6H6 PH: 403.944.7660   FX: 403.291.9185</p>	<p>Tuberculosis provincial referral form <a href="https://www.albertahealthservices.ca/frm-07980.pdf">https://www.albertahealthservices.ca/frm-07980.pdf</a></p>	<p>active TB disease</p> <ul style="list-style-type: none"> <li>• 2 business days</li> </ul> <p>latent TB infection</p> <ul style="list-style-type: none"> <li>• Urgent: &lt;1 month</li> <li>• Non-urgent: &lt;3 months</li> </ul>
TOBACCO CESSATION	<p>Refer to Pulmonary Central Access and Triage.</p> <p>Note: Patient will be assessed by a Certified Respiratory Educator, but will not be reviewed by a Respirologist. This assessment may include spirometry - as the referring physician you will also be <u>deemed the responsible physician for spirometry results.</u></p>	No additional information required	15 business days