Alberta Surgical Initiative Provincial Adult Urology Referral Pathway



About this Pathway

Referral pathways help referring providers know where to send referrals and what information to include. These guidelines were created, updated, and co-designed with primary care, specialty care and patients.



We value all feedback to improve referral pathway. Please share your comments via <u>Online Survey</u> or scan the QR code.

Request Urgent Advice

(when patient may need same day intervention and/or diagnostics without hospitalization; not life threatening)

Call <u>RAAPID</u> urgent tele-advice: RAAPID North: 1-800-282-9911 RAAPID South: 1-800-661-1700

Request Emergency Consultation (when patient needs to be seen immediately)

Call **RAAPID** or send to **Emergency Department via 911** as appropriate.

Includes:

- Acute Scrotal Pain
- Testicular Torsion
- Acute Renal Colic with FEVER
- Genitourinary Trauma
- Genitourinary Tract Foreign Body

Review Clinical Pathway

(for guidance on referral process, if available)

A clinical pathway may be available to guide care options for your patient's condition:

Provincial

- Non-Obstructing Kidney Stone Primary Care Pathway
- <u>Asymptomatic Routine Prostate Specific Antigen (PSA)</u>
 <u>Testing Pathway</u>
- Hematuria Evaluation Primary Care Pathway
- Female Urinary Incontinence Primary Care Pathway
- Renal Mass Primary Care Pathway
- <u>Provincial Adult Gender-Affirming Care Primary Care</u> <u>Clinical Pathway</u>
- Provincial Male LUTS Primary Care Clinical Pathway

Edmonton Zone

Recurrent Urinary Tract Infections in Females

If you have any questions while using a clinical pathway or if a clinical pathway is not available, please request non-urgent advice.

Request Non-Urgent Advice (when uncertain whether to submit a referral)

Access non-urgent specialist advice

By electronic advice (Response within 5 calendar days): Use Alberta Netcare eReferral and submit eConsult request for:

- Urology Issue
- Include Mandatory Investigations as per pathway.

For more information, go to: eReferral, Netcare Learning Centre

Request Non-Urgent Referral (when patient requires non-urgent referral)

Submit a referral as per the process below:

1. Complete a referral letter including the reason for referral. Tip: review the <u>QuRE</u> <u>Referral/Consult Checklist</u> for high-quality referral guidelines. A form is also available: <u>Facilitated Access to Specialized Treatment (FAST) Adult Urology</u> <u>Referral Form</u>.

Edmonton zone: submit referral for the Dianne and Irving Kipnes Urology Centre into eReferral. If you have questions about a referral, please contact 780-407-6600.

- 2. Attach all mandatory information to the referral.
- 3. Fax the completed referral to the FAST (Facilitated Access to Specialized Treatment) central access and intake program as listed in the <u>Program Contacts</u> <u>section</u>. Edmonton zone: submit referral into eReferral.

If you have questions about a previously submitted but unassigned referral, call the FAST office at 1-833-553-3278. If you have questions about an assigned referral, please contact the specialist office directly.

Table of Contents



Bladder/Incontinence	Kidney/Ureter/Adrenal	Genitourinary Disorders	Genitourinary Disorders	Transgender Care
 Bladder Diverticulum Bladder Mass Bladder Stone Bladder Fistula (Documented) Hematuria Gross Hematuria Microscopic (3 or greater rbc/hpf) Urinary Incontinence Neurogenic Bladder Overactive Bladder (OAB) Urachal Cyst Urethral Strictures ** Urinary Retention Acute (With Indwelling Catheter) Recurrent Urinary Tract Infections (UTI) 	 Adrenal Mass Angiomyolipoma (<4cm) Angiomyolipoma (>4cm) Hydronephrosis Kidney Stone (Acute/Ureteric) Kidney Stone Non-Obstructive Renal Cyst Renal Mass 	 Abnormal DRE (New Diagnosis) Elevated PSA (No Previous Prostate Cancer) Elevated PSA (Previous Cancer) Epididymal Cyst Erectile Dysfunction Female Voiding Dysfunction Fistula- Female Urinary Genital Tract Foreskin Problems Includes Phimosis Hematospermia Hydrocele Hypospadias Lower Urinary Tract Symptoms (Male LUTS) Includes BPH, Urethral Strictures, Prostatitis, Male Chronic Pelvic Pain 	 Male Sexual Dysfunction Includes Low Testosterone, Hypogonadism, Ejaculatory Dysfunction, Rapid Ejaculation Penile Mass Cancer Concern Peyronie's Disease Testicular Mass Testicular Mass Testicular Microlithiasis Testicular Pain Chronic (Non-STD) For STD related pain refer to zonal STD clinic Undescended Testicle with Negative BHCG and AFP Urethral Disorder (Female) Vaginal Prolapse Includes Cystocele Vasectomy Vasectomy Reversal Varicocele Fistula Anal Region- Refer to General Surgery 	Orchidectomy (Gender Affirming)



Program Contacts

	North Zone	Edmonton Zone	Central Zone	Calgary Zone	South Zone
Urgent Advice or	RAAPID North	RAAPID North	RAAPID North	RAAPID South	RAAPID South
Emergency Consultation	Tel 1-800-282-9911 www.ahs.ca/RAAPID	Tel 1-800-282-9911 www.ahs.ca/RAAPID	Tel 1-800-282-9911 RAAPID South Tel 1-800-661-1700 <u>www.ahs.ca/RAAPID</u>	Tel 1-800-661-1700 www.ahs.ca/RAAPID	Tel 1-800-661-1700 www.ahs.ca/RAAPID OR Call surgeon-on-call.
Non-Urgent Advice	Netcare eReferral eConsult Submit online albertanetcare.ca/eReferral.htm	Netcare eReferral eConsult Submit online albertanetcare.ca/eReferral.htm	Central Alberta Urology 403-356-9816 Dr. Stephanus Van Zyl 403-358-7654	Calgary Zone FAST Team Tel 1-833-553-3278 ext. 4 Fax 1-833-627-7023	Lethbridge Urology Surgeons 403-524-1411 Dr. Talal Alphin (Medicine Hat) 403-528-2912
Non-Urgent Referral / Consultation	North Zone FAST Team Tel 1-833-553-3278 ext. 1 Fax 1-833-627-7025	Dianne and Irving Kipnes Urology Centre Tel: 780-407-6600 Netcare eReferral Consult Request <u>Submit online</u> <u>albertanetcare.ca/eReferral.htm</u>	Central Zone FAST Team Tel 1-833-553-3278 ext. 3 Fax 1-833-627-7022	Calgary Zone FAST Team Tel 1-833-553-3278 ext. 4 Fax 1-833-627-7023	South Zone FAST Team Tel 1-833-553-3278 ext. 5 Fax 1-833-627-7024



BLADDER/INCONTINENCE					
Reason for Referral	Access Target	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (If available)	
Bladder Diverticulum		ASK FOR ADVICE • North/Edmonton: Use eReferral eConsult • Central: Contact Central Alberta Urology • Calgary: Send referral to Zone FAST Team • South: Contact the local Urologist office directly	< <mark>6 months</mark> • Urinalysis		
Bladder Mass	< 2 weeks	 North/South/Central/Calgary: Send referral to Zone FAST Team 			
Bladder Stone	< 3 months	Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral			
Bladder Fistula (Documented)	< 1 month		< 3 months • CT Cystogram		
Hematuria Gross	< 4 weeks	Refer to: <u>CLINICAL PATHWAY: PROVINCIAL</u> <u>HEMATURIA EVALUATION</u> . • North/South/Central/Calgary: Send referral to <u>Zone FAST Team</u> • Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral	 Creatinine CT Urogram - with indication of "gross hematuria, urology consult pending." 	Do Not Delay Urology Referral for CT results The referral to urology and for CT should made concurrently Ultrasound and Urine CYTOLOGY is not indicated and will be performed by urology as required	
Hematuria Microscopic (≥3 rbc/hpf)	< 3 months		 < 12 months Creatinine, urinalysis x 2 (approx.1 month apart) Renal and bladder ultrasound If patient has had a CT, an ultrasound is not necessary **Hematuria Microscopic must be greater than or equal to 3	Refer to: CLINICAL PATHWAY: PROVINCIAL HEMATURIA EVALUATION and follow risk stratification Urine CYTOLOGY is not indicated and will be performed by urology as required	

	BLADDER/INCONTINENCE					
Reason for Referral	Access Target	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (If available)		
Urinary Incontinence	< 6 months	 Refer to <u>CLINICAL PATHWAY: FEMALE URINARY</u> <u>INCONTINENCE.</u> North/South/Central/Calgary: Send referral to <u>Zone FAST Team</u> North/Edmonton: Send to Dianne and Irving Kipnes Urology Centre via <u>eReferral</u> 	 Pelvic ultrasound (needs to include bladder with PVR) Referral letter should include description of pelvic exam findings 3 months Urinalysis, urine culture, creatinine 			
Neurogenic Bladder	< 6 months	 North/South/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes 	 3 months Creatinine, urinalysis, urine culture Renal and bladder ultrasound 			
Overactive Bladder (OAB)	< 6 months	Linele my Ocastro via a Defermal	 3 months Creatinine, urinalysis, urine culture Renal and bladder ultrasound 			
Urachal Cyst		ASK FOR ADVICE • North/Edmonton: Use eReferral eConsult • Central: Contact Central Alberta Urology • Calgary: Send referral to Zone FAST Team • South: Contact the local Urologist office directly	< 3 months • Abdominal ultrasound			
Urethral Strictures		See "LOWER URINARY TRACT SYMPTOMS (LUTS)" referral process				
Urinary Retention Acute (With Indwelling Catheter)	< 2 weeks	 North/Central/Calgary/South: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	< 2 weeks Creatinine, urinalysis, urine culture 			
Urinary Tract Infections (UTI, recurrent)	< 6 months	 Refer to <u>CLINICAL PATHWAY: RECURRENT</u> <u>URINARY TRACT INFECTIONS IN FEMALES</u> North/South/Central/Calgary: Send referral to <u>Zone FAST Team</u> Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 3 months Creatinine, urinalysis, urine culture Renal and bladder ultrasound Include a copy of medications used for treatment 			

•

KIDNEY/URETER/ADRENAL					
Reason for Referral	Access Target	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (If available)	
Adrenal Mass	< 4 cm: < 4 weeks > 4 cm: Urgent case < 2 weeks	 North/Central/Calgary/South: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 3 months Electrolyte panel (Sodium, Chloride, Potassium and Bicarbonate)-note if using paper requisition please write "electrolyte panel" Creatinine, random glucose, cortisol, 24-hour urine metanephrines CT or MRI abdomen 		
Angiomyolipoma (<4cm)		ASK FOR ADVICE North/Edmonton: Use eReferral eConsult Central: Contact Central Alberta Urology Calgary: Send referral to Zone FAST Team South: Contact the local Urologist office directly 		Confirm with contrast enhanced CT/MRI	
Angiomyolipoma (>4cm)		 North/Central/Calgary/South: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	Confirm with contrast enhanced CT/MRI		
Hydronephrosis	< 4 weeks	 North/Central/Calgary/South: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 3 months Creatinine, urinalysis Renal and bladder ultrasound If CT, no ultrasound needed 		
Kidney Stone (Acute/Ureteric)	< 2 weeks	 North/Calgary/South: Send referral to Zone FAST Team Central: Call RAAPID to speak with Urologist on call Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 30 days Electrolyte panel (Sodium, Chloride, Potassium and Bicarbonate)- note if using paper requisition please write "electrolyte panel" Calcium, creatinine, urinalysis Kidney Ureter Bladder (KUB) x-ray and renal colic CT or KUB x-ray and abdominal ultrasound *Must have KUB x-ray - Referrals with ultrasounds only, will not be accepted 	**If there is a discrepancy between the ultrasound and KUB x-ray, please consider a CT scan	
Kidney Stone Non-Obstructive	< 3 months	 Refer to <u>CLINICAL PATHWAY:NON-OBSTRUCTING</u> <u>KIDNEY STONE</u> North/South/Central/Calgary: Send referral to <u>Zone FAST Team</u> Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 3 months Electrolytes (Sodium, Chloride, Potassium and Bicarbonate)- note if using paper requisition please write "electrolyte panel" Calcium, creatinine, urinalysis Kidney Ureter Bladder (KUB) x-ray and renal colic CT or KUB x-ray and abdominal ultrasound *Must have KUB x-ray - Referrals with ultrasounds only will not be accepted 	**If there is a discrepancy between the ultrasound and KUB x-ray, please consider a CT scan	

•



KIDNEY/URETER/ADRENAL					
Reason for Referral	Access Target	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (If available)	
Renal Cyst (Simple, Asymptomatic)		Refer to <u>CLINICAL PATHWAY: PROVINCIAL</u> <u>RENAL MASS DIAGNOSIS PRIMARY CARE</u> <u>PATHWAY.</u> Simple renal cysts that are asymptomatic (Bosniak score I or II) do not require consultation or further imaging			
Renal Cyst (Complex or symptomatic simple)	< 3 months (Urgent case < 2 weeks)	 Refer to <u>CLINICAL PATHWAY: PROVINCIAL</u> <u>RENAL MASS DIAGNOSIS PRIMARY CARE</u> <u>PATHWAY.</u> Complex is considered a Bosniak Category IIF (with symptoms), III or IV North/South/Central/Calgary: Send referral to <u>Zone FAST Team</u> Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 If mass originally identified on US: order Renal Mass Protocol CT If mass originally found on Contrast Enhanced CT Abd/Pelvis: Urology to order further imaging (if required) 	Refer to CLINICAL PATHWAY: Provincial Renal Mass Primary Care Pathway (coming soon) If Bosniak Category IIF with no symptoms. Follow Renal Mass Protocol CT/MRI q6-12 months for the first year and then yearly x 5 years. No consultation required.	
Renal Mass (suspicious for malignancy)	< 4 weeks	 Refer to <u>CLINICAL PATHWAY: PROVINCIAL</u> <u>RENAL MASS DIAGNOSIS PRIMARY CARE</u> <u>PATHWAY.</u> North/Central/Calgary/South: Send referral to <u>Zone FAST Team</u> Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 If mass originally identified on US: order Renal Mass Protocol CT If mass originally found on Contrast Enhanced CT Abd/Pelvis: Urology to order further imaging (if required) 		



GENITOURINARY DISORDERS					
Reason for Referral	Access Target	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (If available)	
Abnormal DRE (New Diagnosis)	< 4 weeks (Urgent)		< 3 months • PSA		
Elevated PSA (No Previous Prostate Cancer)	< 4 weeks	 North/Central/Calgary/South: Send referral to 	 < 3 months • Urinalysis, urine culture (if urinalysis abnormal), prostate-specific antigen (PSA) x 2 done at least 4 weeks apart 	DRE Recommended. Refer to Asymptomatic Routine Prostate Specific Antigen (PSA) Testing	
Elevated PSA (Previous Cancer)	< 4 weeks	 Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 S months Urinalysis, urine culture (if urinalysis abnormal), prostate specific antigen (PSA) x 2 done at least 4 weeks apart 	Pathway for Routine Asymptomatic PSA testing information.	
Epididymal Cyst Symptomatic > 1 cm Spermatocele	< 6 months		< 6 months Scrotal ultrasound, which must include measured dimensions of the cyst 		
Erectile Dysfunction	< 6 months	 Refer only if patient has failed 2 different PDE 5 Inhibitors x 5 Consecutive Doses (each) or additional trials could not be completed North/South/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	< 6 months • AM testosterone	Confirm patient interest in penile injection therapy or surgery prior to referral	
Female Voiding Dysfunction	< 6 months	 North/South/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via oPoforral 	< 6 months Urinalysis, urine culture Renal and bladder ultrasound (no x-ray needed) 		
Fistula- Female Urinary Genital Tract	< 3 months		< 3 months • CT Cystogram		



	GENITOURINARY DISORDERS					
Reason for Referral	Access Target	Process	Mandatory Info (Essential Investigations & Timeframes)	Extra Info (if Available)		
Foreskin Problems Includes Phimosis	< 3 months	 Patient must have failed a two-month trial of a steroid cream prior to referral. North/South/Central/Calgary: Send referral to Zone FAST Team. Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral. 				
Hematospermia	< 6 months	ASK FOR ADVICE North/Edmonton: Use eReferral eConsult Central: Contact Central Alberta Urology. Calgary: Send referral to Zone FAST Team South: Contact the local Urologist office directly 	 3 months Urinalysis, urine culture PSA if between age 40-75 Abdominal and pelvic ultrasound 			
Hydrocele (Must be symptomatic and clinically detectable on exam)	< 6 months	 Refer for Symptomatic or Clinically significant findings only. North/South/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 3 months Scrotal ultrasound, which must include measured dimensions of the hydrocele 			
Hypospadias		 North/South/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 				
Lower Urinary Tract Symptoms (Male LUTS) Includes BPH, Urethral Strictures, Prostatitis, Male Chronic Pelvic Pain	< 6 months (Urgent case < 2 weeks)	Refer to: CLINICAL PATHWAY: PROVINCIAL MALE LUTS PRIMARY CARE CLINICAL PATHWAY • North/South/Central/Calgary: Send referral to Zone FAST Team • Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral	< 6 months Urinalysis, Renal and bladder ultrasound BPH: Patient must have failed a one-month trial of tamsulosin (Flomax) prior to referral.	Baseline International Prostate Symptom Score (IPSS) form, post-treatment IPSS.		



Male Infertility	< 3 months	 North/South/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 6 months Semen analysis FSH AM testosterone (to be completed within the hours of 0800-1000) LH Prolactin Estradiol 	
------------------	------------	---	---	--



GENITOURINARY DISORDERS					
Reason for Referral	Access Target	Process	Mandatory Info (Essential Investigations & Timeframes)	Extra Info (if Available)	
Male Sexual Dysfunction Includes Low Testosterone, Hypogonadism, Ejaculatory Dysfunction, Rapid Ejaculation	< 6 months	ASK FOR ADVICE • North/Edmonton: Use eReferral eConsult • Central: Contact Central Alberta Urology • Calgary: Send referral to Zone FAST Team • South: Contact the local Urologist office directly			
Penile Mass Cancer Concern	< 2 weeks	 North/Calgary/Central/South: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 < 3 months • CBC, INR • CT Abdomen/pelvis with contrast 		
Peyronie's Disease	< 6 months	 North/Central/Calgary/South: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 6 months AM testosterone, fasting glucose, lipids panel Patient to bring picture of erection to appointment (within 30 days) 		
Testicular Mass	< 1 week	 North/Calgary/South: Send referral to Zone FAST Team Central: Call RAAPID to speak with Urologist on call Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 			
Testicular Microlithiasis	< 6 months	ASK FOR ADVICE • North/Edmonton: Use eReferral eConsult	< 6 months • Scrotal ultrasound		
Testicular Pain Chronic (Non-STD) For STD related pain refer to zonal STD clinic	< 6 months	 Central: Contact Central Alberta Urology Calgary: Send referral to Zone FAST Team South: Contact the local Urologist office directly 	< 6 months Urinalysis, urine culture Scrotal ultrasound 		
Undescended Testicle with Negative BHCG and AFP		North/Central/Calgary/South: • If Urgent - Call RAAPID • If non-urgent, Send referral to Zone FAST Team Edmonton: • If BHCG positive, Urgent Referral: Call Kipnes Referral & Triage Dept If BHCG negative, use eReferral eConsult			



	GENITOURINARY DISORDERS					
Reason for Referral	Access Target	Process	Mandatory Info (Essential Investigations & Timeframes)	Extra Info (if Available)		
Urethral Disorder (Female)	< 6 months	North/South/Central/Calgary: Send referral to Zone FAST Team	< 3 months Urinalysis, urine culture 			
Vaginal Prolapse Includes Cystocele	< 6 months	 Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	< 3 months Creatinine, urinalysis, urine culture 			
Vasectomy	< 6 months	 South: Refer to community provider of your choice North/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 				
Vasectomy Reversal	< 6 months	 North/South/Central/Calgary: Send referral to Zone FAST Team Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 				
Varicocele Must be symptomatic and clinically detectable on physical exam	< 6 months	ASK FOR ADVICE • North/Edmonton: Use eReferral eConsult • Central: Contact Central Alberta Urology • Calgary: Send referral to Zone FAST Team • South: Contact the local Urologist office	< 6 months • Scrotal ultrasound			



TRANSGENDER CARE					
Reason for Referral	Access Target	Process	Mandatory Info (Essential Investigations & Timeframes)	Extra Info (If Available)	
Orchidectomy (Gender Affirming)		 Refer to: <u>CLINICAL PATHWAY: Provincial Adult</u> <u>Gender Affirming Care Pathway</u>. North/South/Central/Calgary: Send referral to <u>Zone FAST Team</u> Edmonton: Send to Dianne and Irving Kipnes Urology Centre via eReferral 	 Diagnosis of gender dysphoria as outlined in the <u>Provincial</u> <u>Adult Gender Affirming Care Pathway.</u> 		
OTHER					
Reason for Referral	Access Target	Process	Mandatory Info (Essential Investigations & Timeframes)	Extra Info (If Available)	
Fistula Anal Region		Refer to General Surgery See <u>Provincial General Surgery Referral Pathway</u>			

© (2024) AHS. This material is intended for general information only and is provided on an "as is", "where is" basis. AHS does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional. AHS expressly disclaims all liability for the use of these materials, and for any claims, actions, demands or suits arising from such use.