### **Programs & Services at the Hinton Community Cancer Centre**



#### **Cancer Patient Navigator**



Cancer Patient Navigators are registered nurses who can support you in understanding more about the next steps in your treatment and guide you in finding the right supports and resources you need throughout your cancer journey.



780-817-5009

#### **Wig Services**



There is a small supply of free wigs, head scarves and toques available to borrow, speak to nursing staff to view



#### **Programs & Services at the Cross Cancer Institute (CCI) in Edmonton**

#### Look Good, Feel Better



This free workshop helps women manage the appearance-related side effects of cancer. Tips, techniques and tools about skin care and how to manage side effects are presented.

# Igfb.ca 1-800-914-5665

#### **Patient and Family Resource Centre**

Mon-Fri 9:00 am-4:00 pm

Main floor

780-432-8456

The centre provides information, referral and library services. You may borrow books or DVD's and CD's, chat with a knowledgeable volunteer or view web-based videos. If you are new to the CCI, call or stop by to arrange a personalized patient orientation. The

orientation is customized to your needs and takes 20-50 minutes based on areas covered.

∰Mon-Fri, 9:30 am–2:30 pm

#### Wig Services



The Cross Cancer Institute also has wig services and provide wig fittings, head shaves and head washes at **no cost**. 780-432-8334

The Canadian Cancer Society has wig rooms in various community offices across the country. (2) 1-888-939-3333

#### CancerControl Alberta

Resources, support and information from prevention to treatment and beyond.

www.cancercontrolalberta.ca



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#### Gen Info | Getting to Know the Centre | Hinton | 2020-C/P| CPE-P0073

# **Getting to Know Your Cancer Centre Hinton**



## **Hinton Community Cancer Centre**

Hinton Healthcare Centre 1280 Switzer Drive Hinton, AB T7V 1V2

> 780-817-5009 Monday-Friday 8:15 am - 4:30 pm

**General Information** 



This pamphlet will help you get to know key things about your Cancer Centre. It is meant to be used with the Newly Diagnosed with Cancer book. Please bring the book with you to your appointment if you have one. If not, we will give you one at your first appointment.

You can access the book online at www.cancercontrolalberta.ca > Just Diagnosed.

## Where do I park?



#### **Parking Lots**

Free, public parking is available in front of the hospital and by the Emergency doors.

Wheelchair accessible spots are available in both lots.

#### **Drop Off and Pick Up**

There is a drop off and pick up area at the main entrance.

## Checking in for your first appointment



Check in at the Admitting Desk for all of your appointments. You will be required to show identification and your Alberta Health Care card.

When you check in, we will give you a copy of the **Newly** Diagnosed with Cancer book, if you don't already have

## What do I need to bring with me?



Find a checklist of items to bring in the orange section of the

**Newly Diagnosed** with Cancer book.



## Places to stay



Please ask your Hinton cancer care team for more information if you need local accommodation.

## Can I bring electronics?



Yes, you may bring your cell phone, laptop, tablet or other devices. Please be respectful and:

- Put your phone on vibrate
- Bring earphones for entertainment devices
- Network: Healthspot (no password required)



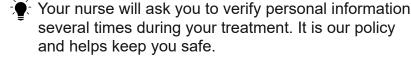
It's a good idea to bring something to read or do while you wait for your appointments.

## What else do I need to know?



To keep you safe and comfortable, we ask that you:

- do not take any smoke breaks during your treatment
- bring your green sleeve and advance care planning information with you each time
- respect others' privacy some people do not like to talk about their experience or health history
- do not talk to your registered nurse while they are programming your medication pump



#### **Cancer Centre Pharmacy**



Your cancer treatment medications come from the Cross Cancer Institute in Edmonton. Support medication prescriptions (like anti-nausea medications) can be filled at your regular community retail pharmacy.

#### Where can I get my bloodwork drawn?



Where possible, we will ask you to have your bloodwork drawn at a lab nearest you the day before you have your visit with the doctor.

When Monday falls on a stat holiday, we will ask you to have your bloodwork drawn at the Hinton Healthcare Centre at 08:30am on Tuesday.

## Where can I eat?



#### Cafeteria



Cash only



Mon-Fri 8:00am-1:00 pm daily



**Basement Floor** 

- Vending machines are available in the hospital.
- Cancer Clinic kitchenette available to patients and family for coffee, tea, juice, water, and cookies.
- Lunch is provided for patients whose treatment goes over the noon hour.
- A fridge and microwave are available for use.

#### **Connecting with programs** and services virtually (Telehealth)



It may be possible to virtually join education sessions or connect with health care providers at other cancer centres. Ask your cancer patient navigator if this service is available.