

# Supports for People with Cancer

## Psychosocial Oncology can help!

[www.ahs.ca/cancersupportivecare](http://www.ahs.ca/cancersupportivecare)

The Cancer Care Alberta psychosocial oncology team includes professionals such as psychologists, psychiatrists, social workers, or spiritual care providers.

They can make referrals to other community resources as needed and can help with communication, mood changes, loneliness, body image, quality of life, relationship changes, and coping with treatment side effects.

Call to speak with someone and find out what services are available:

### Comprehensive (Tertiary) Cancer Centres

#### Calgary

Arthur J.E. Child  
Comprehensive Cancer  
Centre  
587-231-3570

#### Edmonton

Cross Cancer Institute  
(Westmount location)  
780-643-4303

### Regional Cancer Centres

#### Grande Prairie

Grande Prairie Cancer  
Centre  
825-412-4200

#### Lethbridge

Jack Ady Cancer Centre  
403-388-6800

#### Medicine Hat

Margery E. Yuill Cancer  
Centre  
403-529-8817

#### Red Deer

Central Alberta Cancer  
Centre  
403-343-4526

### Community Cancer Centres

Call your cancer centre and ask for an appointment with a social worker: [bit.ly/abcancercentres](http://bit.ly/abcancercentres)

### For urgent help call:

- 911
- 988 (Suicide Crisis Helpline)
- 1-877-303-2642 (Mental Health Helpline)

### For non-urgent help:

**HealthLink Alberta** - call 811

#### Wellspring Alberta

[wellspringalberta.ca](http://wellspringalberta.ca) for many programs and supports

**Interactive online module** for people [In Between Getting a Cancer Diagnosis and Your First Cancer Care Appointment](#)

#### More Alberta Resources

- [Indigenous Cancer Health](#)
- [Indigenous, Adolescent and Young Adult, and General Cancer Patient Navigators](#)
- [Help in Tough Times](#)

**The Canadian Cancer Society**  
[cancer.ca](http://cancer.ca)

- Support Services
- Types of Cancer

**Your Primary Care Provider**  
Family doctor or nurse

### Support and Counselling