

# Find **Helpful Resources** when a Community Member has **Cancer**

## Questions:

### Indigenous Cancer Patient Navigation Support

- South of Red Deer: 403-476-2763
- Red Deer and North: 780-432-8747

### Supportive Care Services

- [www.cancercarealberta.ca](http://www.cancercarealberta.ca) >> Patients & Families >> [Supportive Care](#)

### Education resources or classes - toll free 1-855-258-9963

### As a health care provider supporting a patient in cancer care or treatment

- Call the patient's cancer centre and ask to speak with their care team
- Cancer centre information: [www.cancercarealberta.ca](http://www.cancercarealberta.ca) >> Patients & Families >> Just Diagnosed >> Cancer Centre Information

## Canadian Virtual Hospice - Living my Culture

Help with difficult conversations  
<https://livingmyculture.ca/media/3829/planning-for-your-care.pdf>

and [mygrief.ca](http://mygrief.ca)

and <https://hospicefoundation.org/Education/Free-COVID-19-Programs>



Community-based programs and services for people living with cancer, their caregivers and their families, so no one has to face cancer alone.

<https://wellspringcalgary.ca/>  
<https://wellspring.ca/edmonton/>



## Supporting connection through a Sharing Circle

Join Indigenous patients and caregivers across Alberta the first Monday of the month. The Sharing Circle is co-led by an Elder, welcomes all Nations and is supported by a group who believe in the importance of creating a safe space. Gather safely by phone or computer.

Find out more: <https://tinyurl.com/y5gywl3a>

## [www.cancercarealberta.ca](http://www.cancercarealberta.ca)



### Patients & Families Home Page

- Putting Patients First
- COVID-19 - Getting Help
- COVID-19 - Virtual Cancer Clinic
- COVID-19 - Cancer Treatment
- Cancer Control Alberta Q

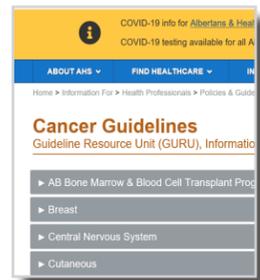
### Just Diagnosed >> Indigenous Cancer Health



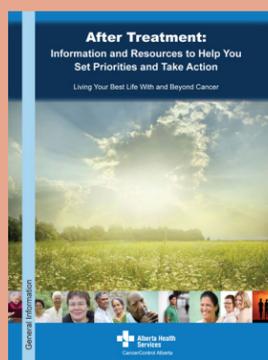
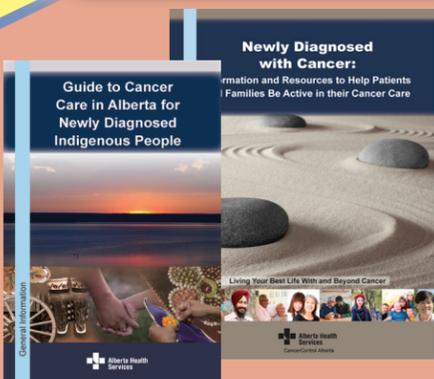
Resources to support Indigenous people when they are diagnosed with cancer



### Health Professionals >> Cancer Guidelines



- Guidelines relating to specific cancer types, palliative care, symptom management and more
- Links to additional resources including Alberta Referral Pathways, Palliative and End of Life Care and more



Resources to support patients and families are also available in print (through DATA Group)



Just Diagnosed



In Treatment



After Treatment



Supportive Care & Living Well



Classes & Events

- Information on all Cancer Centres
- Indigenous Cancer Health Resources
- Newly Diagnosed with Cancer Information Book
- Types of Cancer

- Systemic Treatment
- Radiation Treatment
- Stem Cell Transplants
- Surgery
- Managing Symptoms & Side Effects
- ... and more

- After Treatment Book
- Living Your Best Video Series
- Class

- Support and Counselling
- Helpful Resources for Families, Advanced Cancer and more

- Recordings of past events
- Classes and special events available through virtual or online connections

