Concurrent Capable Program Review Recommendations List

Creating welcoming, trauma-informed, recovery-oriented, and concurrent capable services for individuals and families experiencing addiction and mental health concerns.

February 2024



2024-2025

AMH Practice Supports have prepared this guide as part of Provincial Addiction Mental Health.

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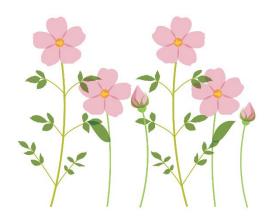


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Contact

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How to Use the Recommendations List

After the Concurrent Capable Program Review (CCPR), use this recommendations list to support your team's identified quality improvement areas. This list is only meant as suggestions; other options may be available or suitable to your needs.

Review Sections	Recommendations
	Team Training, Collaboration, Meetings, Working Groups Link to Resource Computer Course Link to Book, Chapter, Curriculum Handout, Worksheets Create a Document, Policy Video
Welcoming and Engaging	## Form a working group to improve your program welcoming environments, i.e., waiting room improvements, welcoming signs, telephone and greeting key messages. ■ MvLearningLink Courses: ■ PACES Learning Pathway ■ LGBTQ2S+ Basics: Creating Safer and More Welcoming Care ■ Communicating Effectively ■ Working with English Learners and Interpreters ● Online reference Mental Health Commission of Canada Guidelines for Recovery-Oriented Practice ● AHS Patient and Family-Centred Care Resources Shared Commitments Alberta Health Services Patient & Family Centred Care Resource Kit Accreditation Canada: Focus on Client & Family Centred Care ■ NOD & Nametag 1-Pager ■ How to Rebuild Trust When Patients Experience Emotional Harm ■ The Wheel of Engagement Patient surveys and feedback ■ Using Patient Feedback ■ Fueling Improvements Using Patient Experience Data ● Policy Harm Reduction for Psychoactive Substance Use (includes policy)
Standardized Screening	Brainstorm crisis resources for your area and have pamphlets and contact information available. i.e., housing or shelters, employment, detox services, mobile crisis team (where available), food security services, and transportation. **Primary care access Confirm all new people accessing services have a primary care physician and/or know how and where to access a walk-in clinic.

	Have local primary care network and walk-in medical clinic pamphlets available.
	 □ Screen for Concurrent Disorders with Global Appraisal of Individual Need Short Screener (GAIN-SS) is embedded in Connect Care. GAIN-SS training – online access
	 MyLearningLink Courses: PACES Learning Pathway GAIN-SS: Global Appraisal of Individual Needs - Short Screener Training SPRAM Module 4 - Initial Screening for Risk Universal Screening for Domestic Violence
Comprehensive Assessment	Review program intake process: Referrals include warm handoff practices Addiction & Mental Health assessments include: Stage of change for each issue people identify as a concern. Both mental status and substance use assessment. People's goals for a happy, meaningful life. MyLearningLink Courses:
	 PACES Learning Pathway Recovery Oriented Language Online Education Suicide Prevention, Risk Assessment & Management (SPRAM)
Integrated Treatment/ Recovery Planning	 Review documentation of care planning. Identify skills, successes, and strengths, including ways people managed well in the past. Identify the stage of change people are at for each concern explored. There may be different stages of change for other concerns. Focus on areas people are open to making changes in. Consider input about substance use, gambling, and mental health concerns to create one recovery plan.
	Adopt a patient-centred, trauma-informed, recovery-oriented, and strengths-based template for recovery planning and case conferences.

Comprehensive Interventions	## Identify opportunities for Medication Teaching for people using prescribed medication. My Health Alberta is for clients with online access to the library. Medications Medication tracking tool ## Invite psychiatrists or pharmacists to present on medication regularly at team meetings to promote knowledge exchange. ■ MyLearningLink Courses ■ PACES Learning Pathway ■ Appropriate Use of Antipsychotics (AUA) - Pharmacological Restraints and Behaviour Tracking ■ Appropriate Use of Antipsychotics (AUA) - Managing Responsive Behaviours ■ Appropriate Use of Antipsychotics (AUA) - Sleep ■ Tobacco Cessation Pharmacology ● Online reference AMA Choosing Wisely Canada Recommendations ● Medications ■ Medications ■ Medications ■ Mental Health ● Online reference Best Practice for Mood Disorders and Substance Use. ## Develop Group programming for a Concurrent Disorders group − drop-in, inclusive, mutual support combined with psychoeducation.
Transitions in Care	 Create or review transition guidelines. To ensure a seamless continuum of care (i.e., warm handoff). Collaboration with the person being transferred and their family members when appropriate. Develop an integrated plan with AMH healthcare providers and community health and social services partners. Identify the specific stage of change for each issue that was identified. Check-in regularly as these change over time. Develop risk management plans and teach people alternate ways to cope. Complete a follow-up wellness check phone call for people who miss appointments or stop services unexpectedly. MyLearningLink Courses PACES Learning Pathway Online reference AMH provincial Policy: Patient Referral. Admission, Assessment, Treatment, Discharge Planning Care Transitions policy

	Own Transitions and the
	Care Transitions procedure Care Transitions Algorithms are a supplementations.
	Care Transitions Algorithm resource Care Transitions FAC resource
	<u>Care Transitions FAQ resource</u>
Program Collaboration and Partnership	Regularly invite community substance use, gambling and mental health service providers to staff/team meetings to discuss communication, referrals, and emerging trends.
Concurrent Capable Competency Development	Policial Documentation: Practice Wise Presentations
	Self-directed learning activities

Formal learning events

The Canadian Centre on Substance Use and Addiction (CCSA) competencies for Canada's Substance Use Workforce have been adopted to reflect addiction and mental health clinical knowledge and skill level.

Workforce Competencies | Canadian Centre on Substance Use and Addiction (ccsa.ca)