

Who we are.

The **Collaborative Immunoematology Clinic** (or CIC) is a specialty program in Alberta Health Services.

The CIC is unique because it provides a wide range of expert care by a large team of healthcare providers.

The CIC cares for patients who have one or more of the following:

Complex immune problems.

- The body's immune system is very important to help fight sickness and infections.
- Sometimes a person's immune system does not work, or it does not work properly. This can happen naturally (from birth), or from other causes.

Bone marrow failure.

- Bone marrow is very important for helping to make special blood cells, including ones that fight illness or infection.
- Bone marrow failure can be caused by certain diseases (like cancer) or treatments (like chemotherapy).

Referral information.

Talk to your healthcare provider to find out if referral is right for you.

➤ **Contact us:**

Collaborative Immunology Program General information:

Phone: 403-944-6248

Email: cicteam@ahs.ca

Collaborative Immunoematology Clinic Appointment day contact:

Phone: 403-944-5222 Extension 2

Email: cicteam@ahs.ca

Collaborative Immunology Program

Collaborative Immunoematology Clinic

Patient Information



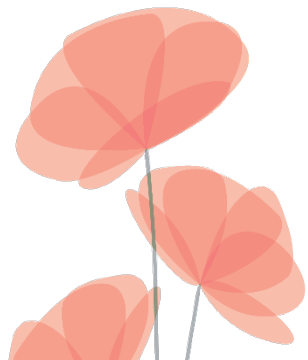
What we do.

The Collaborative Immunohematology Clinic is at Foothills Medical Centre.

Patients with complex immune problems or bone marrow failure are seen in the clinic, and they also get on-going follow-up care.

Patients and their families can expect:

- Timely diagnosis.
- Access to advanced testing.
- Access to appropriate treatment.
- Access to counselling.
- Information and education.
- Supports to manage the change from child to adult care.



Who you will meet and how they might help:

- 1 Specialist doctor.**
They have advanced knowledge and training to provide expert care for patients with complex immune problems or bone marrow failure.
- 2 Specialist nurse practitioner.**
They are a registered nurse with advanced knowledge and training.

They can assess patients, order tests (such as x-rays, blood work), and prescribe medicine or treatment like doctors can.
- 3 Pharmacist.**
They work with patients and families to help manage medicines or prescribed drugs.

They might help patients to understand:
 - Why a medicine or drug is needed.
 - How and when to take medicine so it works better, including how to prevent interactions with other drugs.
 - How to manage side effects of drugs.
 - How to manage drug costs.
- 4 Psychologist**
They provide assessment, diagnosis, and treatment related to improving mental health.

For many patients and families, a new or existing diagnosis of chronic disease can cause emotional stress, low mood, and more.

The psychologist helps patients and families to learn how to manage these for a better quality of life.
- 5 Social Work**
They help patients and families learn to cope and adjust to life with chronic illness.

They offer supports to address issues with housing, career, lifestyle, finance, schooling, relationships, and personal well-being.

They can offer supports for family members and other caregivers, who are having to balance their own needs while caring for a loved one living with chronic illness.

The social worker can help young adults and their families with the transition to adult care.