

Colorectal Cancer



February 2011

2008 Report on Cancer Statistics in Alberta

Acknowledgements

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Purpose of the Report

Cancer Surveillance, a specialized team within Surveillance and Health Status Assessment, Alberta Health Services actively contributes to Becoming the Best: Alberta's 5-year Health Action Plan and the goal to create the best-performing publicly funded health system in Canada. This is accomplished by conducting cancer *surveillance* through the collection, integration, analysis and dissemination of cancer related data and information.

The report is designed to provide comprehensive and detailed information regarding cancer in Alberta. It will help support health professionals, researchers and policy makers in the planning, monitoring and evaluation of cancer-related health programs and initiatives. It will also be a useful education tool for the general public and media.

Navigating the Report

This document provides information on colorectal cancer statistics in Alberta. Details about individual cancer types are available within separate documents. The words highlighted in *dark blue* are terms described in detail within the Glossary.

Data Notes

In this document, the term "cancer" refers to *invasive cancers* unless otherwise specified. It is important to note that this document contains both actual and estimated data; distinctions are made where applicable. The numbers published in this report should be considered provisional, as a few cases and deaths may be registered in subsequent years. The data in this report reflect the state of the Alberta Cancer Registry as of August 6, 2010.

For detailed descriptions about data sources and how they affect data presented in this report, please see the Data Sources and Quality section.

Summary

- Approximately **1 in 14** males and **1 in 17** females will develop invasive colorectal cancer within their lifetime.
- In 2008, **9,000** potential years of life were lost due to colorectal cancer.
- As of December 31, 2008, approximately **11,640** Albertans were alive who had previously been diagnosed with colorectal cancer.
- From 1988 to 2008*, both **male and female** colorectal cancer **incidence rates increased**.
- From 1988 to 2008*, **male** colorectal cancer **mortality rates decreased**. Similarly, **female** colorectal cancer **mortality rates decreased** over the period 1988 to 2008*.
- In 2008, there were **1,758** new cases of colorectal cancer in Alberta and **631** deaths due to the disease.
- If current trends continue, approximately **1,200** male cases and **870** female cases of colorectal cancer are expected to be diagnosed in 2013.
- The five-year relative survival for colorectal cancer in Alberta is approximately **64%** for those diagnosed between 2006 and 2008.

From 1988 to 2008*, both male and female colorectal cancer incidence rates increased.

Probability of Developing and Dying from Colorectal Cancer

The **probability of developing or dying of cancer** measures the risk of an individual in a given age range developing or dying of cancer, and is conditional on the person being lung cancer-free prior to the beginning of that age range.

It is important to note that the probabilities of developing and dying of cancer represent all of Alberta's population on average and should be interpreted with caution at the individual level as the probabilities will be affected by the risk behaviours of the individual. In addition, someone diagnosed with cancer has a higher probability of developing another cancer in the future.¹

Table 6-1: Probability of Developing Colorectal Cancer by Age and Sex, Alberta, 2006-2008

Age Group	Males	Females
Lifetime Risk (all ages)	1 in 14	1 in 17
0 - 20	Less than 1 in 10,000	Less than 1 in 10,000
20 - 30	1 in 4,950	1 in 8,197
30 - 40	1 in 1,745	1 in 1,898
40 - 50	1 in 428	1 in 519
50 - 60	1 in 129	1 in 185
60 - 70	1 in 54	1 in 81
70 - 80	1 in 32	1 in 49
80+	1 in 27	1 in 30

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

The probability of developing colorectal cancer increases with age (**Table 6-1**). Approximately 1 in 14 males and 1 in 17 females will develop invasive colorectal cancer in their lifetime.

* Year range represents the period over which the most recent significant trend was observed.

Males have a higher chance of developing colorectal cancer than females. On a population basis the probability of developing colorectal cancer by the end of the age range for a colorectal cancer-free individual at the beginning of the age range are shown in the bottom eight rows of **Table 6-1**. For instance, a colorectal cancer-free female representative of the general population at age 40 has a 1 in 519 chance of developing colorectal cancer by the time she is 50.

The probability of dying from colorectal cancer varies by age and sex (**Table 6-2**). Approximately 1 in 33 males and 1 in 37 females will die of invasive colorectal cancer.

Males have a higher chance of dying from colorectal cancer than females. On a population basis the probability of a cancer-free individual at the beginning of the age range dying from colorectal cancer by the end of the age range are shown in the bottom eight rows of the **Table 6-2**. For example, a cancer-free female representative of the general population at age 40 has a 1 in 2,062 chance of dying from colorectal cancer by the time she is 50.

Potential Years of Life Lost

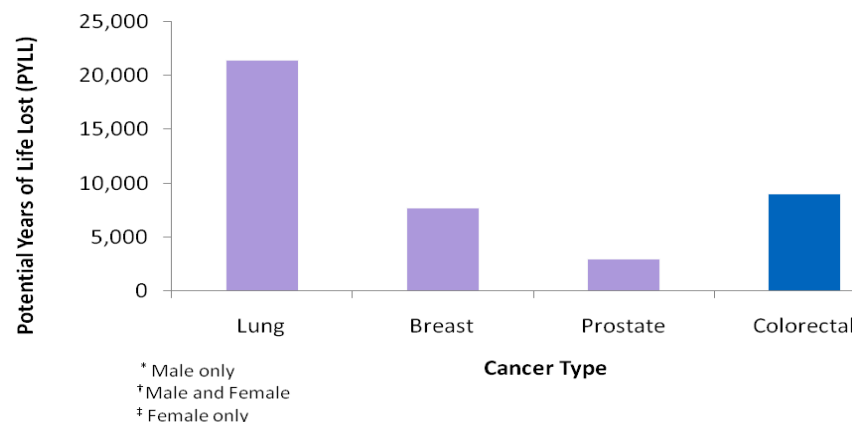
One frequently used measure of premature death is **potential years of life lost (PYLL)**. PYLL due to cancer is an estimate of the number of years that people would have lived had they not died from cancer. PYLL due to cancer has been calculated by multiplying the number of deaths in each age group and the absolute difference between the mid-point age of an age group and the age-specific life expectancy. The age-specific life expectancy is calculated by determining the age to which an individual would have been expected to live had they not died

Table 6-2: Probability of Dying from Colorectal Cancer by Age and Sex, Alberta, 2006-2008

Age Group	Males	Females
Lifetime Risk (all ages)	1 in 33	1 in 37
0 - 20	Less than 1 in 10,000	Less than 1 in 10,000
20 - 30	Less than 1 in 10,000	Less than 1 in 10,000
30 - 40	1 in 5,495	1 in 6,329
40 - 50	1 in 1,812	1 in 2,062
50 - 60	1 in 443	1 in 549
60 - 70	1 in 168	1 in 266
70 - 80	1 in 80	1 in 127
80+	1 in 45	1 in 46

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Figure 6-1: Potential Years of Life Lost (PYLL) from Colorectal Cancer* Compared with Lung*, Breast† and Prostate‡ Cancers, Alberta, 2008



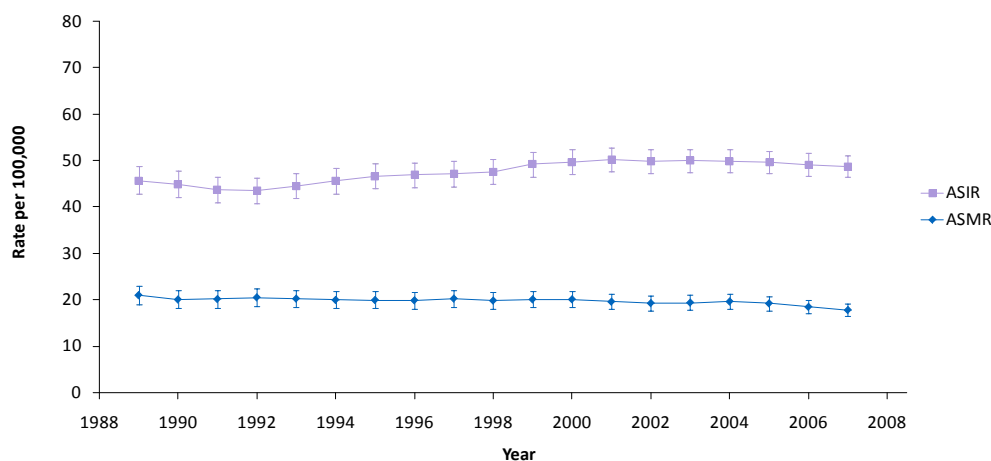
Data Source: Alberta Cancer Registry

Table 6-3: Limited-Duration and Complete Prevalence for Colorectal Cancer, Both Sexes, Alberta, 2008

Duration	Prevalence
2-Year	2,681
5-Year	5,421
10-Year	8,283
20-Year	10,650
Complete	11,639

Data Source: Alberta Cancer Registry

Figure 6-2: Age-Standardized Incidence Rates (ASIRs)^{} and Mortality Rates (ASMRs)^{**} for Colorectal Cancer, Both Sexes, Alberta, 1988-2008**



* Three-year moving average.

** Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

died from cancer. PYLL is one way to measure the impact, or burden, of a disease on a population.

In 2008, **9,000** potential years of life were lost due to colorectal cancer, which constitutes 10.3% of PYLL for all cancers (*Figure 6-1*).

Prevalence

The *prevalence* of a disease is defined as the number of people alive who had been previously diagnosed with that disease.

Limited-duration colorectal cancer prevalence represents the number of people alive on a certain day who had previously been diagnosed with colorectal cancer within a specified number of years (e.g. 2, 5, 10 or 20 years) while complete colorectal cancer prevalence represents the proportion of people alive on a certain day who had previously been diagnosed with colorectal cancer, regardless of how long ago the diagnosis was.¹²

In this section of the report, both limited-duration and complete colorectal cancer prevalence are presented; the latter describing the number of people alive as of December 31, 2008 who had ever been diagnosed with colorectal cancer.

Prevalence is a useful indicator of the impact of cancer on individuals, the healthcare system and the community as a whole. Although many cancer survivors lead healthy and productive lives, the experience can have a strong impact on the physical and emotional well-being of individuals and their families. The cancer experience can also result in the continued use of the healthcare system through rehabilitation or support services, as well as loss of work productivity that can affect the whole community.

As of December 31, 2008, approximately **11,640** Albertans were alive who had previously been diagnosed with colorectal cancer (**Table 6-3**). Approximately **2,680** Albertans were alive on the same date who had been diagnosed with colorectal cancer in the previous two years, the period during which cases receive definitive treatments.

Colorectal Cancer Incidence and Mortality

Introduction

Incidence counts are the number of new cancer cases diagnosed during a specific time period in a specific population. In this section of the report, incidence counts refer to the number of new colorectal cancer diagnoses in Alberta in a calendar year. Incidence rates are the number of new cancer cases diagnosed per 100,000 population in a specific time period.

Mortality counts describe the number of deaths attributed to cancer during a specific period of time in a specific population. In this section of the report, mortality refers to the number of deaths due to colorectal cancer in Alberta in a calendar year, regardless of date of diagnosis. Mortality rates are the number of deaths per 100,000 population in a specific time period.

In order to compare cancer incidence or cancer mortality over time or between populations, **age-standardized incidence rates (ASIRs)** or **age-standardized mortality rates (ASMRs)** are presented. These are weighted averages of **age-specific rates** using a standard population. These rates are useful because they are adjusted for differences in age distributions in a population over time, which permit comparisons of cancer incidence or mortality among populations that differ in size, structure and/or time period. ASIRs and ASMRs give the overall

incidence and mortality rates that would have occurred if the population of Alberta had been the same as the standard population. In this report the Canadian 1991 population is used as the standard population.

Three-year moving averages are used to smooth out year-to-year fluctuations so that the underlying trend may be more easily observed. They are calculated based on aggregating three years of data. Age-standardized incidence rates (ASIRs) and age-standardized mortality rates (ASMRs) are presented as three-year moving averages. This smoothing of trends is especially important when the number of cancer cases per year is relatively small, where year-to-year variability can be quite large.

Incidence and mortality can be affected by the implementation of public health prevention or screening strategies that either prevent disease or find cancer in its early **stages** when treatment is generally more successful, the development of cancer treatment programs that may impact chances of survival and research innovations.

The following figures show incidence and mortality trends in Alberta. Separate analyses for both incidence and mortality are shown in subsequent sections. The statistical significance of the trends was determined by using Joinpoint² and is described in the text accompanying each graph. Joinpoint models are based on yearly rates; hence there may be slight differences in the rates presented in the text (from Joinpoint model) and the graphs (where ASIRs and ASMRs are shown as three-year moving averages).

Colorectal cancer ASIRs increased significantly between 1988 and 2004, corresponding to an average annual increase in of 0.9% between (**Figure 6-2**). In 2008, the ASIR for colorectal cancer was 47.8 per 100,000 population.

Colorectal cancer mortality rates are lower than incidence rates (**Figure 6-2**). ASMRs decreased significantly since 1988 by an average annual reduction of 0.7% between 1988 and 2008. In 2008, the ASMR for colorectal cancer was 16.9 per 100,000 population.

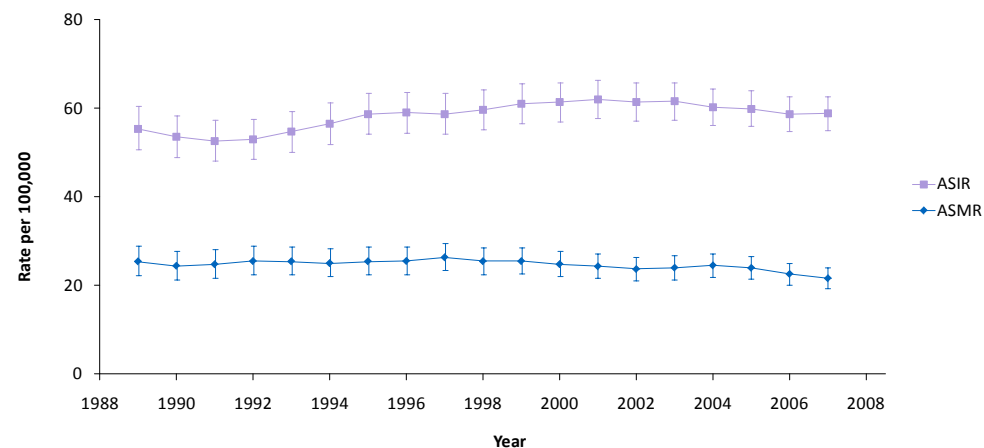
Male colorectal cancer ASIRs increased significantly since 1988 (**Figure 6-3**). Between 1988 and 2008, male colorectal cancer ASIRs increased by an average annual increase of 0.5%. In 2008, the ASIR for colorectal cancer in males was 58.9 per 100,000 male population.

Male colorectal mortality rates are lower than incidence rates (**Figure 6-3**). Over the period 1988 to 2008 male colorectal cancer ASMRs decreased significantly by an average annual decrease of 0.8%. In 2008, the ASMR for colorectal cancer in males was 21.2 per 100,000 male population.

Female colorectal cancer ASIRs increased significantly since 1988 (**Figure 6-4**). Between 1988 and 2008, female colorectal cancer ASIRs increased by an average annual increase in colorectal cancer rates of 0.6% between 1988 and 2008. In 2008, the ASIR for colorectal cancer in females was 37.7 per 100,000 female population.

Female mortality rates are lower than incidence rates (**Figure 6-4**). Female colorectal cancer ASMRs decreased significantly since 1988. Between 1988 and 2008, female colorectal cancer ASMRs decreased by an average annual reduction of 1.7%. In 2008, the ASMR for colorectal cancer in females was 13.1 per 100,000 female population.

Figure 6-3: Age-Standardized Incidence Rates (ASIRs) and Mortality Rates (ASMRs)** for Colorectal Cancer, Males, Alberta, 1988-2008**

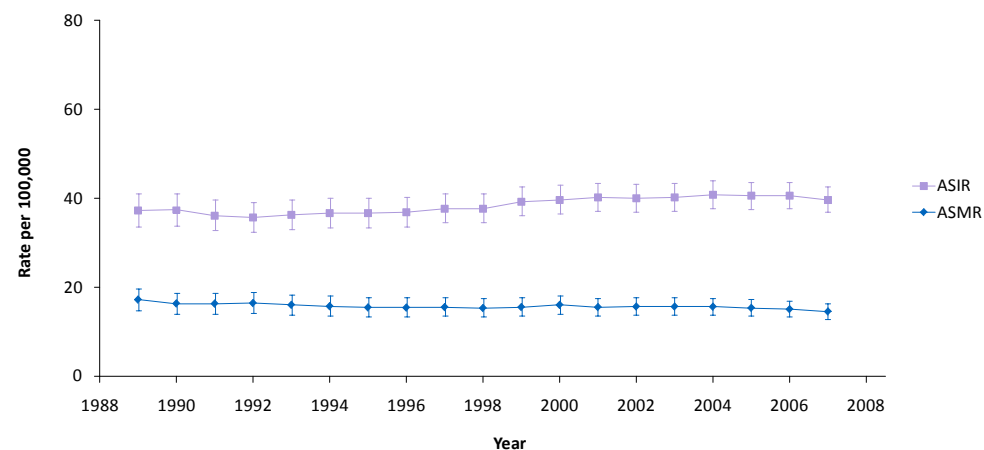


* Three-year moving average.

† Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Figure 6-4: Age-Standardized Incidence Rates (ASIRs) and Mortality Rates (ASMRs)** for Colorectal Cancer, Females, Alberta, 1988-2008**

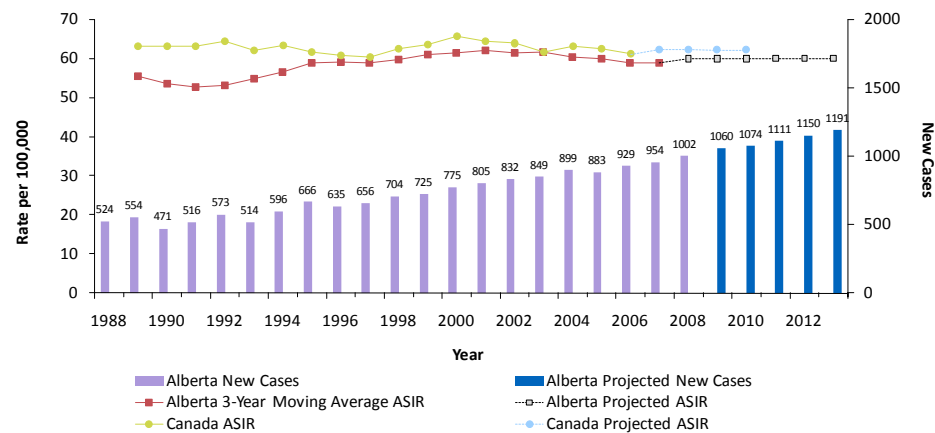


* Three-year moving average.

† Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

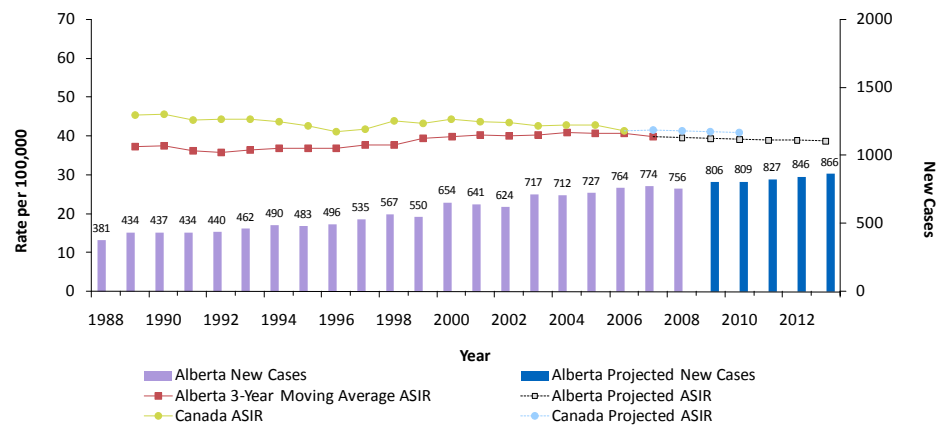
Figure 6-5: Actual and Projected Number of New Cases and Age-Standardized Incidence Rates (ASIRs) for Colorectal Cancer, Males, Alberta, 1988-2013**



* Three-year moving average.
 ** Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness, Canadian Cancer Society

Figure 6-6: Actual and Projected Number of New Cases and Age-Standardized Incidence Rates (ASIRs) for Colorectal Cancer, Females, Alberta, 1988-2013**



* Three-year moving average.
 ** Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness, Canadian Cancer Society

Colorectal Cancer Incidence

The following five figures (**Figures 6-5 to 6-9**) provide information on colorectal cancer incidence in Alberta. The number of new cancer cases in Alberta is affected not only by changes in the incidence rates, but also by the changes in the age structure and growth of the population. In order to compare trends over time, age-standardized incidence rates (ASIRs) are also provided.

Years 2008-2013 in **Figures 6-5** and **6-6** are shown as **projections**, which are estimates of new cancer cases and cancer rates that may occur in the future. The projected cancer numbers were calculated by applying the estimated five-year age-specific cancer incidence rates to the projected age-specific population figures (observed up to 2008 and estimated for 2009-2013) provided by Alberta Health and Wellness³. Caution should be exercised when comparing Canada and Alberta rates.

The estimated cancer incidence rates were calculated by extrapolating the recent trends in observed five-year age-specific rates, which were modeled using log-linear regression⁵. For those age groups where there were few cancers for most of the years, the average rates for the most recent five years were used.

In 2008, 1,002 cases of male colorectal cancer were diagnosed in Alberta (**Figure 6-5**). ASIRs for colorectal cancer in Alberta were generally lower than ASIRs in Canada between 1988 and 2005.

If current trends continue, approximately 1,200 cases of male colorectal cancer will be diagnosed in Alberta in 2013; however, with the new Alberta-wide colorectal screening program⁶ these rates may change significantly.

In 2008, 756 cases of female colorectal cancer were diagnosed in Alberta (**Figure 6-6**). ASIRs for female colorectal cancer in Alberta were generally lower than ASIRs in Canada.

If current trends continue, approximately 870 cases of female colorectal cancer will be diagnosed in Alberta in 2013; however, with the new Alberta-wide Colorectal Cancer Screening Program⁶ these rates may change significantly.

Both males and females have low colorectal cancer rates until the age of 40, at which point rates begin to increase (**Figure 6-7**). Males have higher colorectal cancer rates than females and the highest incidence rates are found in the oldest age groups.

Age-standardized colorectal cancer incidence rates in males differ across age groups (**Figure 6-8**).

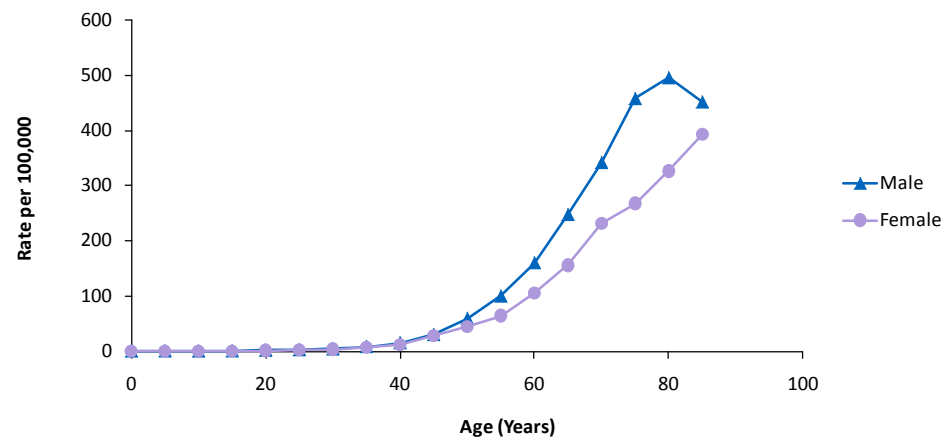
Male incidence rates for colorectal cancer in the <50 age group did not significantly change between 1988 and 1993, but significantly increased between 1993 and 2008 by an annual average of 2.7%.

Colorectal incidence rates for males in the age group 50-64 and 65-74 did not significantly change over the period 1988 to 2008.

The incidence rates for males in the age group 75+ significantly increased between 1988 and 1999 by an annual average of 2.1%, but did not change significantly since 1999.

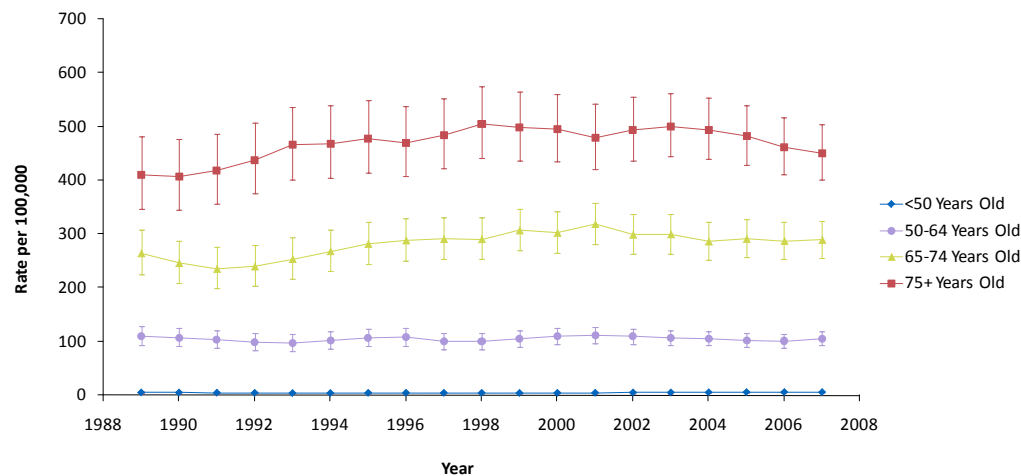
Age-standardized colorectal cancer incidence rates in females differ across age groups (**Figure 6-9**).

Figure 6-7: Age-Specific Incidence Rates for Colorectal Cancer by Sex, Alberta, 2004-2008



Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Figure 6-8: Age-Standardized Incidence Rates (ASIRs)^{} for Colorectal Cancer, Ages <50, 50-64, 65-74, and 75+, Males, Alberta, 1988-2008**

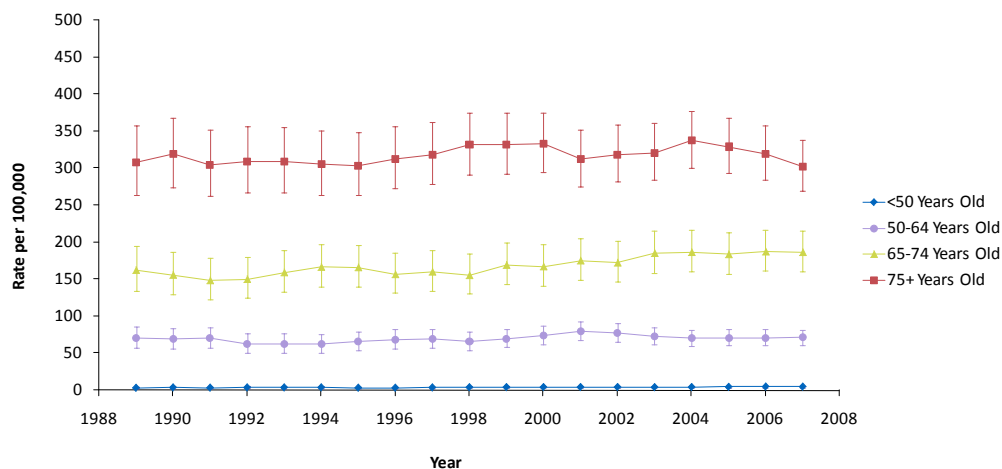


* Three-year moving average.

** Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Figure 6-9: Age-Standardized Incidence Rates (ASIRs) for Colorectal Cancer, Ages <50, 50-64, 65-74, and 75+, Females, Alberta, 1988-2008**



* Three-year moving average.
 † Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

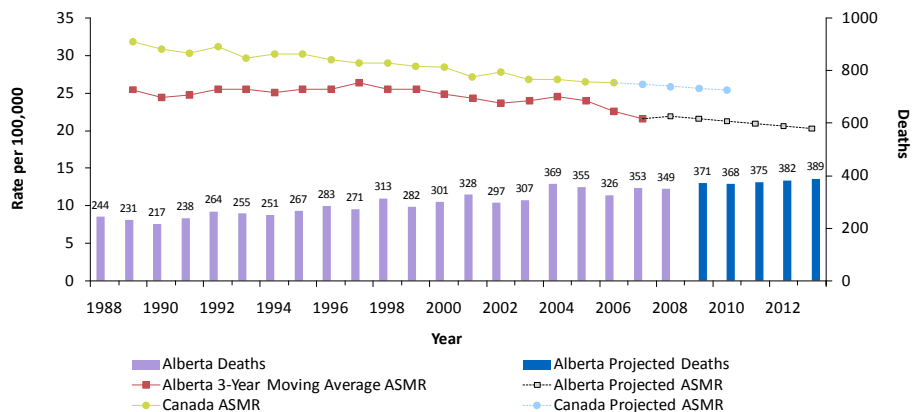
Between 1988 and 2008, colorectal cancer incidence rates for females significantly increased in the age groups <50 and 65-74 by an annual average of 1.7% and 1.1% respectively; but did not change significantly in the age groups 50-64 and 75+ over the same period.

The older the age groups, the higher the colorectal cancer incidence rates.

Colorectal Cancer Mortality

The following five figures (Figures 6-10 to 6-14) provide information on colorectal cancer mortality in Alberta. The number of deaths in Alberta is affected not only by changes in the mortality rates, but also by the changes in the age structure and growth of the population. In order to compare trends over time, age-standardized mortality rates (ASMRs) are also provided.

Figure 6-10: Actual and Projected Number of Deaths and Age-Standardized Mortality Rates (ASMRs) for Colorectal Cancer, Males, Alberta, 1988-2013**



* Three-year moving average.
 † Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness, Canadian Cancer Society

Years 2008-2013 in Figures 6-10 and 6-11 are shown as **projections**, which are estimates of the number of cancer deaths and cancer mortality rates that may occur in the future. The projected numbers of cancer deaths were calculated by applying the estimated five-year age-specific cancer mortality rates to the projected age specific population figures (observed up to 2008 and estimated for 2009-2013) provided by Alberta Health and Wellness³. Caution should be exercised when comparing Canada and Alberta rates.

The estimated cancer mortality rates were calculated by extrapolating the recent trends in observed five-year age-specific rates, which were modeled using log-linear regression⁵. For those age groups where there were few cancers deaths for most of the years, the average rates for the most recent five years were used.

In 2008, 349 males died of colorectal cancer in Alberta (*Figure 6-10*). ASMRs for colorectal cancer in Alberta were lower than ASMRs in Canada.

If current trends continue, approximately 390 males are expected to die from colorectal cancer in Alberta in 2013.

In 2008, 282 females died of colorectal cancer in Alberta (*Figure 6-11*). ASMRs for female colorectal cancer in Alberta were lower than ASMRs in Canada.

If current trend continues, approximately 340 females are expected to die from colorectal cancer in Alberta in 2013.

Male and female colorectal cancer mortality rates remain low until the age of 50, but begin rising thereafter. Males have higher mortality rates than women, and the highest mortality rates occur in the oldest age groups (*Figure 6-12*).

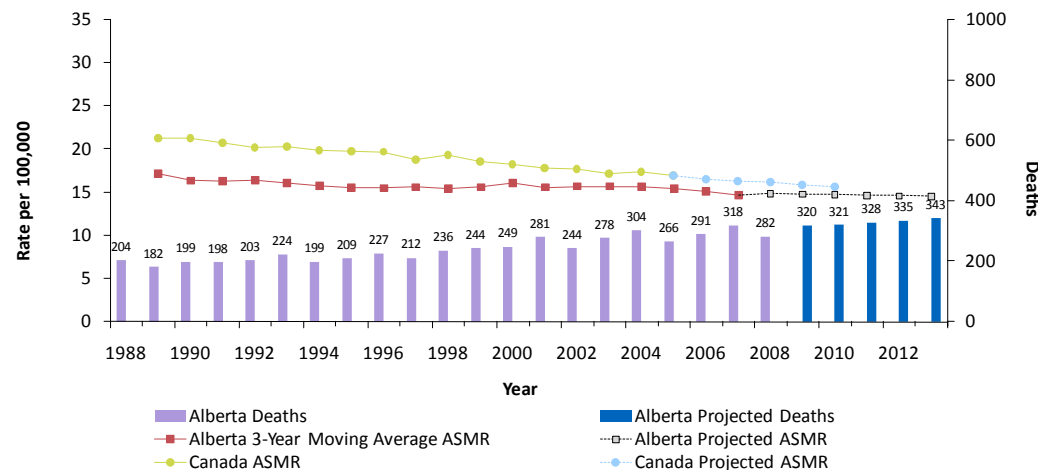
Age-standardized colorectal cancer mortality rates in males vary over time and with age (*Figure 6-13*).

Between 1988 and 2008, male mortality rates for colorectal cancer did not significantly change in the <50, 65-74 and 75+ age groups; but significantly decreased in the 50-64 age group by an annual average of 2.0%.

Age-standardized colorectal cancer mortality rates in females vary over time and with age (*Figure 6-14*).

Between 1988 and 2008, female mortality rates for colorectal cancer did not significantly change in the <50, 50-64 and 75+ age groups; but significantly decreased in the 65-74 age group by an annual average of 1.3%.

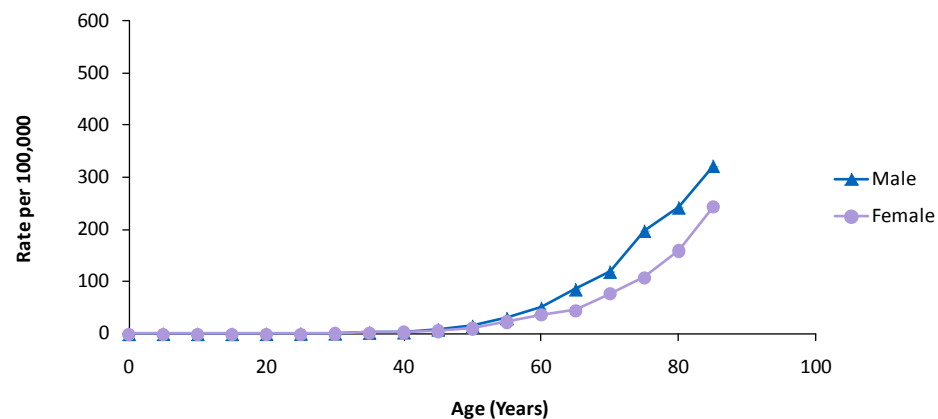
Figure 6-11: Actual and Projected Number of Deaths and Age-Standardized Mortality Rates (ASMRs)^{} for Colorectal Cancer, Females, Alberta, 1988-2013**



* Three-year moving average.
 † Standardized to 1991 Canadian population.

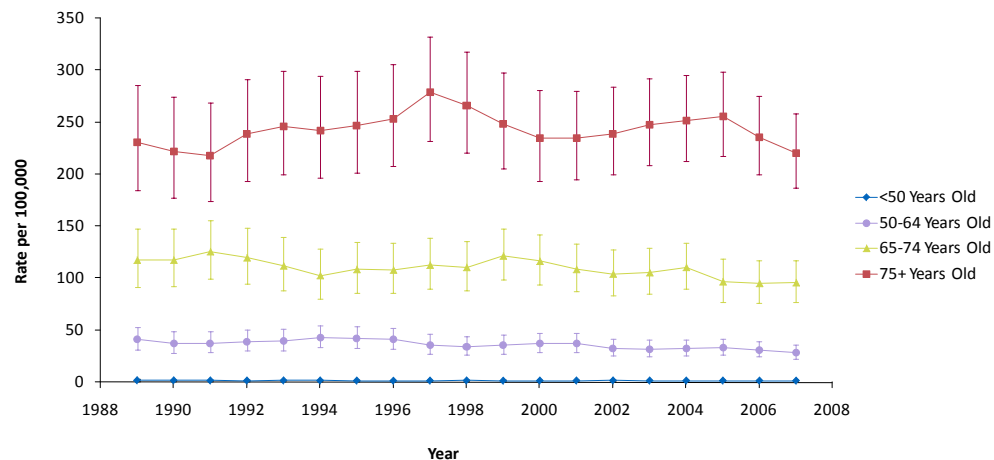
Data Source: Alberta Cancer Registry, Alberta Health and Wellness, Canadian Cancer Society

Figure 6-12: Age-Specific Mortality Rates for Colorectal Cancer by Sex, Alberta, 2004-2008



Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Figure 6-13: Age-Standardized Mortality Rates (ASMRs) for Colorectal Cancer, Ages <50, 50-64, 65-74, and 75+, Males, Alberta, 1988-2008**



* Three-year moving average.
 ** Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Colorectal Cancer Survival

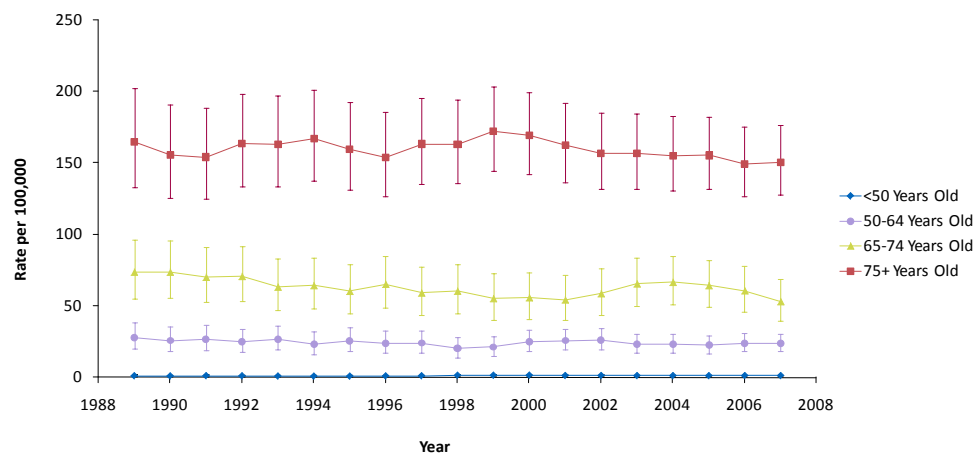
Cancer survival ratios indicate the proportion of people who will be alive at a given time after they have been diagnosed with cancer. Survival is an important outcome measure and is used for evaluating the effectiveness of cancer control programs.

Survival depends on several factors including the cancer type (most importantly site, stage and morphology at diagnosis), sex, age at diagnosis, health status and available treatments for that cancer. While **relative survival ratios** (RSRs) give a general expectation of survival over the whole province, these ratios may not apply to individual cases. Individual survival outcomes depend on the stage at diagnosis, treatment and other individual circumstances.

Relative survival ratios are estimated by comparing the survival of cancer patients with that expected in the general population of Albertans of the same age, sex and in the same calendar year. In this section of the report, RSRs are standardized by the age structure in the standard population (i.e. all persons who were diagnosed with that cancer in Canada between 1992 and 2001) to permit RSRs to be compared over time, independent of differences in age distribution of cancer cases.

RSRs are estimated by the **cohort method** when complete follow-up data (e.g., at least five years of follow-up to estimate five-year rate) after diagnosis are available. For recently diagnosed cases, whose complete follow-up data are not available, the up-to-date estimates are computed using the **period method**. However, comparison between cohort and period RSRs should be interpreted with caution because of the two different methods used to derive the respective ratios.

Figure 6-14: Age-Standardized Mortality Rates (ASMRs) for Colorectal Cancer, Ages <50, 50-64, 65-74, and 75+, Females, Alberta, 1988-2008**



* Three-year moving average.
 ** Standardized to 1991 Canadian population.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

The relative survival ratio is usually expressed as a percentage (%) and the closer the value is to 100%, the more similar the survival pattern is to the general population.

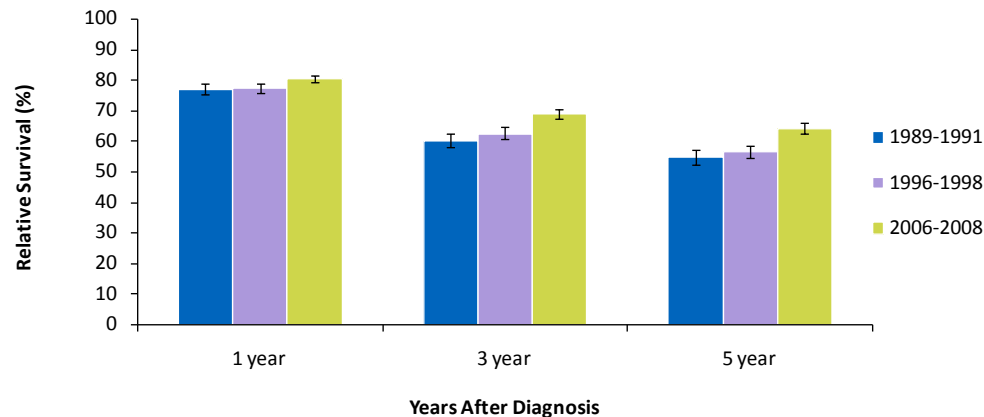
The five-year relative survival ratio for individuals diagnosed with colorectal cancer in the period 2006-2008 is an estimated 64% indicating that out of individuals diagnosed with this cancer between 2006 and 2008, around 64% are as likely to be alive five years after diagnosis as individuals from the general population of the same age.

The five-year relative survival ratio for individuals diagnosed with colorectal cancer in Alberta has improved in 2006-2008 compared to those diagnosed in 1989-1991 cohort years (*Figure 6-15*).

The five-year relative survival ratio for males diagnosed with colorectal cancer in the period 2006-2008 is an estimated 65% indicating that out of males diagnosed with this cancer between 2006 and 2008, around 65% are as likely to be alive five years after diagnosis as males from the general population of the same age.

The five-year relative survival ratio for males diagnosed with colorectal cancer in Alberta has improved in 2006-2008 compared to those diagnosed in 1989-1991 cohort years (*Figure 6-16*).

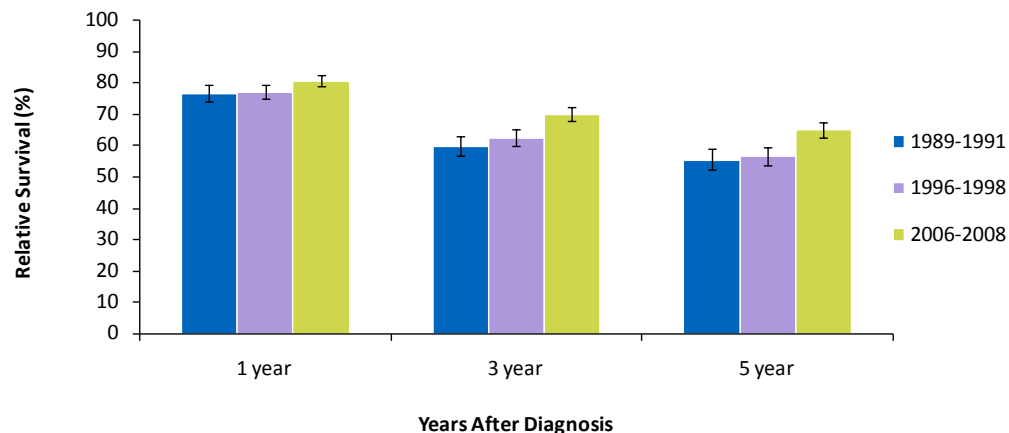
Figure 6-15: Age-Standardized One, Three and Five-Year Relative Survival Ratios for Colorectal Cancer, Both Sexes, Alberta, 1989-1991^{*}, 1996-1998[†] and 2006-2008[‡]



^{*} Ratios calculated by cohort method, where complete follow-up data are available.
[†] Ratios calculated by period method, where complete follow-up data are not available.

Data Source: Alberta Cancer Registry, Statistics Canada

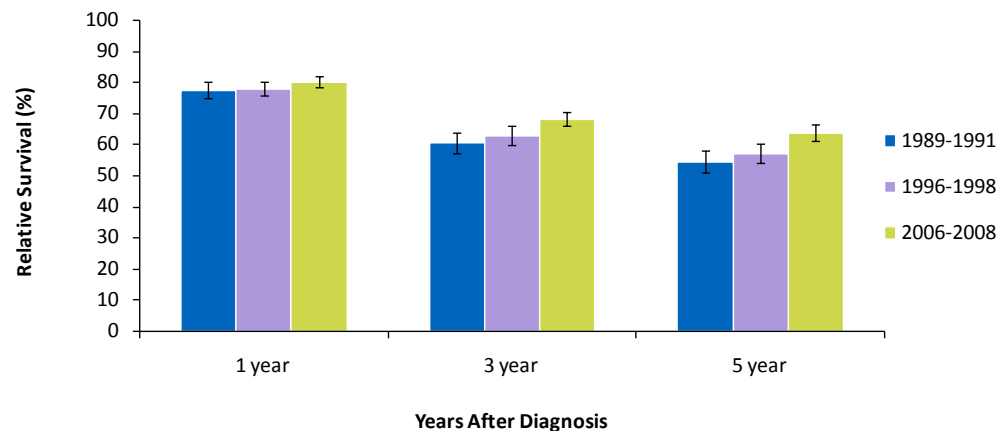
Figure 6-16: Age-Standardized One, Three and Five-Year Relative Survival Ratios for Colorectal Cancer, Males, Alberta, 1989-1991^{*}, 1996-1998[†] and 2006-2008[‡]



^{*} Ratios calculated by cohort method, where complete follow-up data are available.
[†] Ratios calculated by period method, where complete follow-up data are not available.

Data Source: Alberta Cancer Registry, Statistics Canada

Figure 6-17: Age-Standardized One, Three and Five-Year Relative Survival Ratios for Colorectal Cancer, Females, Alberta, 1989-1991^{*}, 1996-1998^{*} and 2006-2008[†]

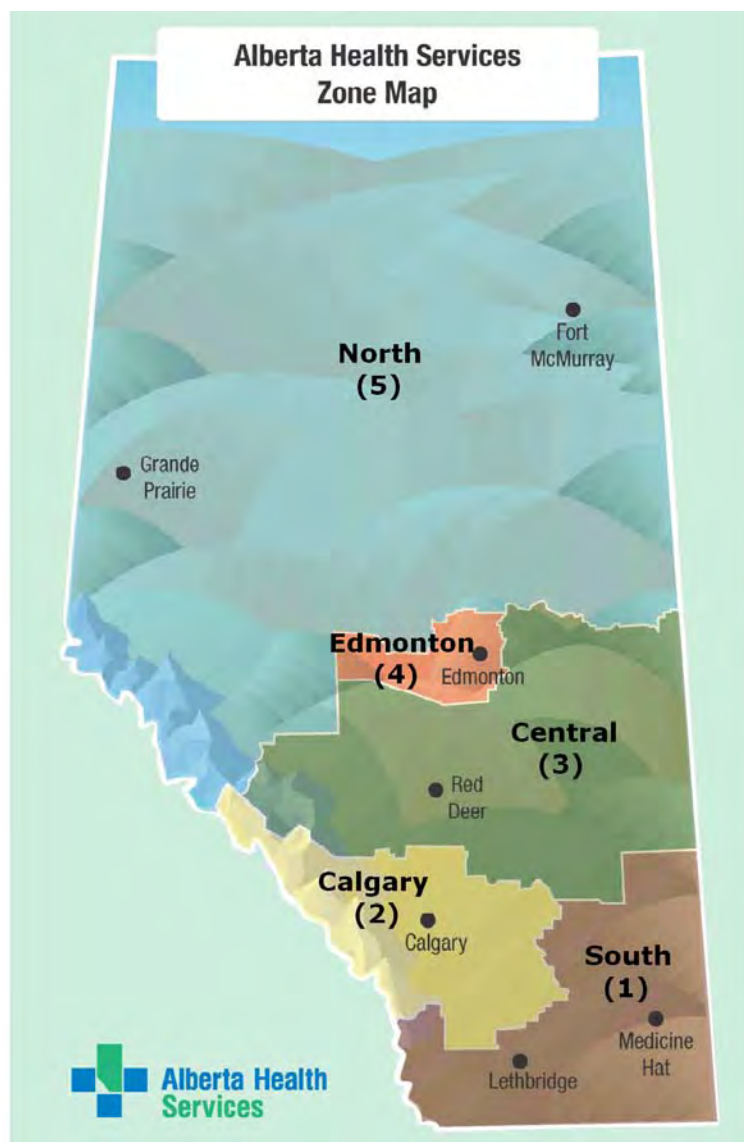


^{*} Ratios calculated by cohort method, where complete follow-up data are available.
[†] Ratios calculated by period method, where complete follow-up data are not available.

Data Source: Alberta Cancer Registry, Statistics Canada

The five-year relative survival ratio for females diagnosed with colorectal cancer in the period 2006-2008 is an estimated 64% indicating that out of females diagnosed with this cancer between 2006 and 2008, around 64% are as likely to be alive five years after diagnosis as females from the general population of the same age.

The five-year relative survival ratio for females diagnosed with colorectal cancer in Alberta has improved in 2006-2008 compared to those diagnosed in 1989-1991 cohort years (*Figure 6-17*).

Figure 6-18: Five Health Zones in Alberta, 2010

Data Source: Alberta Health Services

Geographic Variation

The geographic variation section illustrates how the observed rates in each health zone compare with the provincial average. These rates are three-year averages. The age standardized incidence and mortality rates for each zone are presented with their corresponding 95% *confidence intervals*. Any observed differences in rates may be due to several factors such as regional differences in:

- risk factors such as smoking and obesity rates
- prevention efforts
- cancer screening
- diagnostic activity
- access to cancer care.⁷

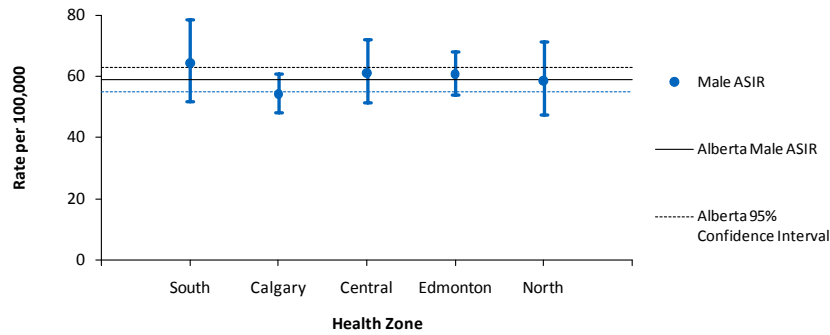
There is no evidence that male colorectal cancer ASIRs in the zones are higher or lower than the provincial average (*Figure 6-19*).

There is no evidence that female colorectal cancer ASIRs in the zones are higher or lower than the provincial average (*Figure 6-20*).

There is no evidence that male colorectal cancer ASMRs in the zones are higher or lower than the provincial average (*Figure 6-21*).

There is no evidence that female colorectal cancer ASMRs in the zones are higher or lower than the provincial average (*Figure 6-22*).

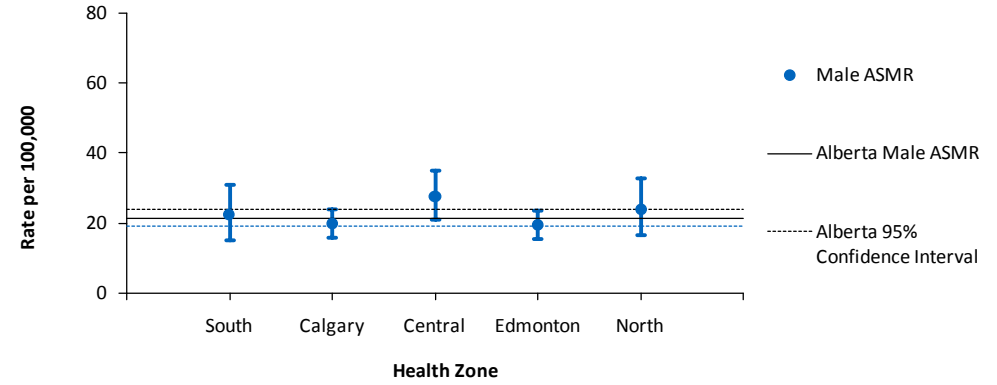
Figure 6-19: Age-Standardized Incidence Rates (ASIRs)^{†} for Colorectal Cancer by Zones, Males, Alberta, 2006-2008[‡]**



* Three-year average.
 † Standardized to 1991 Canadian population.
 ‡ Error bars represent 95% confidence intervals.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

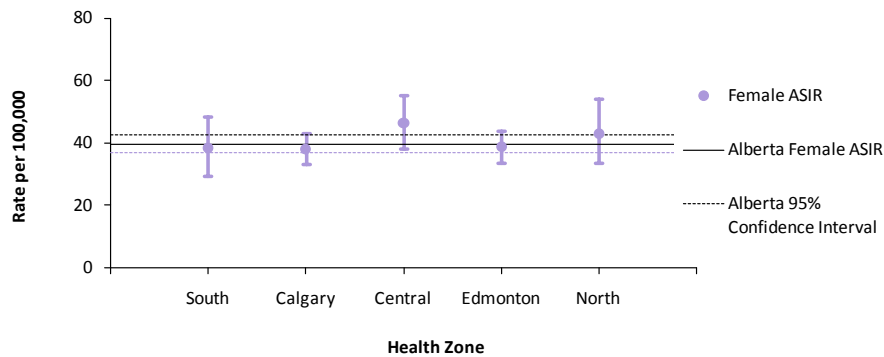
Figure 6-21: Age-Standardized Mortality Rates (ASMRs)^{†} for Colorectal Cancer by Zones, Males, Alberta, 2006-2008[‡]**



* Three-year average.
 † Standardized to 1991 Canadian population.
 ‡ Error bars represent 95% confidence intervals.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

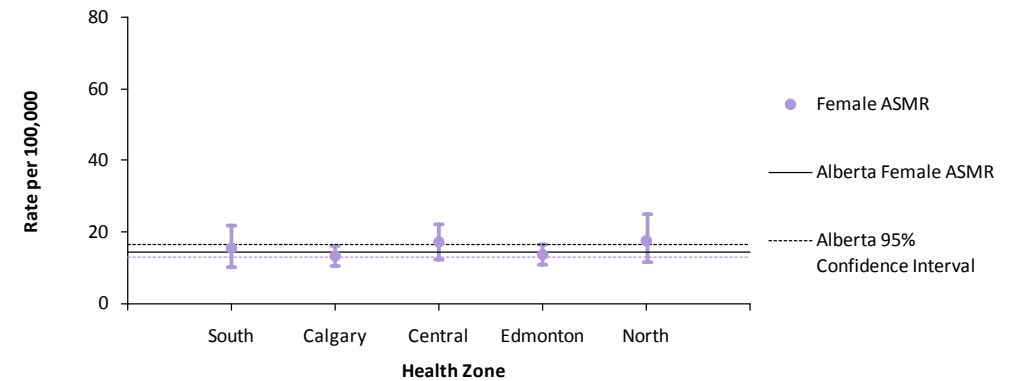
Figure 6-20: Age-Standardized Incidence Rates (ASIRs)^{†} for Colorectal Cancer by Zones, Females, Alberta, 2006-2008[‡]**



* Three-year average.
 † Standardized to 1991 Canadian population.
 ‡ Error bars represent 95% confidence intervals.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Figure 6-22: Age-Standardized Mortality Rates (ASMRs)^{†} for Colorectal Cancer by Zones, Females, Alberta, 2006-2008[‡]**



* Three-year average.
 † Standardized to 1991 Canadian population.
 ‡ Error bars represent 95% confidence intervals.

Data Source: Alberta Cancer Registry, Alberta Health and Wellness

Further Information

Data Sources and Quality

Most of the data presented within this report are derived from the Alberta Cancer Registry (ACR). The ACR is responsible for recording and maintaining data on all new *primary cancers*, as well as all cancer deaths occurring within the province of Alberta, as mandated by the Regional Health Authorities (RHA) Act of Alberta.⁸

The quality of data collected by any registry is dependent on three factors: comparability, completeness and validity. Firstly, comparability is accomplished by applying standard practices regarding classification and coding of new cases and by using consistent definitions, such as the coding of multiple primaries. To achieve comparability, the ACR employs the International Classification for Oncology (ICD-O-2 for 1988-2000 data and ICD-O-3 for 2001 onwards) to classify all cancers by site and morphology. Cancer deaths are coded using the International Statistical Classification of Diseases and Related Health Problems (ICD-9 for 1988-2000 data and ICD-10 for 2001 onwards).

Secondly, completeness refers to the extent to which all the newly diagnosed cancers among Albertan residents are accurately captured by the ACR. The ACR is notified of new cancers by doctors and laboratories throughout the province, who are mandated to report such information. Cancer-related deaths are recorded and validated by the ACR using registry and Alberta Vital Statistics information. Over the years, the ACR has achieved a completeness of over 95%.

Lastly, validity depends on the documentation available and the level of expertise in the abstracting, coding and recording of data within a registry. The ACR has numerous data edits to ensure all information is input as accurately as possible. For example, date of diagnosis of cancer must be after the date of birth. There are additional data quality reviews performed on ACR data by the Canadian Cancer Registry and the North American Association of Central Cancer Registries (NAACCR).

Confidentiality and security of personal information are protected by the RHA Act and the Health Information Act (HIA). The Alberta Cancer Registry maintains the trust of the public, the government, the data provider, and the general public by requiring rigorous confidentiality and security practices, in accordance with the RHA Act and HIA, to access the Registry database. Formal policies on information disclosure are available on request from the Alberta Cancer Registry.

By recording information on cancer cases and cancer-related deaths over the past few decades, the Alberta Cancer Registry has been able to compare cancer statistics in Alberta with other provinces and countries. The Registry also provides information to health care stakeholders throughout the province so that they can plan effective prevention, treatment and research programs.

For many years, the Alberta Cancer Registry has been certified by NAACCR and has achieved a Gold Standard for completeness of the data, timely reporting and other measures that judge data quality.

Glossary of Terms

Age-specific rates:

The number of new cancer cases or cancer deaths per 100,000 people per year within a given age group.

Age-standardized (incidence/mortality) rates:

A weighted average of age-specific rates using a standard population distribution. They reflect the overall rates that would be expected if the population of interest had an age structure identical to the standard population used to compare cancer rates among populations or identify trends over time.

Benign:

A tumour that is not malignant (i.e. does not spread).

Carcinoma:

A tumour that begins in the skin or in tissues that line or cover body organs.

Confidence intervals:

An indication of the reliability of an estimate. A wide confidence interval indicates less precision and occurs when a population size is small.

Count:

Count refers to the number of cases (primaries) or deaths in a given time period. One patient may have multiple primary sites.

Incidence count:

The frequency of new cancer cases during a period of time; often the number of new invasive cases diagnosed in a year.

Invasive cancer:

Cancer with the ability to spread beyond its point of origin.

Life table:

A life table estimates, for people at a certain age, what the probability is that they die before their next birthday. From this starting point, a number of statistics can be derived and thus also included in the table: a) the probability of surviving any particular year of age; b) remaining life expectancy for people at different ages; and c) the proportion of the original birth cohort still alive. They are usually constructed separately for males and females because of their substantially different mortality rates.

Lymphatic system:

A system of vessels that carry lymph between lymph nodes located throughout the body.

Malignant:

Refers to a tumour that invades and destroys surrounding tissues, may spread elsewhere in the body, and is likely to recur after removal; a cancerous tumour.

Median Age:

The age at which half of the population is older and half is younger.⁹

Mortality count:

The number of deaths due to cancer during a period of time.

Potential years of life lost (PYLL):

PYLL is the total number of years of life lost and is obtained by multiplying, for each age group, the number of deaths by the life expectancy of survivors. The indicator was calculated by obtaining the number of deaths and mean life expectancy for each age group.⁴

Prevalence:

The number of people alive at a specific point in time with cancer. Complete prevalence is the number of people alive today who have *ever* been diagnosed with cancer. Limited-duration prevalence represents the number of people alive on a certain day who had previously been diagnosed with lung cancer within a specified number of years (e.g. 2, 5, 10 or 20 years) In this document, we report both complete and limited-duration prevalence.

Primary Site of Cancer:

The tissue or organ in which the cancer originates.¹⁰

Probability of developing/dying of cancer:

The risk of an individual in a given age range developing/dying of cancer in a given time period, and is conditional on the person being cancer-free prior to the beginning of that age range.

Prognosis:

A prediction about the outcome or likelihood of recovering from a given cancer.

Projection:

An estimate of cancer incidence or mortality in the future, based on recent historical trends.

Rate:

The number of cancer cases or deaths occurring in a specified time period.

Relative survival:

The survival of cancer patients relative to that of the general population. It is the ratio of observed survival in a group of cancer patients relative to the expected survival of a similar group of people in the general public, matched by age and sex in Alberta.

Stage of cancer:

Refers to the degree of cancer progression and the size of tumor at the time of diagnosis. If the cancer has spread, the stage describes how far it has spread from the original site to other parts of the body.⁹

Surveillance:

Cancer surveillance includes the collection of data, and the review, analysis and dissemination of findings on incidence (new cases), prevalence, morbidity, survival and mortality. Surveillance also serves to collect information on the knowledge, attitudes and behaviours of the public with respect to practices that prevent cancer, facilitate screening, extend survival and improve quality of life.¹¹

Survival - Cohort method:

The cohort method provides survival estimates of cases having complete follow-up for the number of years of survival of interest. For example, cases diagnosed in 2001, for which vital status data are available to the end of year 2008, the cohort method may be used to obtain an estimate of five-year survival. The cohort survival represents the actual survival experience of individuals.

Survival - Period analysis:

The period method provides up-to-date survival estimates of recently diagnosed cases considering the survival experience of those cases within the most recent calendar period that allows for the estimation of a given period of survival. For example, to estimate the five year survival for cases diagnosed in 2004-2008, this method considers zero to one

year survival experience for cases diagnosed in 2004-2008, one to two year survival experience for cases diagnosed in 2003-2005 who survived at least one year, and so on up to four to five year survival experience for cases diagnosed in 2000-2002 who survived at least four years.

Three-year moving average:

Three-year moving averages are used to smooth out year-to-year fluctuations in age-standardized rates so that the underlying trend may be more easily observed. They are calculated based on aggregating three years of data.

Tumour:

An abnormal mass of tissue that is not inflammatory, arises without obvious cause from cells of pre-existent tissue, and possesses no physiologic function.

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