

Dementia Advice

Available through Health Link



If you or someone you love is living with dementia, including Alzheimer's disease, there is a service available to answer your questions and provide advice. It's easy:

- 1 Call Health Link 24/7 by dialing 811. Choose the option for Dementia Advice.
- 2 A nurse will assess your needs and provide advice immediately for your concerns.
- 3 When needed, the Dementia Nurse will follow-up with you for additional advice.



**Alberta Health
Services**



Health Link
Advice 24/7

What is dementia?

Dementia is a syndrome which affects things like memory and judgement. The most common type of dementia is Alzheimer's disease.

How does Dementia Advice work?

By dialing 811 24/7, you will reach a Health Link nurse who will discuss your needs and can refer you to a specialized Dementia Nurse when needed.

The Dementia Nurse can be reached directly between 8 a.m. to 8 p.m. 7 days a week by calling 811 and choosing the option for Dementia Advice. The Dementia Nurse can do an in-depth assessment and provide advice. They can also connect you to resources and supports available in your community.

You can also speak to your healthcare provider, who can refer you to the Dementia Nurse.

For more information on dementia and Alzheimer's disease visit [MyHealth.Alberta.ca](https://myhealth.alberta.ca)



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