

Gown Doffing Checklist

Viral Hemorrhagic Fever (Ebola)

<p>Use this checklist following the Call Do Respond method.</p> <p>Call (Buddy reads aloud the action to be performed)</p> <p>Do (HCP performs action)</p> <p>Respond (HCP performing the action announces the completion of the action)</p>	
<p>1. REMOVE VISIBLE SOIL FROM PPE</p> <p>If there is visible soil on PPE:</p> <ul style="list-style-type: none"> • Using an absorbent pad, blot bodily fluids from PPE • Using a disinfectant wipe, wipe affected area(s) • Allow to dry <p>If gloves become visibly soiled during doffing, use a disinfectant wipe to remove gross soil. Allow to dry before continuing.</p>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p>2. GLOVES</p> <ul style="list-style-type: none"> • Remove outer gloves with care • Drop gloves into biomedical waste container 	<input type="checkbox"/> <input type="checkbox"/>
<p>3. APRON</p> <ul style="list-style-type: none"> • Buddy unties apron back and gently tears apart perforated neckline • HCP pulls thumb loops loose • HCP slides hands into apron sleeves. With hands inside apron sleeves, pull apron off using outer surfaces of apron • HCP gently folds apron and drops into biomedical waste container 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p>4. FACE SHIELD</p> <p>DO NOT TOUCH FRONT OF FACE SHIELD.</p> <ul style="list-style-type: none"> • Bend slightly forward, pull strap gently forward and lift over head and away from face • Discard face shield in biomedical waste container 	<input type="checkbox"/> <input type="checkbox"/>
<p>5. FULL-NECK HOOD</p> <ul style="list-style-type: none"> • HCP faces Buddy and bends forward • Buddy grasps back of hood and pulls hood forward over HCP head and off face • Drop hood into biomedical waste container • Buddy performs hand hygiene and puts new gloves on 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p>6. GOWN</p> <ul style="list-style-type: none"> • Untie gown, Buddy to assist with this • HCP tucks hands inside cuffs of gown • HCP eases gown forward and outward, only touching inside of gown • HCP drops gown into biomedical waste container 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

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<p>7. LEG COVERS DO NOT CROSS YOUR LEGS while sitting.</p> <ul style="list-style-type: none"> • Standing with legs apart, reach down and untie leg covers at ankles • Carefully remove inner gloves and discard • Perform hand hygiene • Put on new gloves • Pull top of leg cover away from body and cut top elastic at front of both leg covers, blunt end of scissors against leg • Discard scissors into sharps container • One leg at a time put gloved hands inside leg coverings, and fold each leg covering down turning inside out to ankle • Sit down, remove leg cover, one at a time over foot or have Buddy pull off. Discard into biomedical waste container. Once leg cover is removed put foot on clean side of the room. Drop leg cover in biomedical waste container. Then remove second leg cover and step into clean side. • Buddy and HCP remove gloves • Perform hand hygiene <p>If Buddy is doing tasks on contaminated side put new gloves on.</p>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p>8. BOUFFANT HEAD COVER</p> <ul style="list-style-type: none"> • Pull bouffant head cover backwards off head • Drop into biomedical waste container 	<input type="checkbox"/> <input type="checkbox"/>
<p>9. MASK/N95 RESPIRATOR DO NOT TOUCH FRONT OF MASK OR RESPIRATOR.</p> <p>9A. MASK</p> <ul style="list-style-type: none"> • Remove eye glasses, or optional goggles, if worn. Discard goggles into biomedical waste container. • Bend slightly forward and remove by grasping loops • Discard mask into biomedical waste container <p>9B. N95 RESPIRATOR</p> <ul style="list-style-type: none"> • Remove eye glasses, or optional goggles, if worn. Discard goggles into biomedical waste container. • Bend slightly forward and remove by grasping bottom band • Remove top band and carefully remove respirator from face • Discard respirator into biomedical waste container 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p>10. HAND HYGIENE</p> <ul style="list-style-type: none"> • Perform hand hygiene, using alcohol-based hand rub 	<input type="checkbox"/>

Original date: September 2015
 Revised date: December 2019