

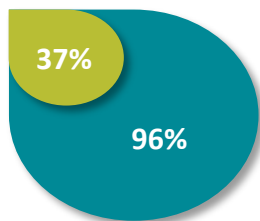
Community Helpers Program

April 1, 2017 - March 31, 2018

Community Helpers (CHP) is a community-based suicide prevention program funded through Alberta Health Services. Training provides participants the skills to better take care of themselves and to help other individuals. They are introduced to community helping professionals and learn how to refer to these services. Skilled helpers and stronger community supports are important evidence-informed strategies for preventing suicide. Information provided here is based on pre- and post-surveys completed by CHP participants.

37%

were aware of youth issues prior to training

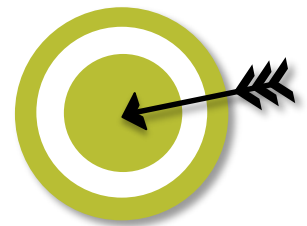


96%

were aware of youth issues post training

97%

indicated that they know how to help someone to work through a problem



3 out of 4

participants were female



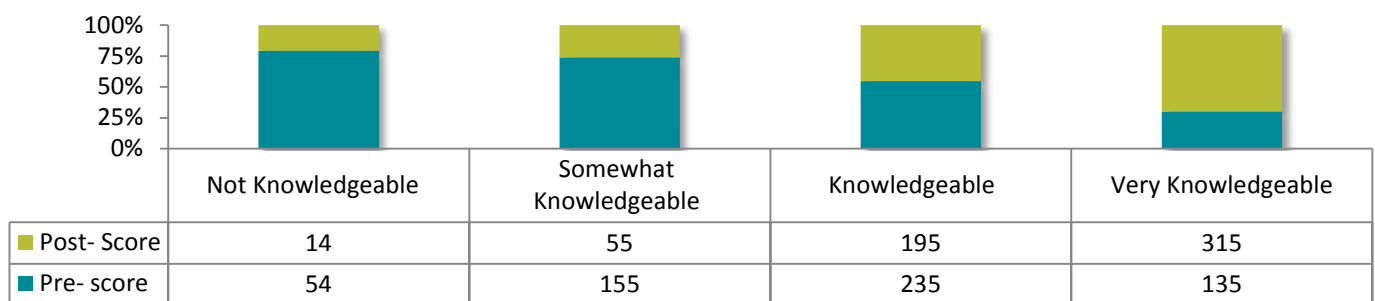
93%

are confident in supporting youth, peers, and colleagues

97%

increased their knowledge of community resources

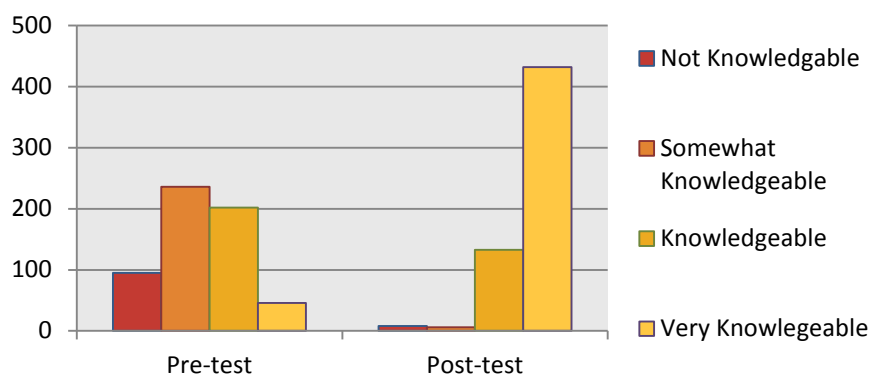
Change between pre- and post-test results: "I know my limits and when I am overwhelmed"



2241

Community Helpers certificates awarded

"I know how to approach someone who looks like they are having a tough time"



Community Helpers Program Service Providers - 2018-19

Funded and Unfunded Sites

