

Alberta Healthy Living Program Chronic Disease Referral South West Zone

Client Demographics (affix client label here if applicable)	
Client Name	Date of Birth
Address	Home Phone
Personal Health Care Number	Cell Phone
Family Physician	Referral Date
Referral source and contact phone number	
Does the referred client have a legal guardian/agent? No	
Yes, name and contact phone number	
Unable to participate in group education (describe)	
Hearing or visual impairment (describe)	
Mobility limitations (describe)	
Unable to read or speak English First language spoken is	
Translator name and contact phone number	
Specialty Services (check primary reason for referral)	
Asthma and Chronic Obstructive Pulmonary Disease (COPD) Program Asthma Chronic Obstructive Pulmonary Disease (COPD)	
Includes respiratory education, assessment and referral to exercise for COPD	
Better Choices, Better Health [™] (Stanford self management series)	
Includes a 6 week workshop that helps you take control of your health	
☐ Cardiac Rehabilitation • Includes cardiac education, assessment	and referral to exercise
☐ Diabetes ☐ Impaired Fasting Glucose (IFG) and/or Impaired Glucose Tolerance (IGT)	
Insulin Initiation and Adjustment. Physician orders attached.	
 New Pump Assessment ☐ Existing Pump Therapy Non-Insulin Medication(s) Initiation and Adjustment. Physician orders attached. 	
Pregnancy Gestational Type 1/ Type 2 Preconception	
☐ Type 1 ☐ Type 2	
* If routine diabetes blood work is NOT completed at the time of referral, using the lab work protocol, the required blood	
work will be requisitioned and results sent directly to the referring and family physician for follow up care. This protocol will be followed as long as the client is under the care of specialty services.	
☐ Heart Failure Network Education ☐ Semi-urgent (less than 4 weeks)	
Heart Function Clinic (Internal Medicine Consult with Interdisciplinary Services, Physician Referral Required)	
Consult letter attached	ry oci vioco, <u>i riyololari Nelerial Negalica</u> ,
☐ Urgent (less than 2 weeks) ☐ Semi-urgent (less than 4 weeks)	
Nutrition Client's Height	Client's Weight
Primary reason for referral:	Client's Weight
Healthy Weight Gain in Pregnancy	
☐ Risk Factor Management ☐ Dyslipidemia ☐ Hypertensic	on Risk Reduction Class
Stroke/Transient Ischemic Attack (TIA) Education	Trisk reduction diass
□ Supervised Exercise Physician Signature Required: □ Pre-requisite form was given to client	
Weight Management	
Comments	
Office Use Only Appointment scheduled on	

^{*} Fax completed form to 403.317.0435. For further questions, call AHLP 403.388.6654 or 1.866.506.6654 FC-1654 (2013-05)