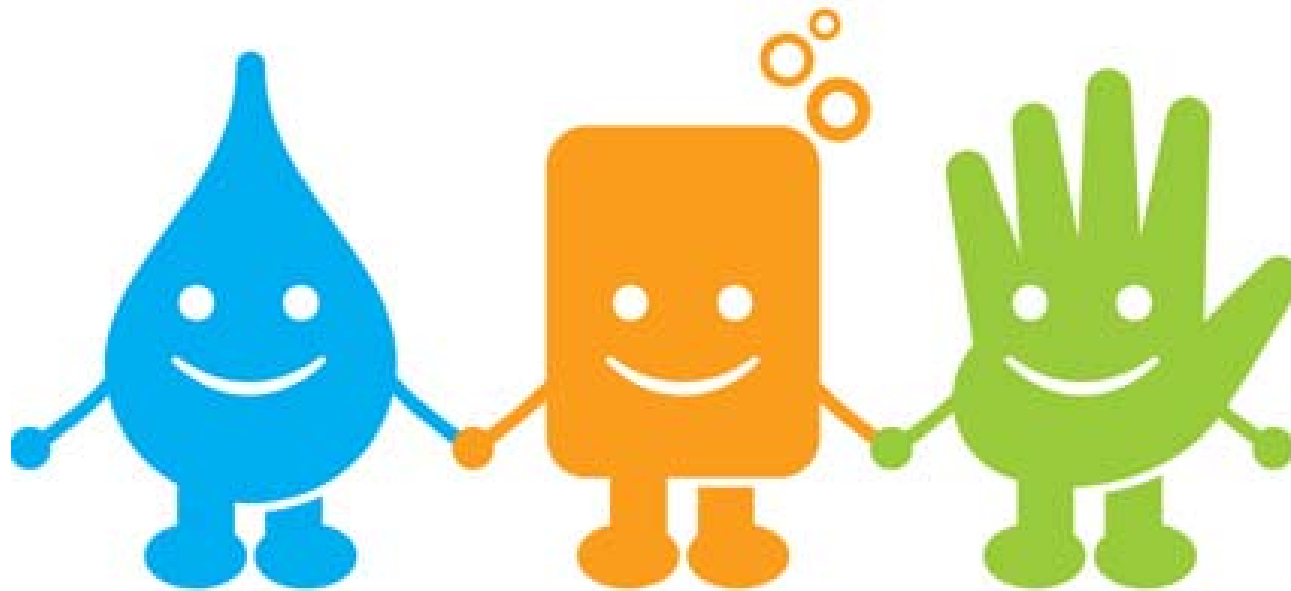


# Get In Line, It's Hand Washing Time!



Source: [http://en.wikipedia.org/wiki/Global\\_Handwashing\\_Day](http://en.wikipedia.org/wiki/Global_Handwashing_Day)

# What do you know about germs?

Germs are teeny tiny living things that can sometimes make you sick.

Sometimes we call them “bugs”.



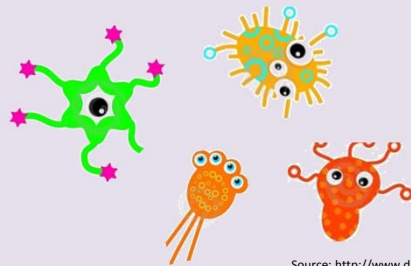
# Can you see germs?

Can you see them in the air?

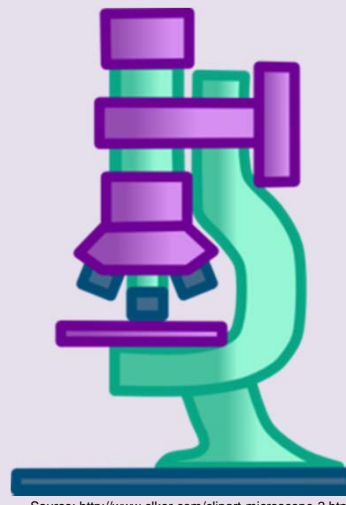
Can you see them on your desk?

Can you see them on your hands?

Germs are so small that you can't see them!



Source: <http://www.dreamstime.com>



Source: <http://www.clker.com/clipart-microscope-2.html>

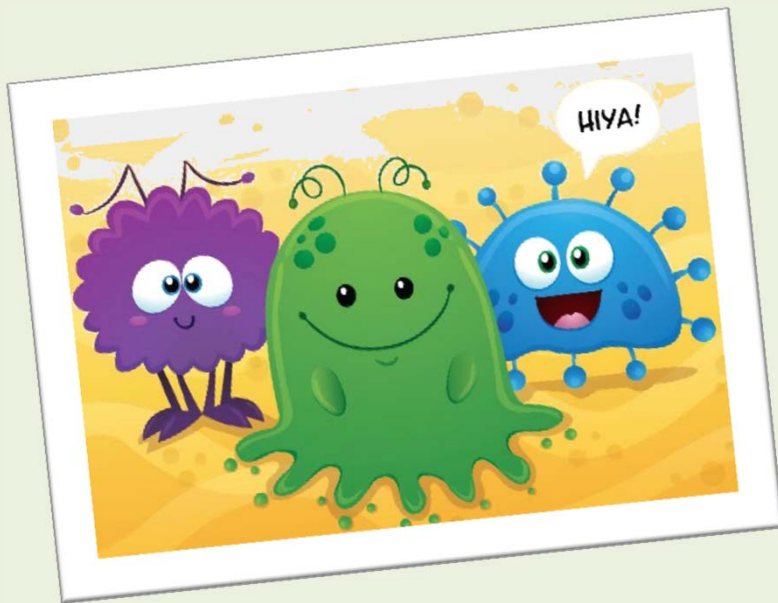
# Where are germs?

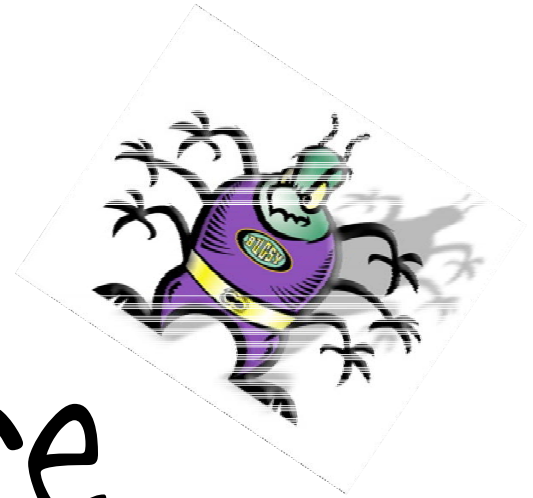
Are they in the air?

Are they in the dirt?

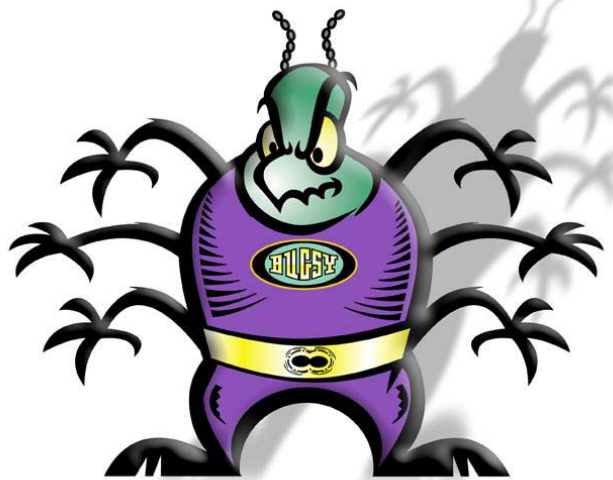
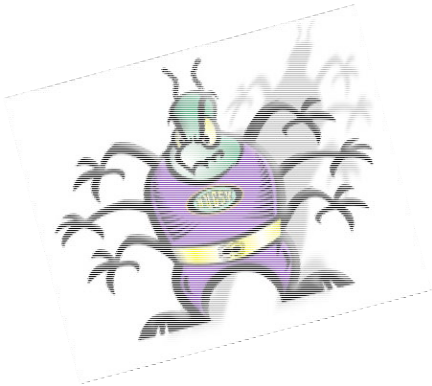
Are they on your skin?

Are they in your mouth  
and nose?



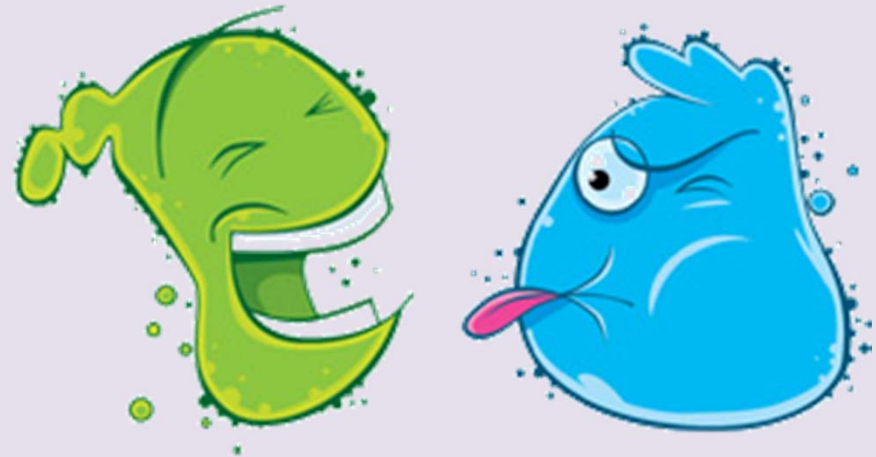


Germs are  
**EVERYWHERE!**



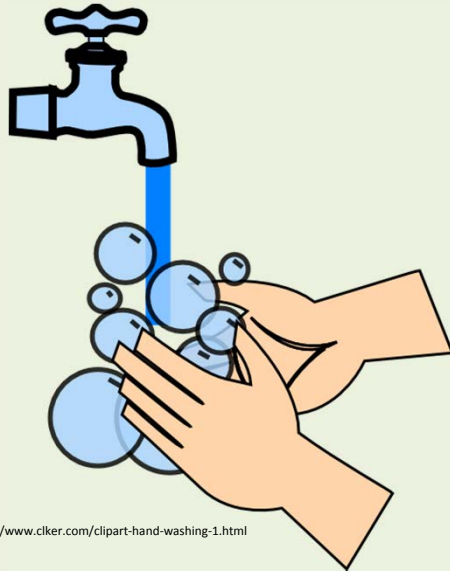
If germs are everywhere, why don't we get sick all the time?

Don't worry! Not all germs are bad, and our body has ways to fight bad germs, and it's pretty good at it!



# How else can you protect yourself from bad bugs?

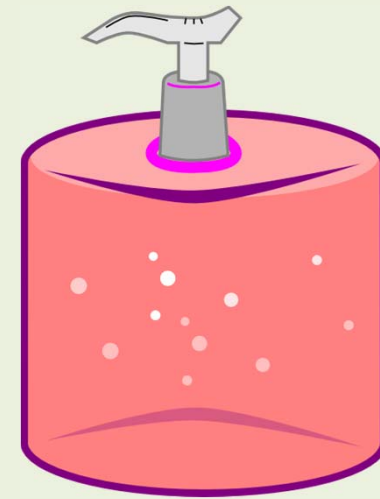
You can keep yours hands clean by washing them with...



Source: <http://www.clker.com/clipart-hand-washing-1.html>

Soap and warm water

OR



Source: <http://www.clker.com/clipart-29780.html>

Hand sanitizer

# When should you wash your hands?



Before you eat...



After you go to the bathroom...



And after you sneeze, blow your nose, or cough!



# How do you wash your hands?



Use plain soap and water




Wet your hands



Apply soap



Rub your hands together and sing  
Twinkle, Twinkle, Little Star,  
or Happy Birthday,  
or your  's!



Get in between your fingers, under your fingernails,  
around your thumbs, and around your wrists



Rinse and dry your hands with a towel or paper towel



# Let's Sing!



Twinkle, twinkle little star,  
Look how clean my two hands are!

Soap and water, wash and scrub,  
Get those germs off rub-a-dub.

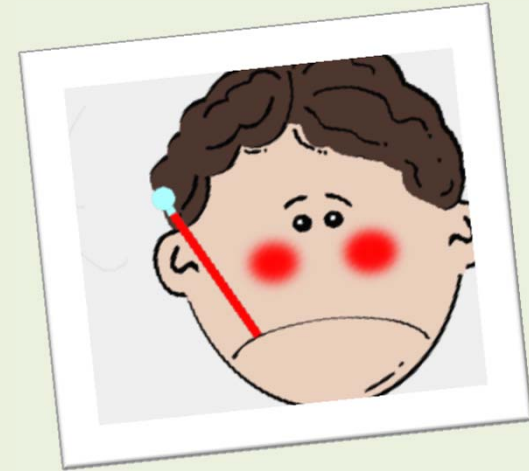
Twinkle, twinkle little star,  
Look how clean my two hands are!



# Germs can make you sick...

When you get sick from a germ, it is called an infection.

Germs can cause colds and the flu, and make you feel terrible.



Source: <http://healthtopic.net/sick-clip-art-vector-clip-art-online-royalty-free-public-domain.html/kid-sick-clip-art-vector-clip-art-online-royalty-free-public-domain-saxespc>



Source: <http://www.canstockphoto.com/illustration/sick.html>

How can you stop the spread of infections?



# Today we learned...

Today we learned how to wash our hands.

Washing your hands is the best way  
to prevent spreading infections!



The End

