

Community Rehabilitation

1. What is Community Rehabilitation (CR)?

Community Rehabilitation services support people by maintaining or improving their functional abilities, preventing and deterring illness and disability, and enhancing function for meaningful living. Community rehabilitation services are provided by AHS clinicians or contracted service providers in community health centres, schools or other community locations, family care centres, and outpatient departments.

2. Is Community Rehabilitation changing?

Yes, the way rehabilitation is accessed and delivered in the community is currently being redesigned. Currently, there is variation in community rehabilitation services across the province. A new model aims to provide Albertans with equitable access, coordinated care, and a clear picture of how they can receive rehabilitation services, wherever they are in the province.

3. What does the future of Community Rehabilitation look like?

We envision a future where:

- Clients and families are in the driver's seat throughout their rehabilitation journey
- Communities strengthen health and rehabilitation
- Rehabilitation providers have the support they need to do clinical work in their communities
- System structures and processes are designed to make rehabilitation services easy to find and access.
- Rehabilitation services are coordinated within and between health services and social programs.

4. Who is involved in the redesign?

AHS is partnering with patients, rehabilitation providers, students, AHS stakeholders, and community providers to align and improve rehabilitation services.

5. When will the redesign be a reality?

Implementation of the provincial model of care will occur in phases. Initial implementation for adult services began in April 2017 and full implementation is targeted for 2019. Redesign of pediatric services will follow.