

It can be scary when your child is sick. But in most cases, you **don't** need to go to the emergency department.

If you're **unsure**, we're here to help.

Dial 811 for Health Link: to talk to a Nurse **Find health information at:** MyHealth.Alberta.ca **Visit a:** Family Doctor, Pharmacist or Walk-In Clinic

For more options: albertahealthservices.ca/options

