## **Healthy Children and Families Logic Model**

Inputs	Initative			Activities	Knowledge and Attitude Outcomes	System/ Environment Outcomes	Health Behaviour Outcomes	Public Health Impacts
	Preconception		Preconception Health	Maintain and promote a website targeting adults aged 18-44. Provide education and tools to health care providers			Increased healthy behaviours during preconception, pregnancy and interconception	
HCF Staff	Pre		Healthy Pregnancy Weight Gain	Disseminate clinical practice tools and other educational resources for health care providers	<ul> <li>Preconception</li> <li>Pregnancy and birth</li> <li>Maternal mental health</li> </ul>	environments to support preconception adults, expectant parents, parents, children and		
Operational and Grant Funding	Pregnancy and Birth		Healthy Parents, Healthy Children	Maintain and disseminate provincial print and online resource. Integrate within health, community and educational settings, as well as settings that reach populations vulnerable to poor health outcomes			Improved parenting skills, stress and self-efficacy	Improved perinatal health outcomes
HCF Strategic Action Plan Evidence- informed	Pregnancy		Breastfeeding	Develop a comprehensive breastfeeding strategy		for:  • Breastfeeding	Improved breastfeeding initiation, duration and exclusivity	Improved maternal health
frameworks, tools and resources	و		Safe Infant Sleep Policy	Implement knowledge translation strategies to support compliance with the SIS Policy				maternar neatti
Input from target audiences and other stakeholders	Early Years		PPD Policy	Develop a policy, guidelines and an enhanced referral pathway			Improved child and youth development	
Collaboration and integration within HCF and with partners	en and Youth		Well-Child Clinic Standardization	Standardize routine and non-routine activities at each age-specific visit in Well Child Clinic		Consistent implementation of routine non-immunization activities in Well Child Clinic across the province		Improved sexual health outcomes
IT Supports	Aged Children ar		Comprehensive School Health	Support school jurisdictions in using the Comprehensive School Health Approach to develop, implement and evaluate interventions that improve healthy eating, active living and positive mental health among students	Increased knowledge among school communities (jurisdictions, educators, parent councils) to apply the Comprehensive School Health Approach	Improved school environments to support healthy eating, active living and positive mental health	Improved healthy eating, active living and positive mental health among students	
	School A		Teaching Sexual Health	Maintain and promote a teacher and parent portal and educator training aligned with Alberta Education curriculum outcomes	Increased parent, educator and youth knowledge of healthy sexual development and behaviour		Healthy sexual behaviours and STI prevention among youth	