



Strategic Clinical Network

Research Project

The Surgery Strategic Clinical Network (SCN) has been successful in its application for funding through [The Partnership for Research and Innovation in the Health System \(PRIHS\)](#) from Alberta Innovates Health Solutions.

Enhanced Recovery After Surgery (ERAS) is a three year, \$750,000 project aimed at helping patients recovery from surgery more quickly.

Project Description

Enhanced Recovery After Surgery (ERAS)

Each year, more that 230,000 surgeries are performed across Alberta at 59 Alberta Health Services (AHS) sites. The Surgery SCN believes surgical care can be delivered sooner, safer and smarter in all areas of the province.

Enhanced Recovery After Surgery (ERAS) project standardizes care before, during and after surgery, in an effort to get patients back on their feet sooner while shortening hospital stays and reducing complications after surgery.

Drawing from best practices and evidence from around the world, the project improves protocols related to nutrition, mobility after surgery, and anesthetics and pain control. ERAS also makes patients part of the team participating in their preparation and post-operative recovery and return them to their previous level of functioning. It aims to improve outcomes, improve patient experience and decrease length of stay.

Over the last year, ERAS has been successfully piloted with colorectal patients in two AHS sites. Through the PRIHS funding, the Surgery SCN will expand the program to other parts of the province and other surgical areas.